The Personal Remains Political: a practice-based inquiry into the use of feminist consciousness-raising and printmaking as participatory methods for working with women

Portfolio of Practice:
Part One

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Dr Nicky Bird, The Glasgow School of Art

A portfolio submitted in partial fulfilment of the requirements for the degree of Doctor of Philosophy

January 2024 © Helen de Main

DECLARATION

I, Helen de Main declare that the enclosed submission for the degree of Doctor of Philosophy and consisting of the portfolio entitled 'The Personal Remains Political: a practice-based inquiry into the use of feminist consciousness-raising and printmaking as participatory methods for working with women' meets the regulations stated in the handbook for the mode of submission selected and approved by the Research Degrees Sub-Committee.

I declare that this submission is my own work and has not been submitted for any other academic award.



Helen de Main: 30/01/2024

NOTE TO READERS

Portfolio of Pratice: Part One is an archive box containing Risograph prints produced by the *Consciously Rising* group. This is a digital version of the contents of the box. The written thesis instructs the reader on the best time to view the prints.

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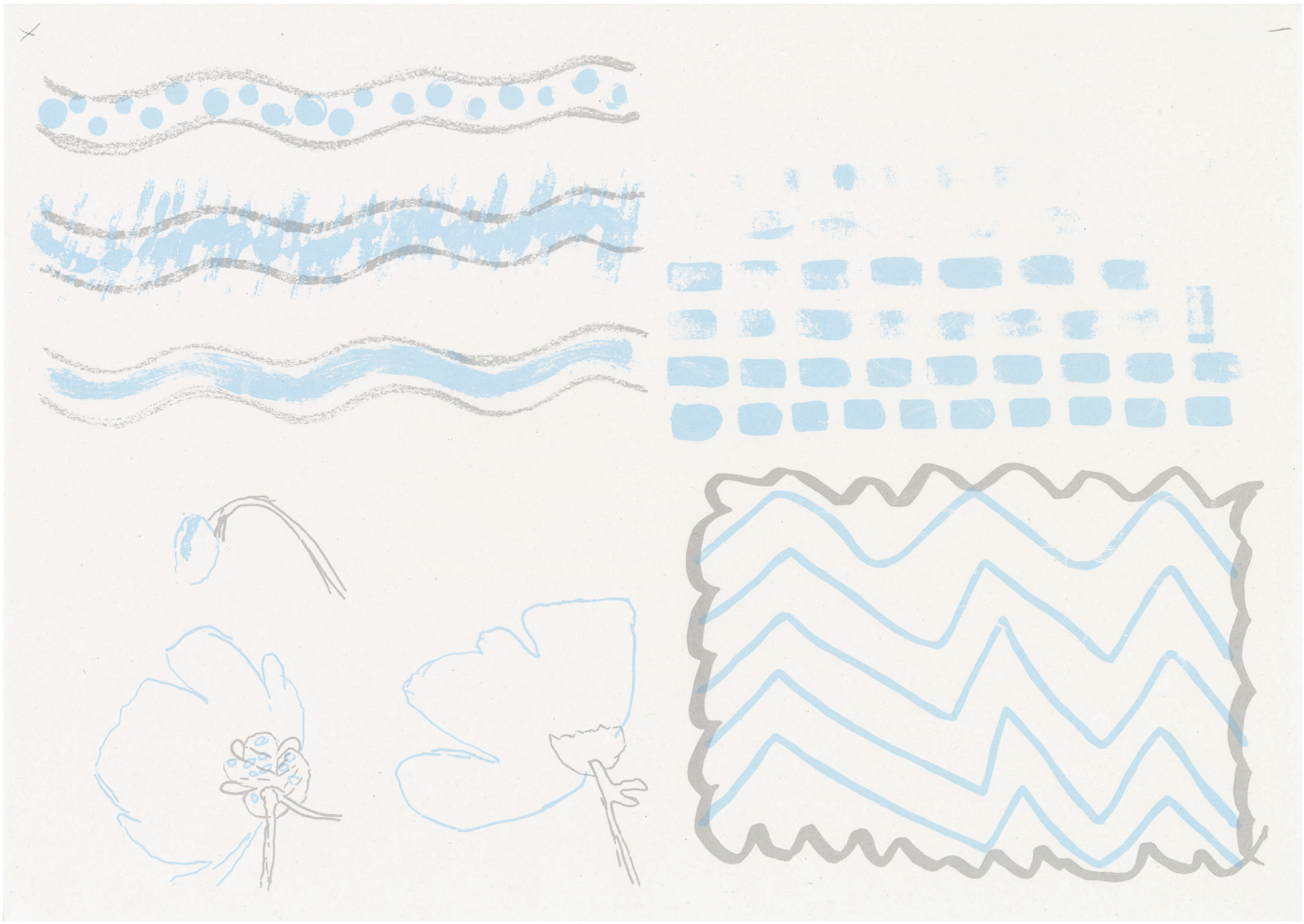

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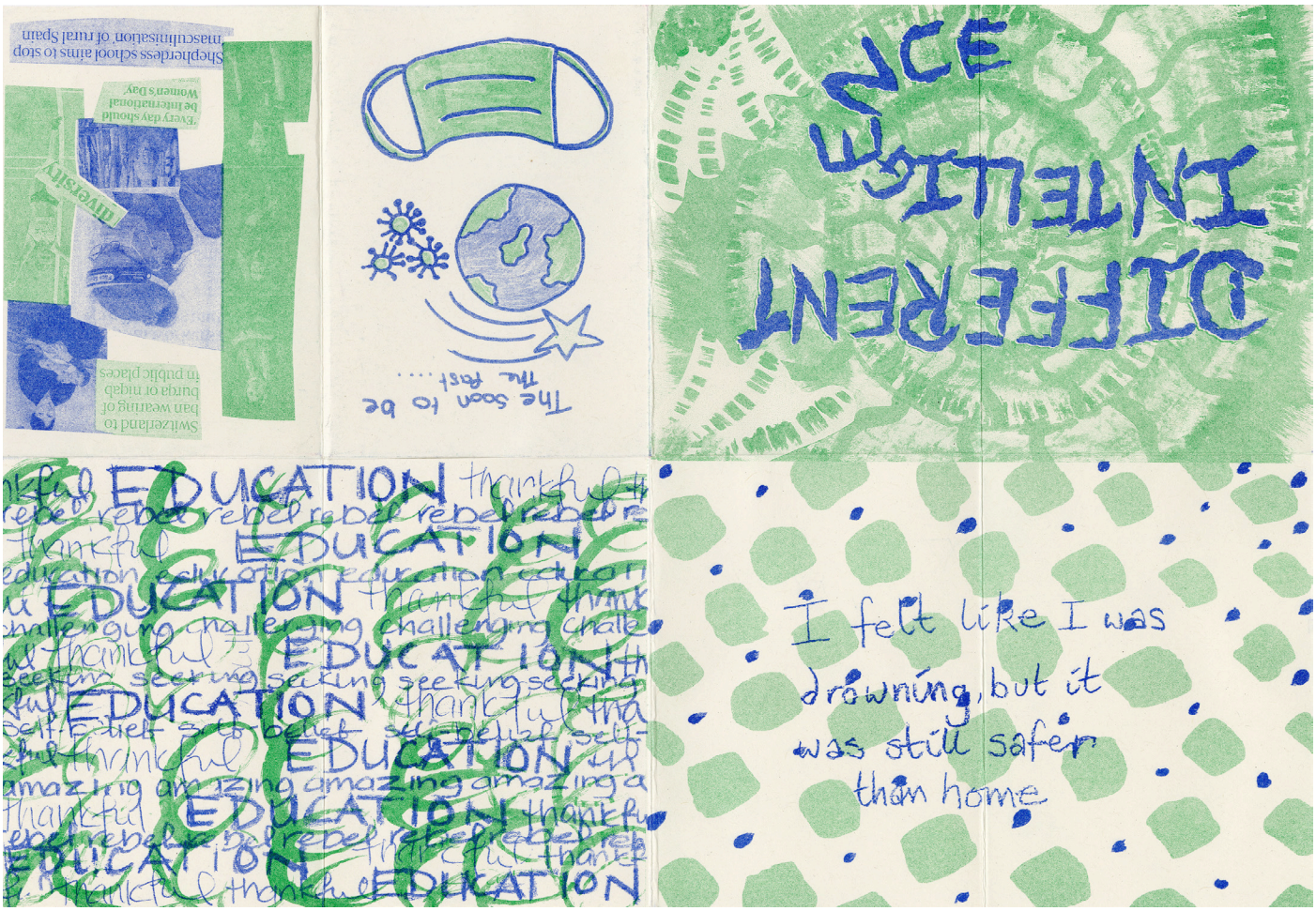

Shepherdless school aims to stop masculinisation of rural Spain
Every day should be International Women's Day
University
Switzerland to ban wearing of burqa or niqab in public places
The soon to be Past....
DIFFERENT
INTELLIGENCE
EDUCATION
I felt like I was drowning, but it was still safer than home

Figure 2

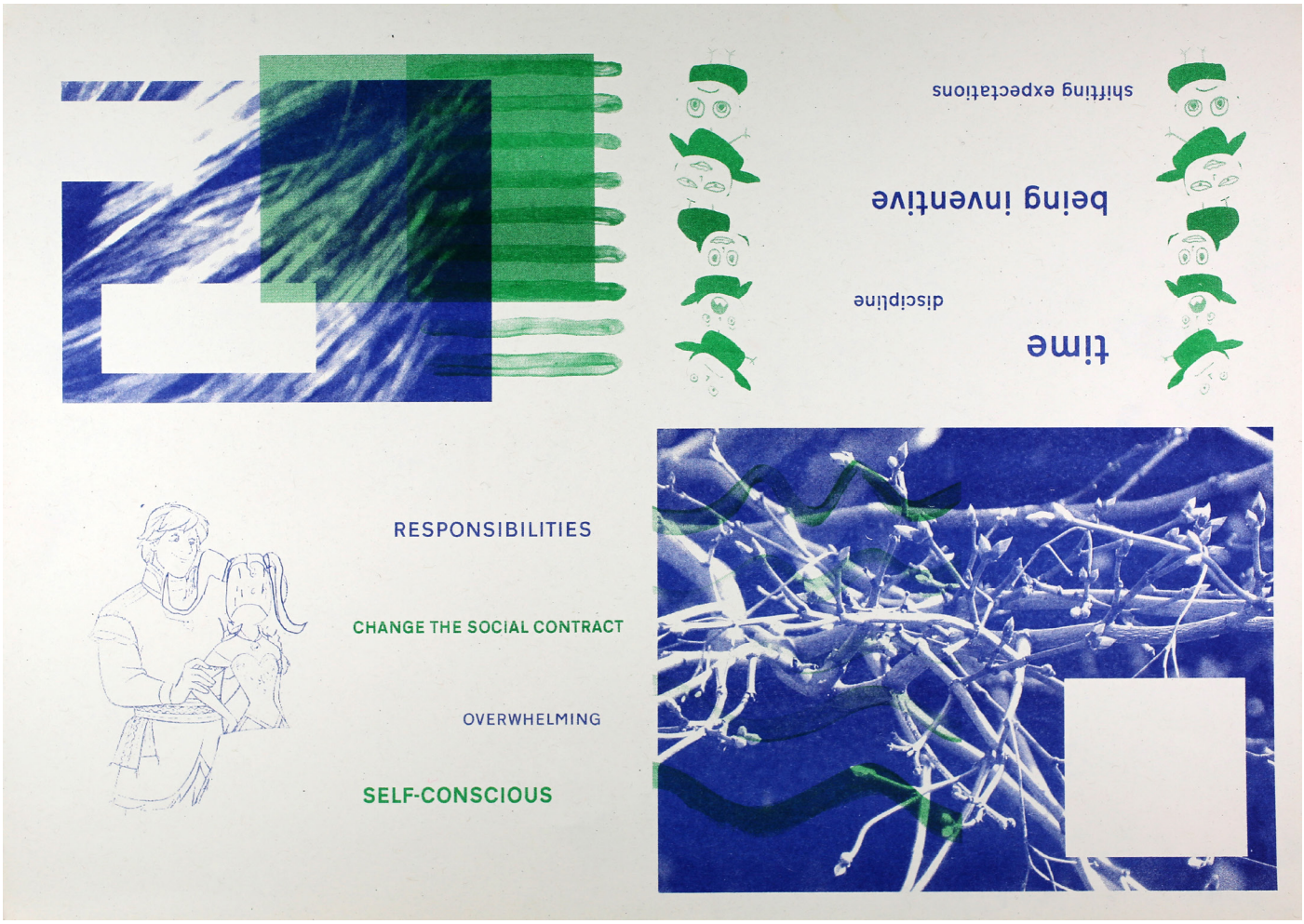

time
discipline
being inventive
shifting expectations
RESPONSIBILITIES
CHANGE THE SOCIAL CONTRACT
OVERWHELMING
SELF-CONSCIOUS

Figure 3


Switzerland to ban wearing of burqa or niqab in public places
diversity
'Every day should be International Women's Day'
Shepherdess school aims to stop 'masculinisation' of rural Spain

Figure 4

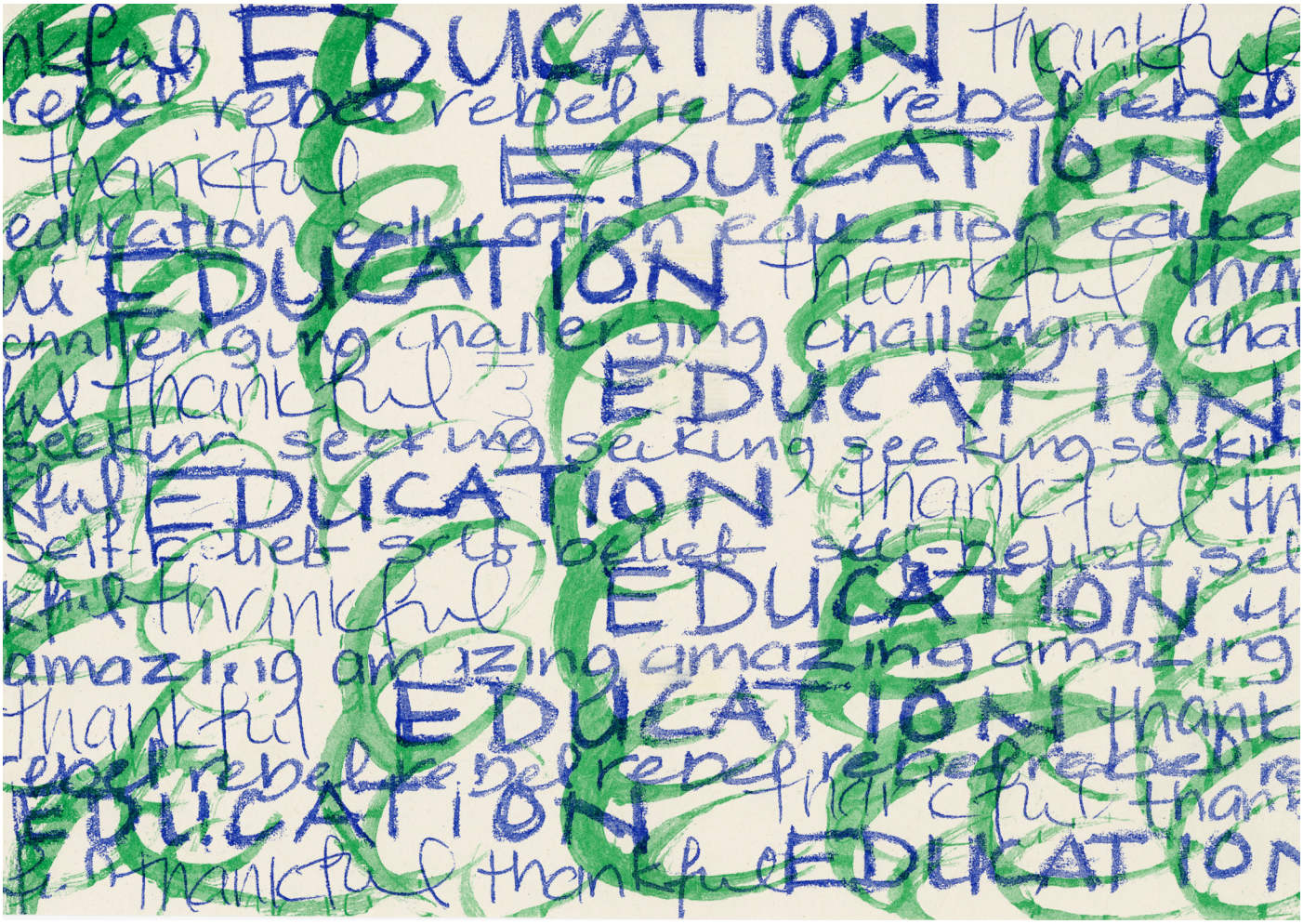

EDUCATION
thankful
rebel
challenging
seeking
self-belief
amazing

Figure 5

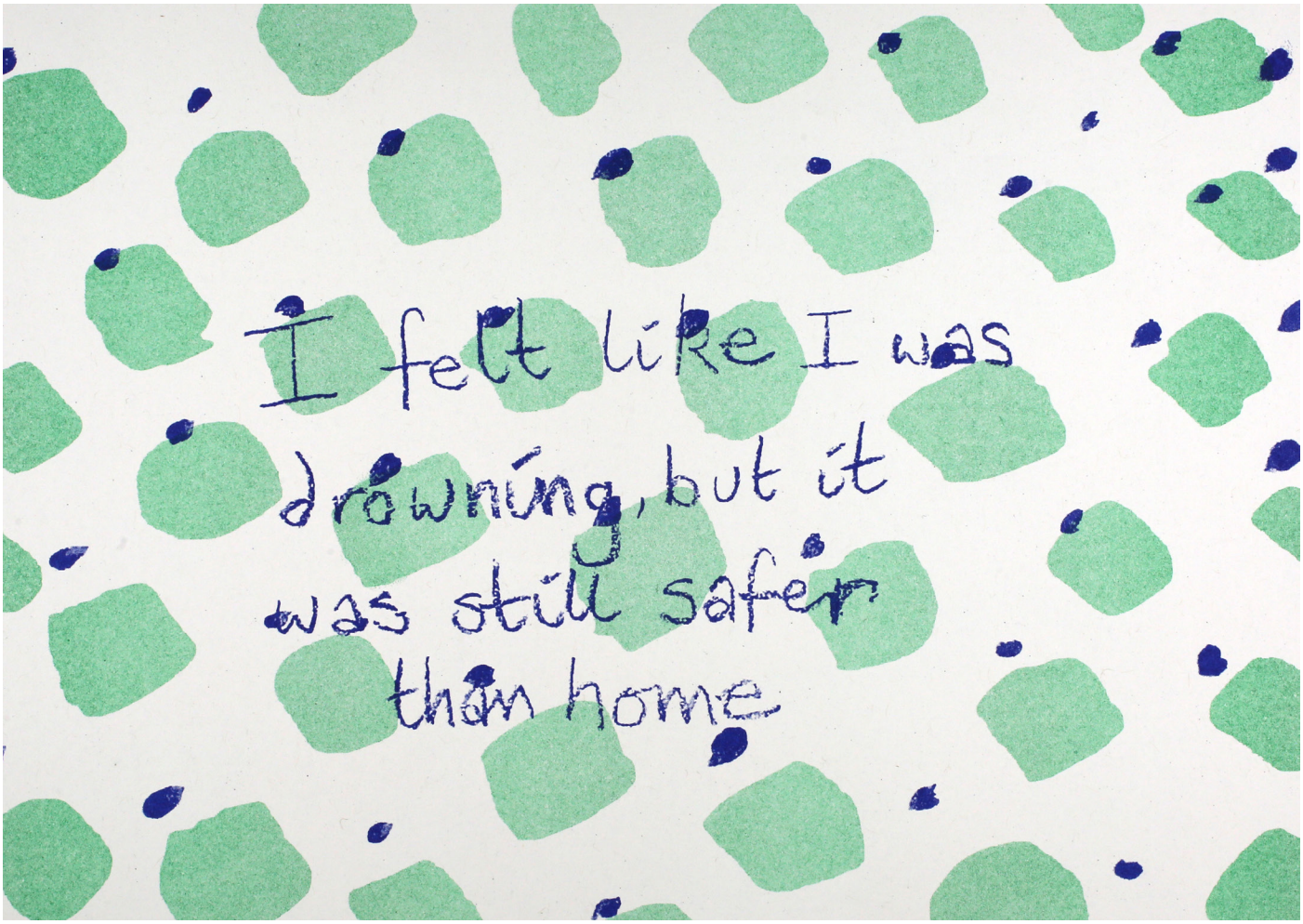


Figure 6



Figure 7



Figure 8



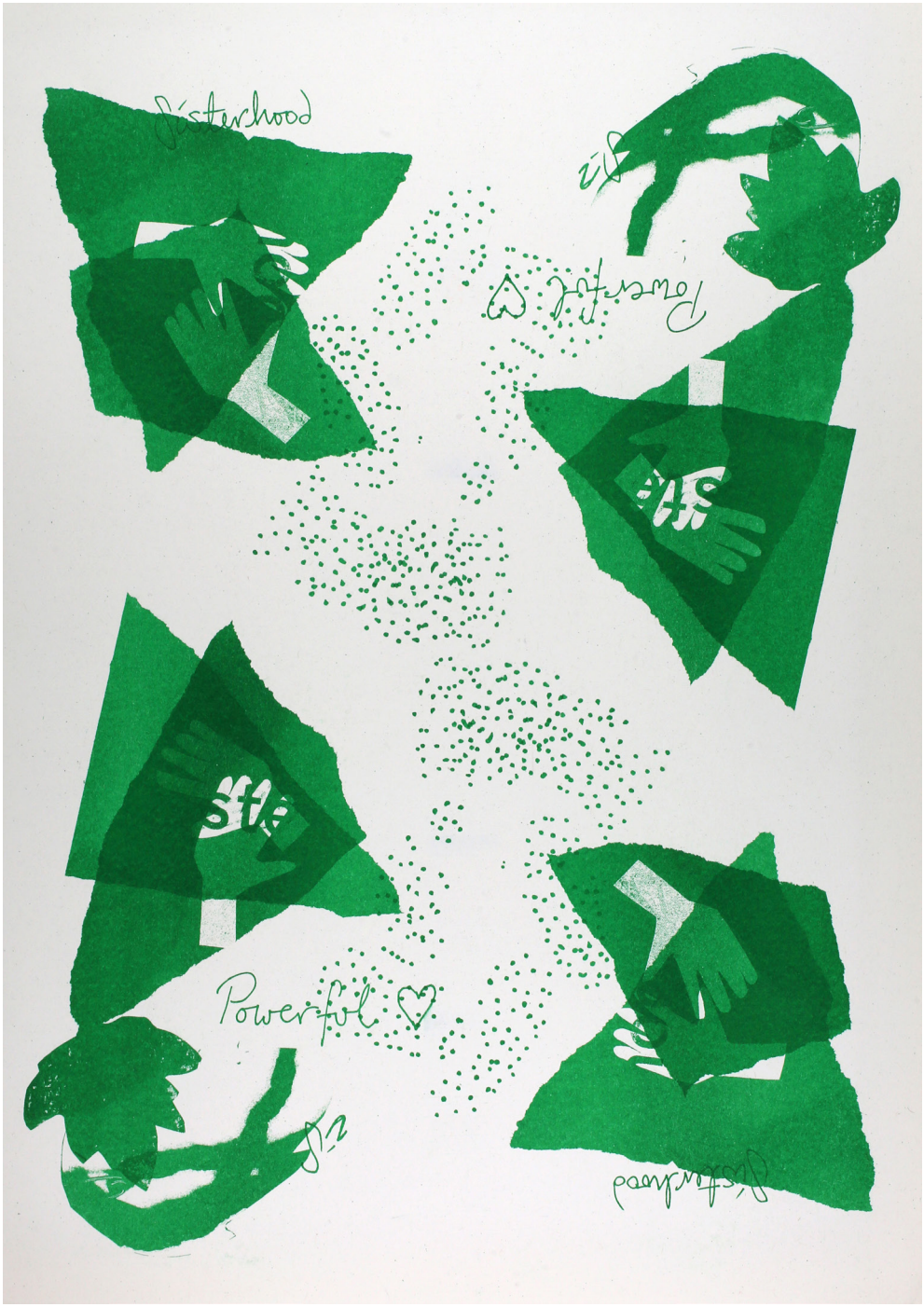
Figure 9



Figure 10



Figure 11



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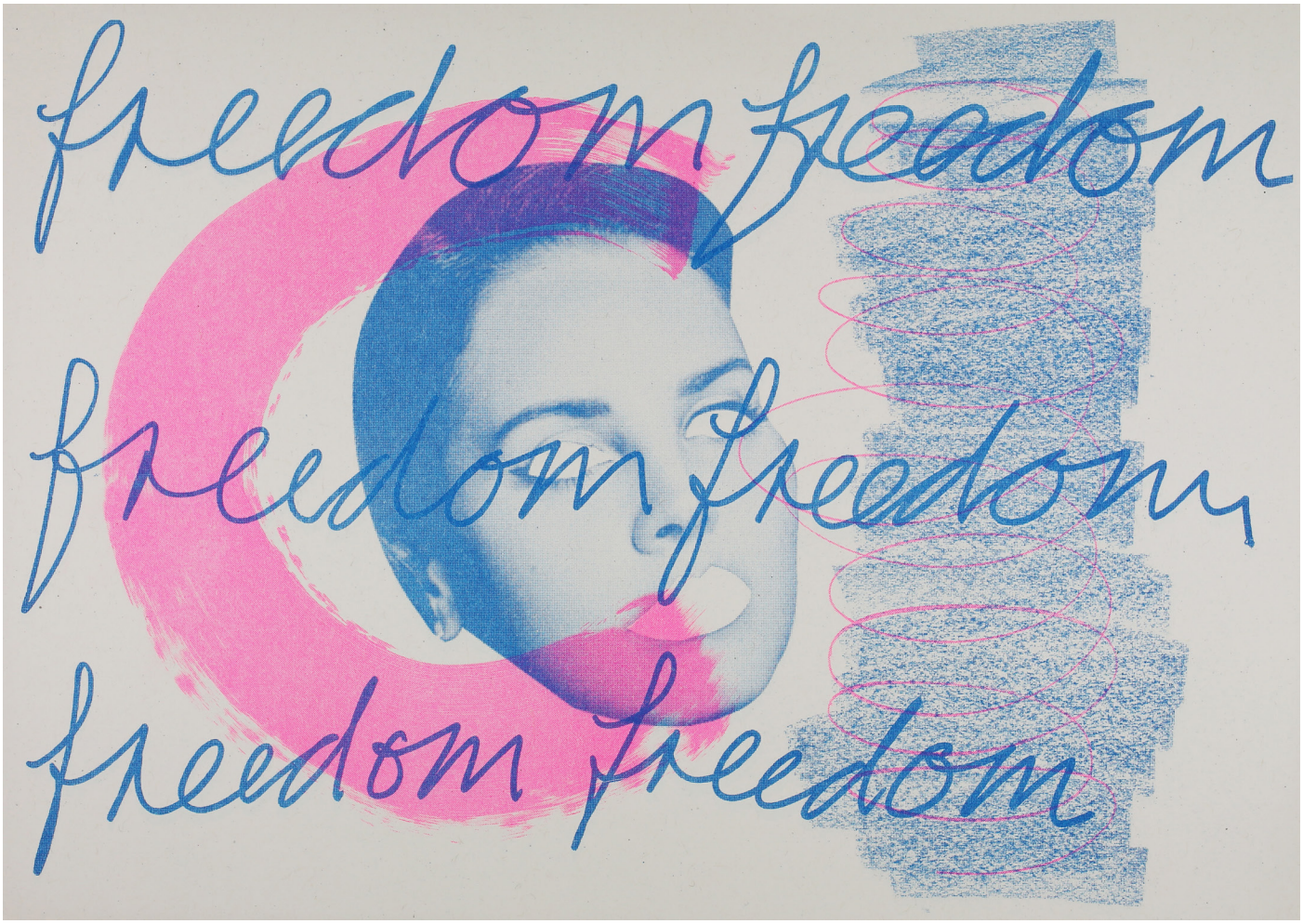

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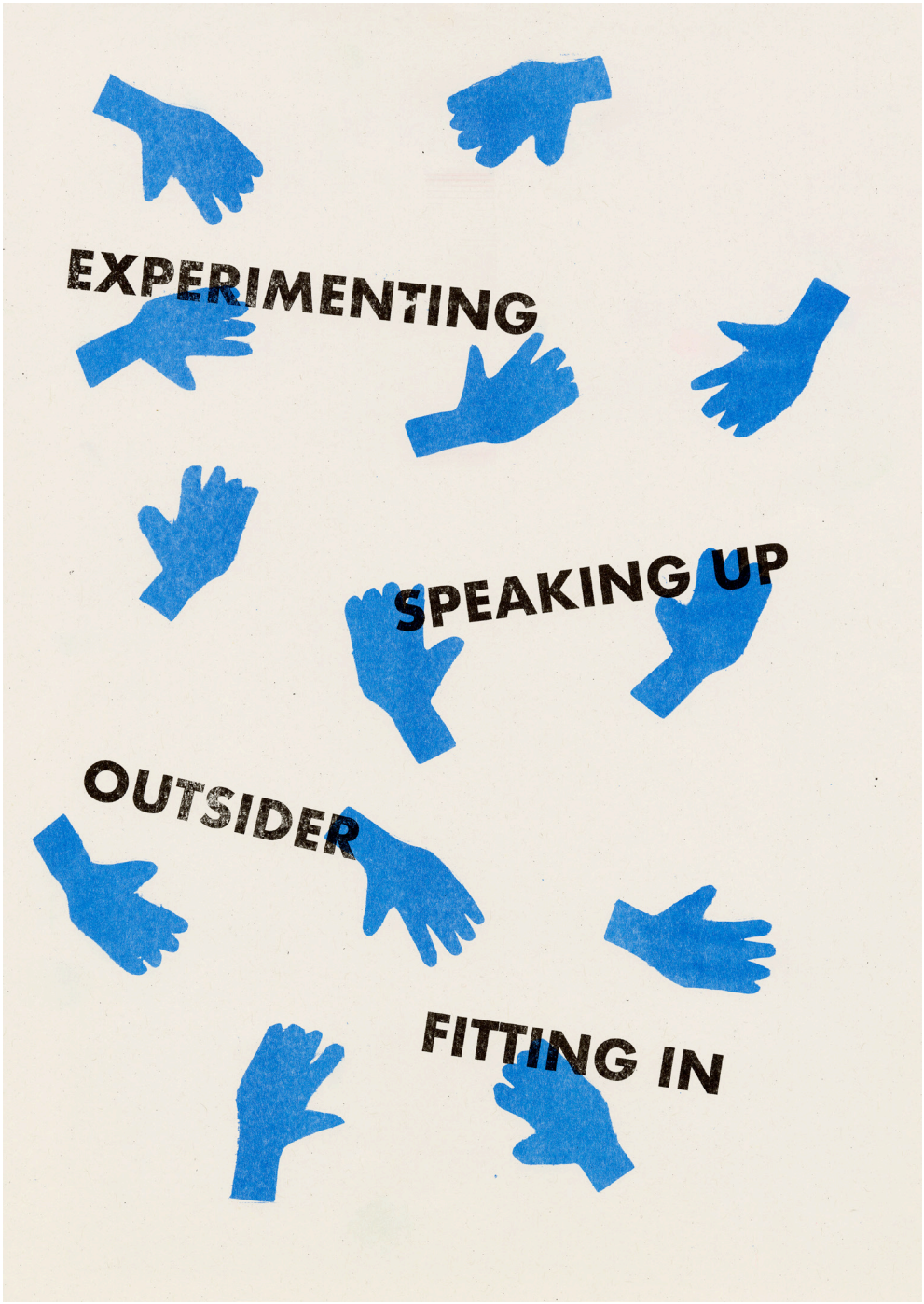

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Figure 15



Figure 16



Figure 17


experimenting
experimenting
outside

putting
speaking up

sisterhood
sisterhood
expectations

Figure 18

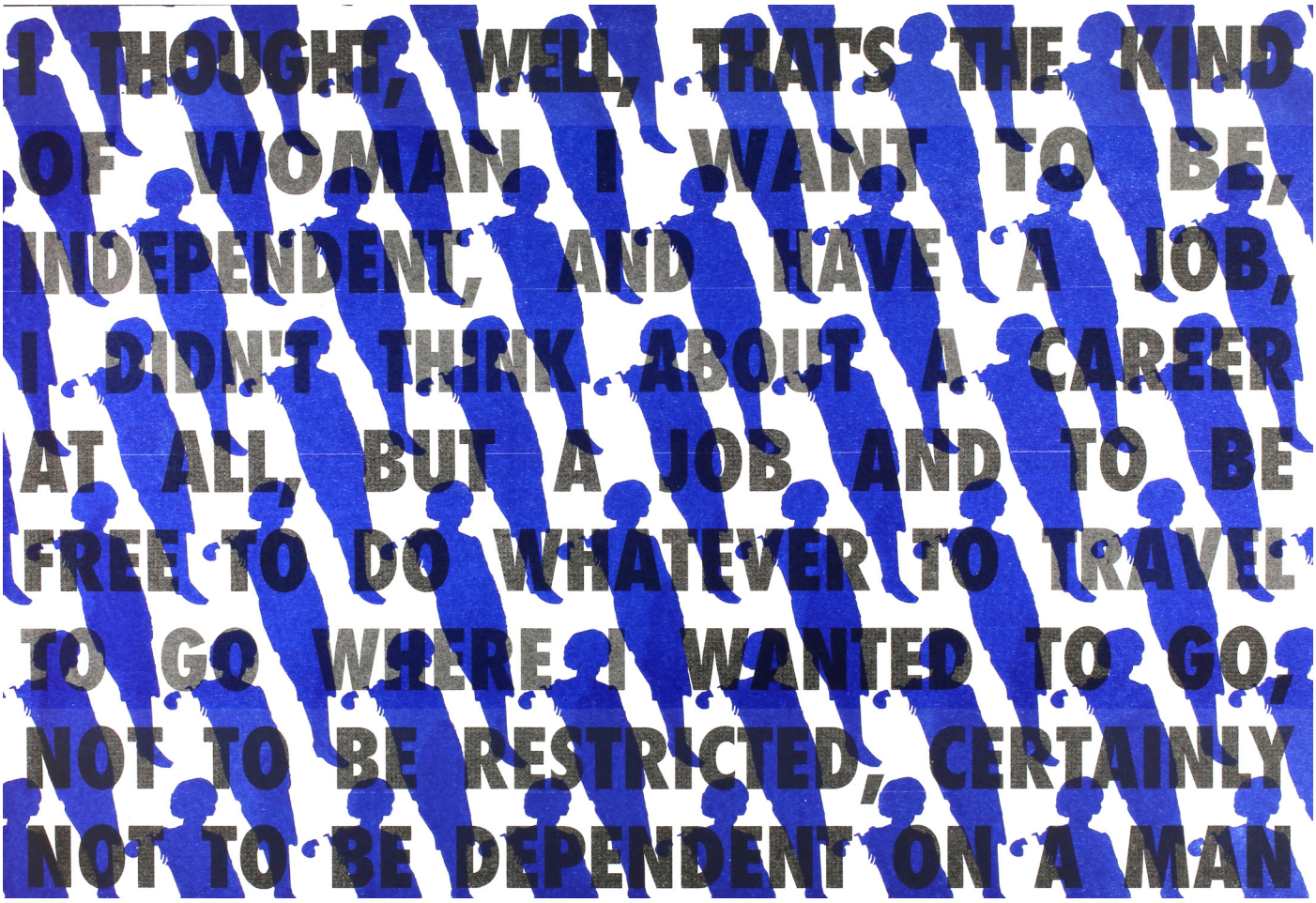

I THOUGHT, WELL, THATS THE KIND
OF WOMAN I WANT TO BE,
INDEPENDENT, AND HAVE A JOB,
I DIDN'T THINK ABOUT A CAREER
AT ALL, BUT A JOB AND TO BE
FREE TO DO WHATEVER TO TRAVEL
TO GO WHERE I WANTED TO GO,
NOT TO BE RESTRICTED, CERTAINLY
NOT TO BE DEPENDENT ON A MAN

Figure 19

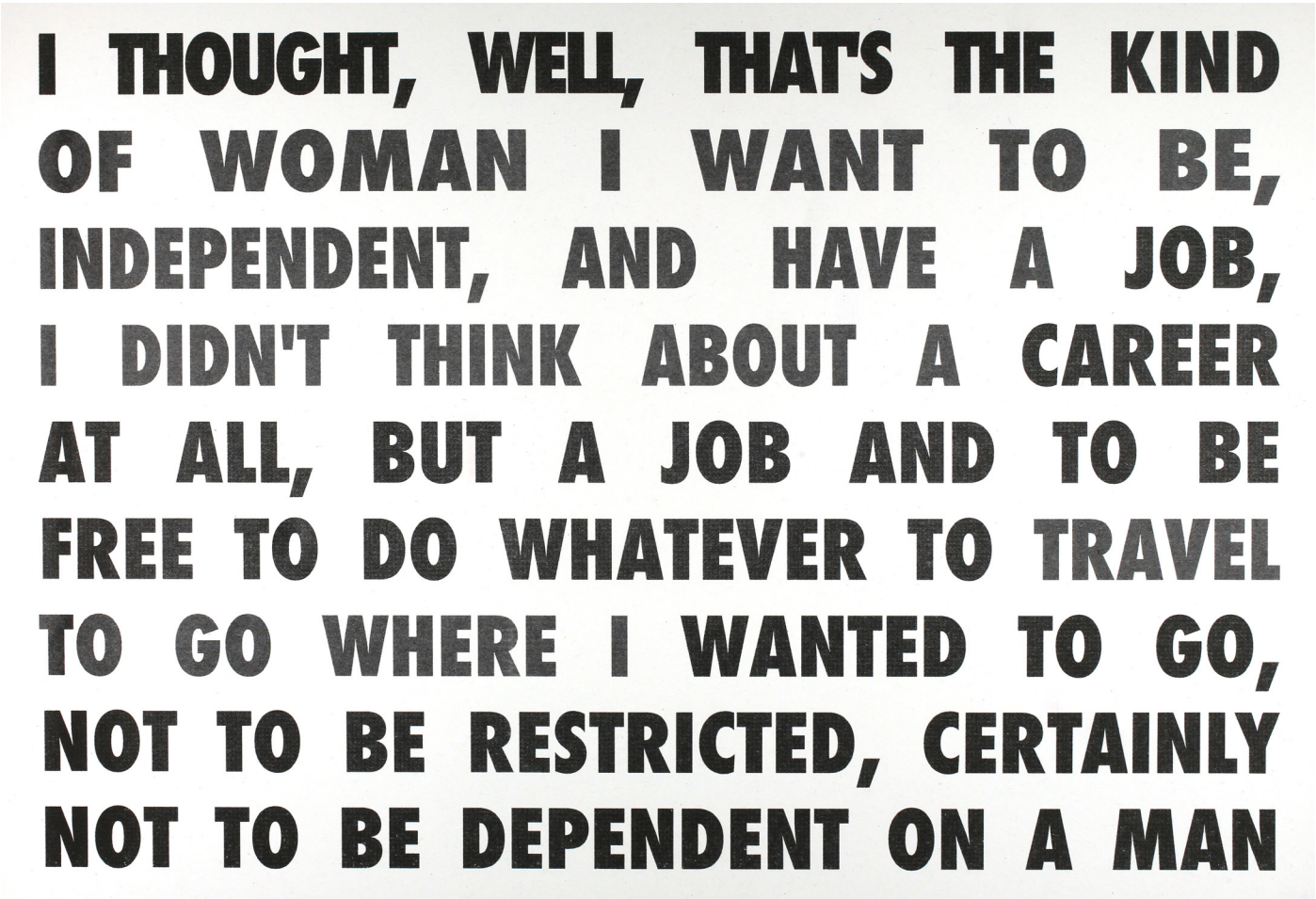

I THOUGHT, WELL, THAT'S THE KIND
OF WOMAN I WANT TO BE,
INDEPENDENT, AND HAVE A JOB,
I DIDN'T THINK ABOUT A CAREER
AT ALL, BUT A JOB AND TO BE
FREE TO DO WHATEVER TO TRAVEL
TO GO WHERE I WANTED TO GO,
NOT TO BE RESTRICTED, CERTAINLY
NOT TO BE DEPENDENT ON A MAN

Figure 20

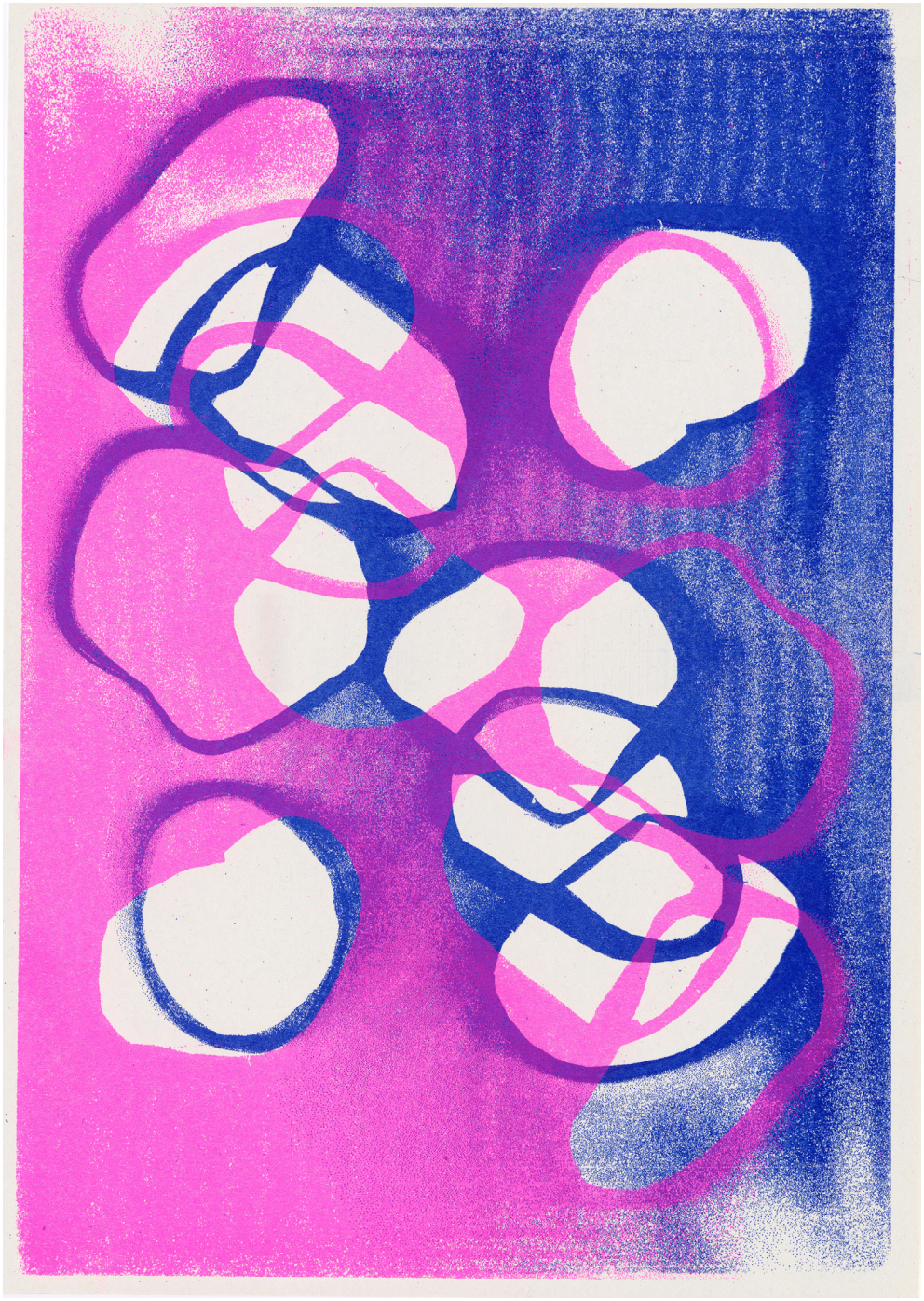


Figure 21

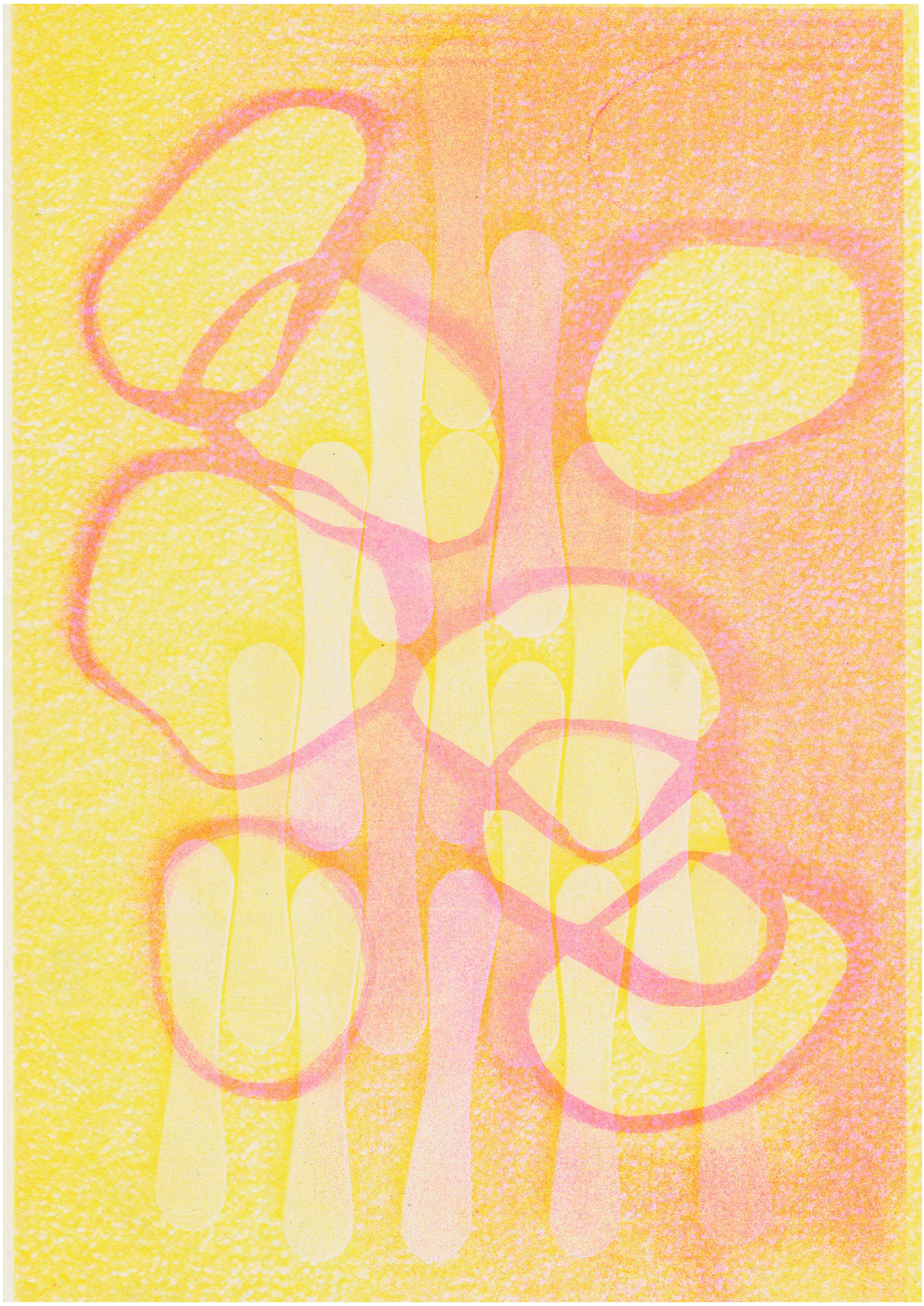


Figure 22

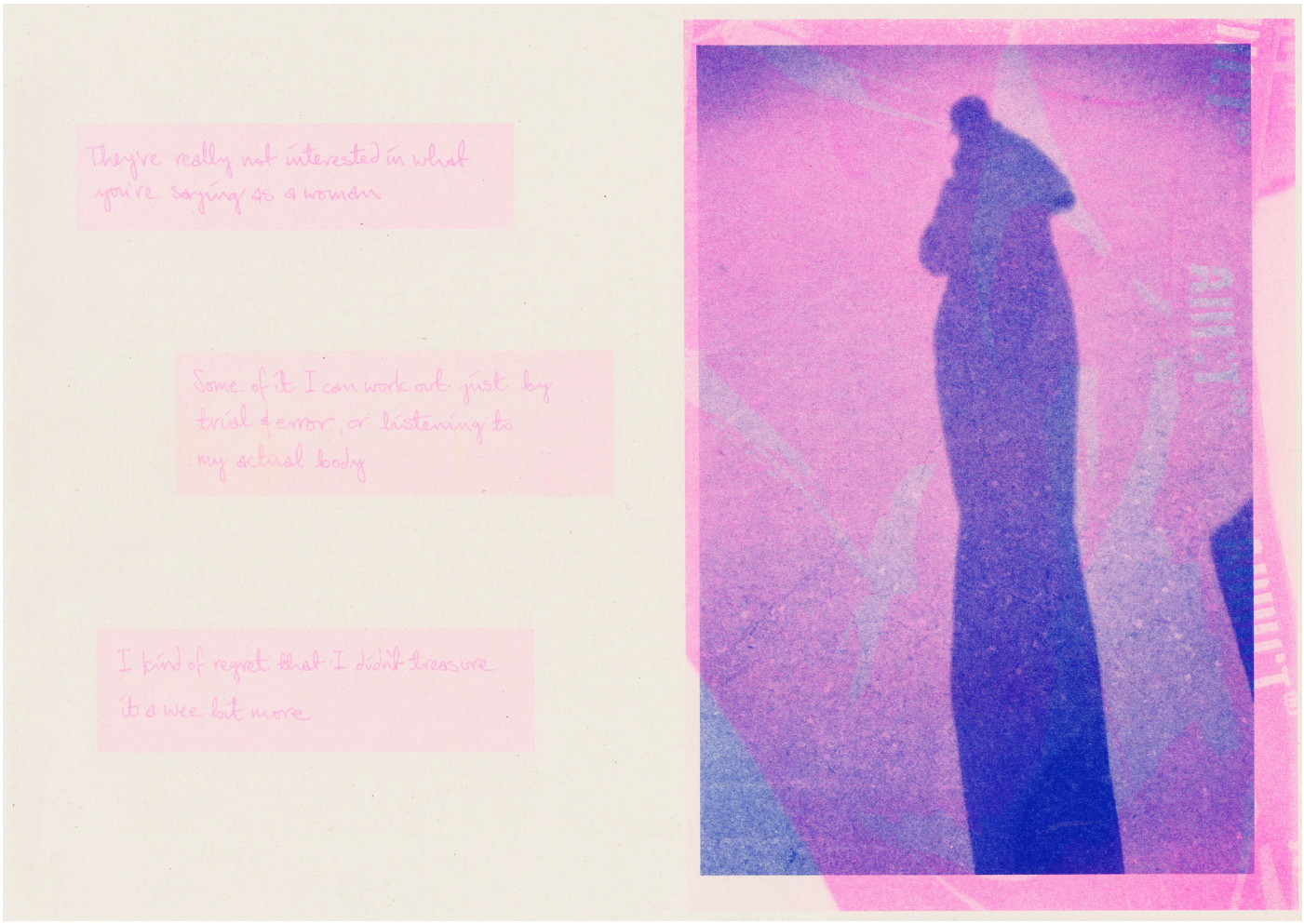

They're really not interested in what you're saying as a woman
Some of it I can work out just by trial & error, or listening to my actual body
I kind of regret that I didn't treasure it a wee bit more

Figure 23


whatever relationship I did have with my body before,
is very different now

Figure 24

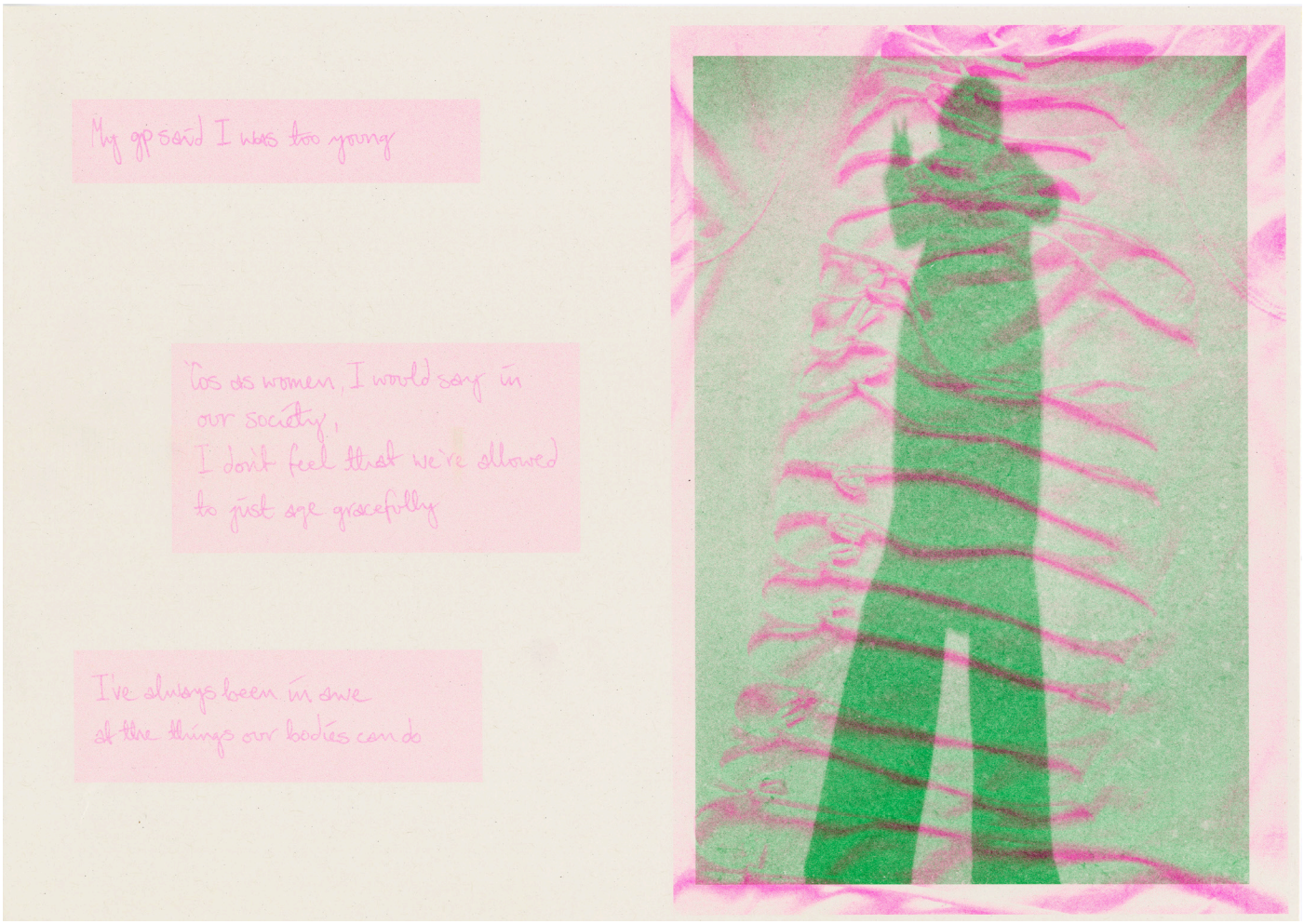

My gp said I was too young
'cos as women, I would say in our society, I don't feel that we're allowed to just age gracefully
I've always been in awe of the things our bodies can do

Figure 25

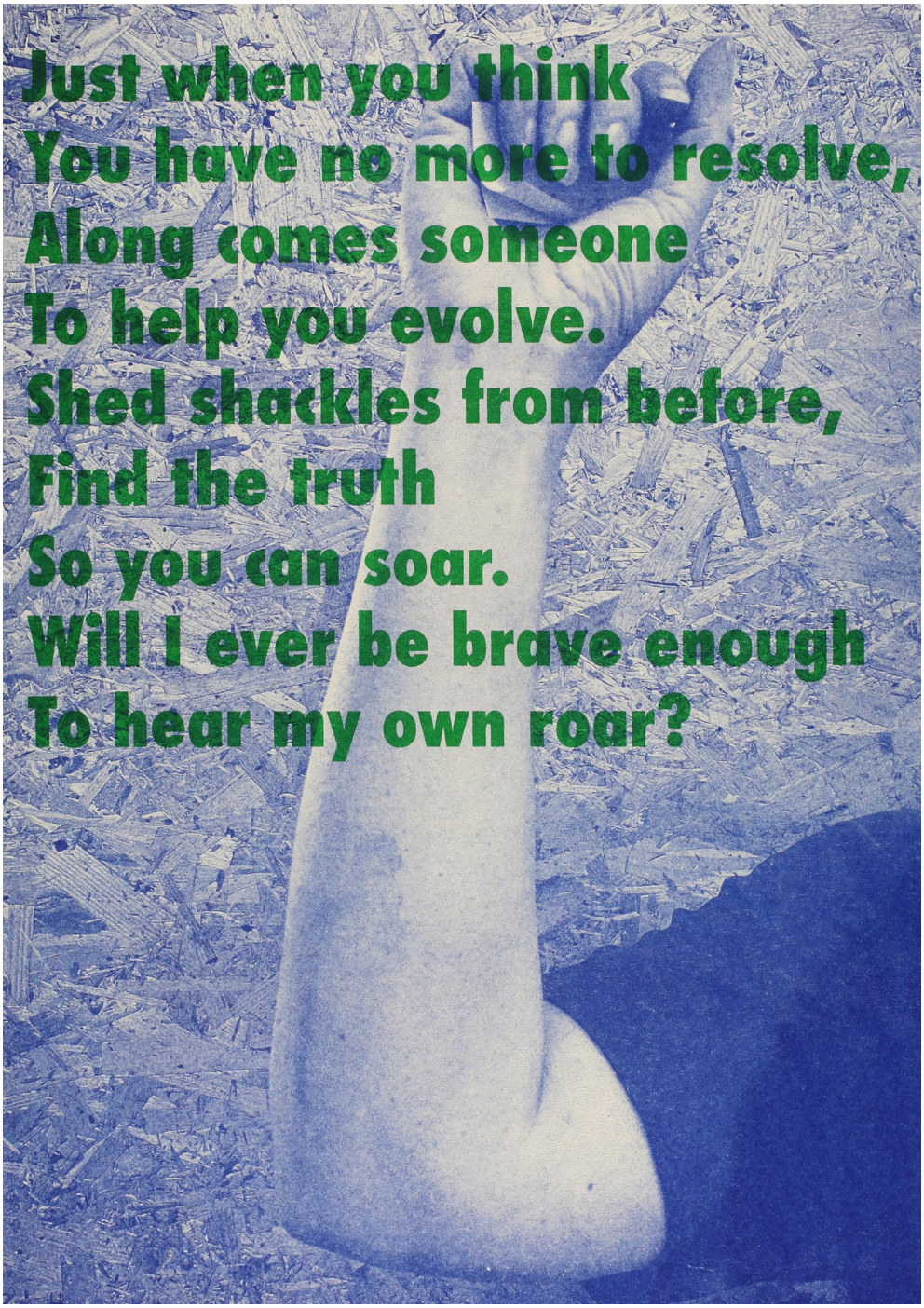

Just when you think
You have no more to resolve,
Along comes someone
To help you evolve.
Shed shackles from before,
Find the truth
So you can soar.
Will I ever be brave enough
To hear my own roar?

Figure 26

Lonely
Boring
Confusing
Connected
NATURE
Small
Swirling
NATURE
Forgettable
Disconnected
Strange

Figure 27

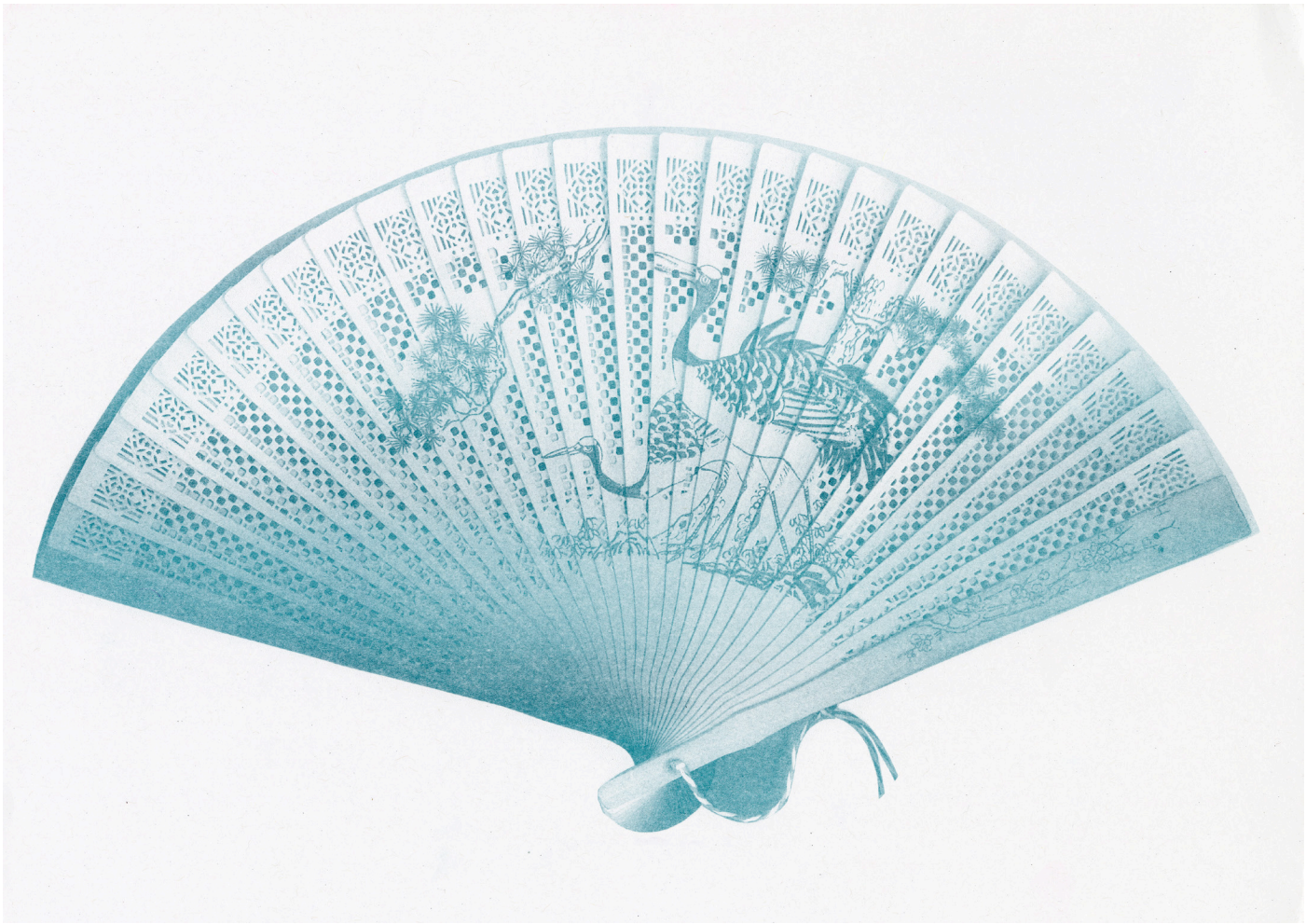


Figure 28



Figure 29



Figure 30

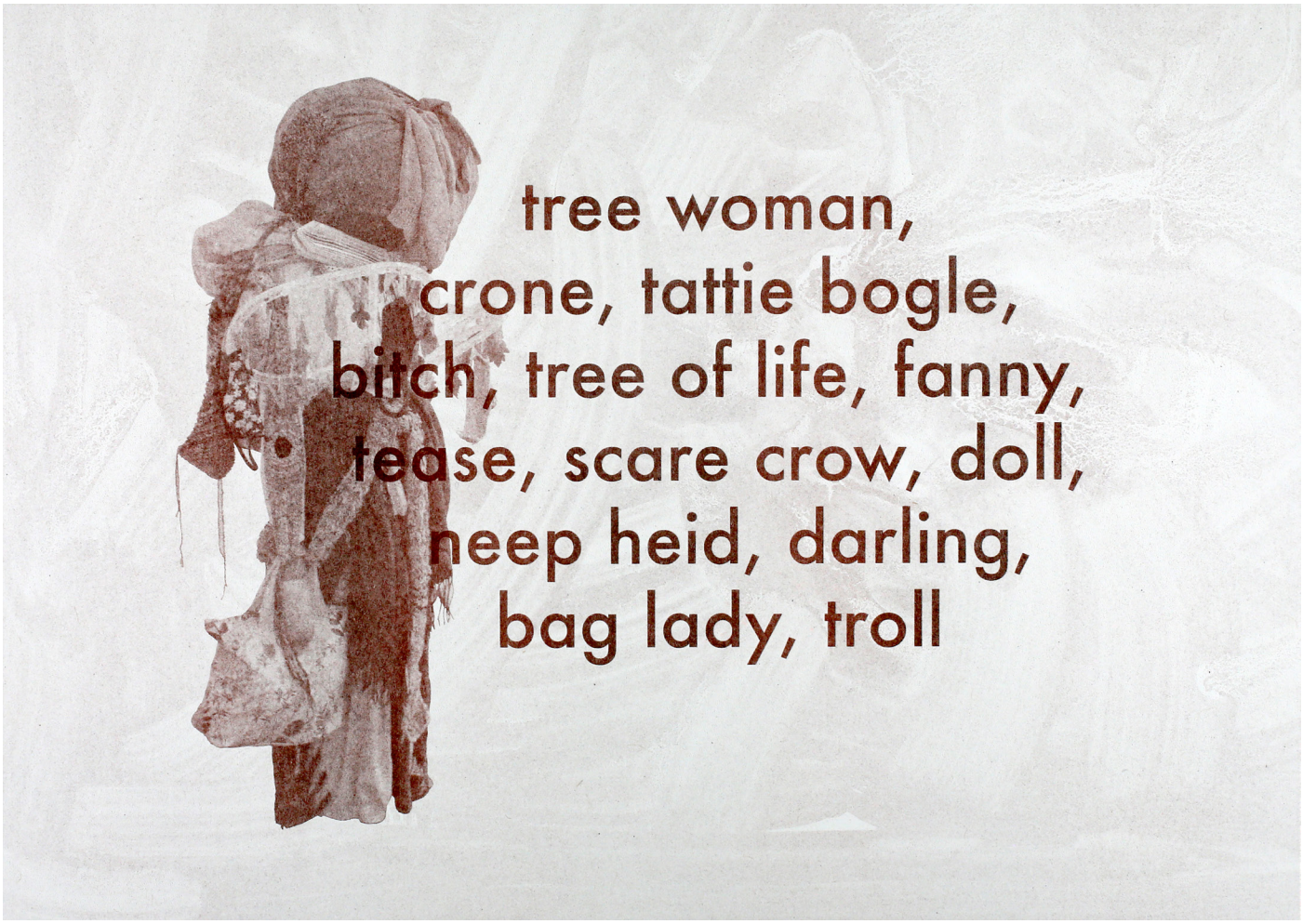
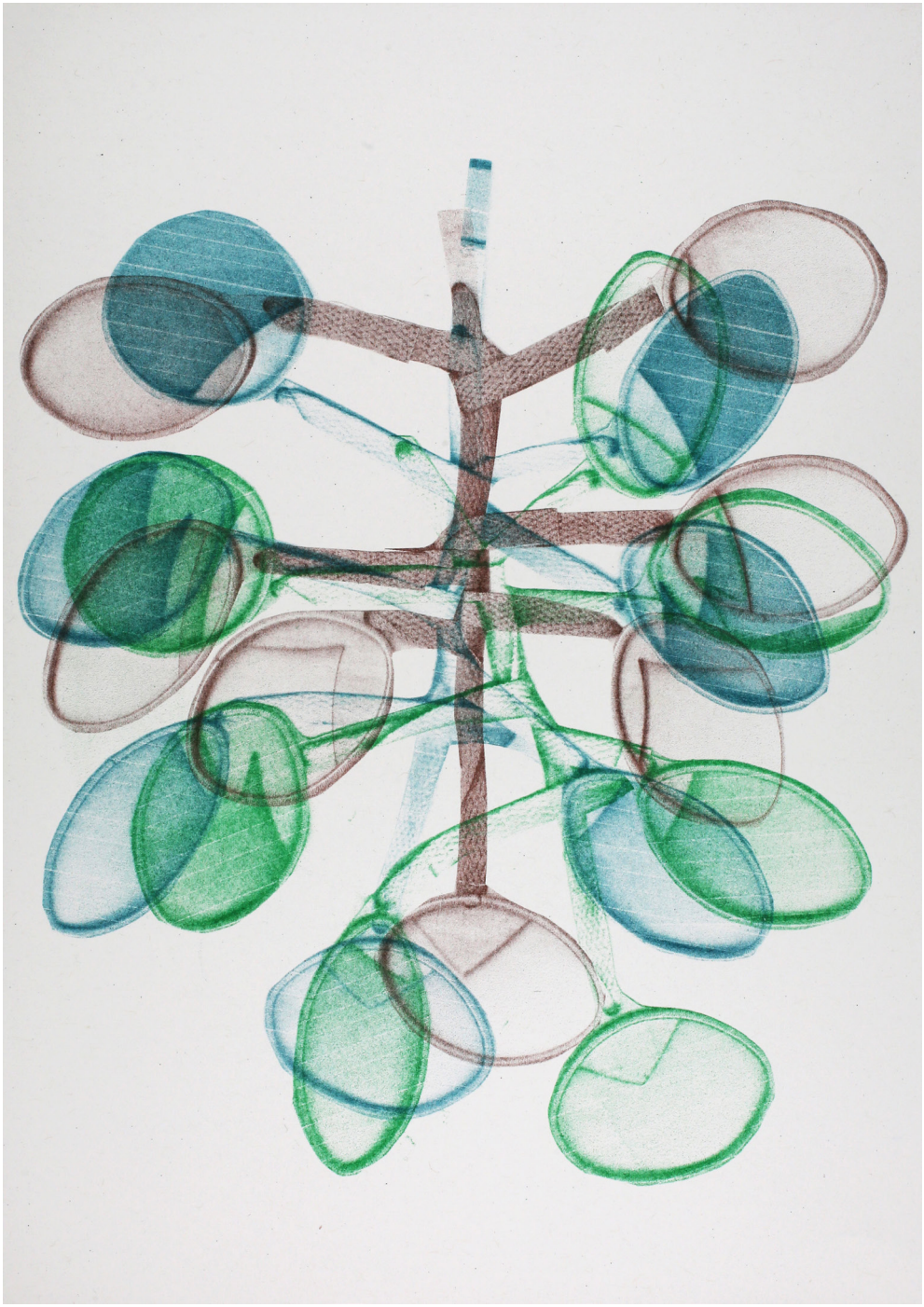

tree woman,
crone, tattie bogle,
bitch, tree of life, fanny,
tease, scare crow, doll,
neep heid, darling,
bag lady, troll

Figure 31



Figure 32



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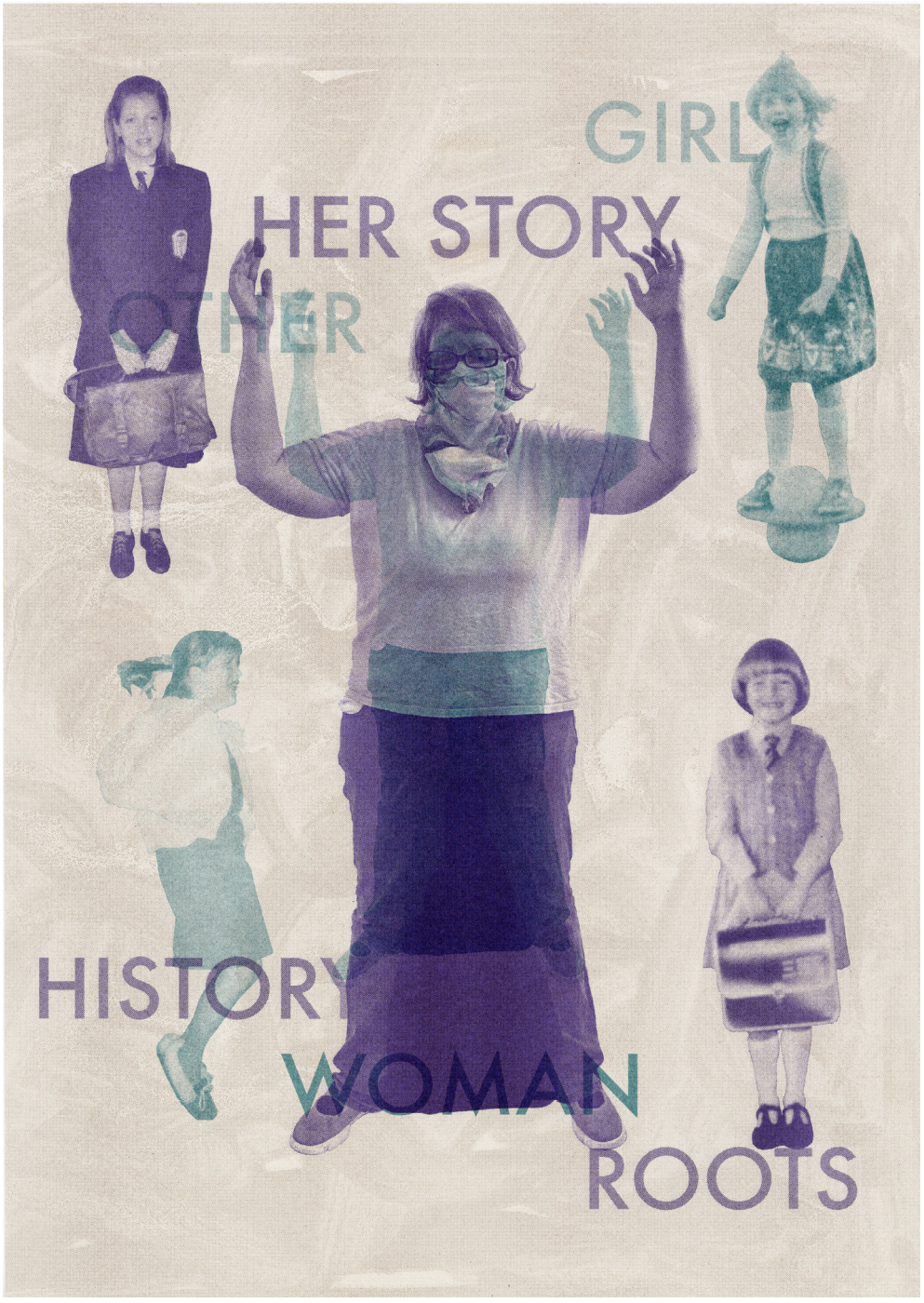


Figure 34



Figure 35



Figure 36

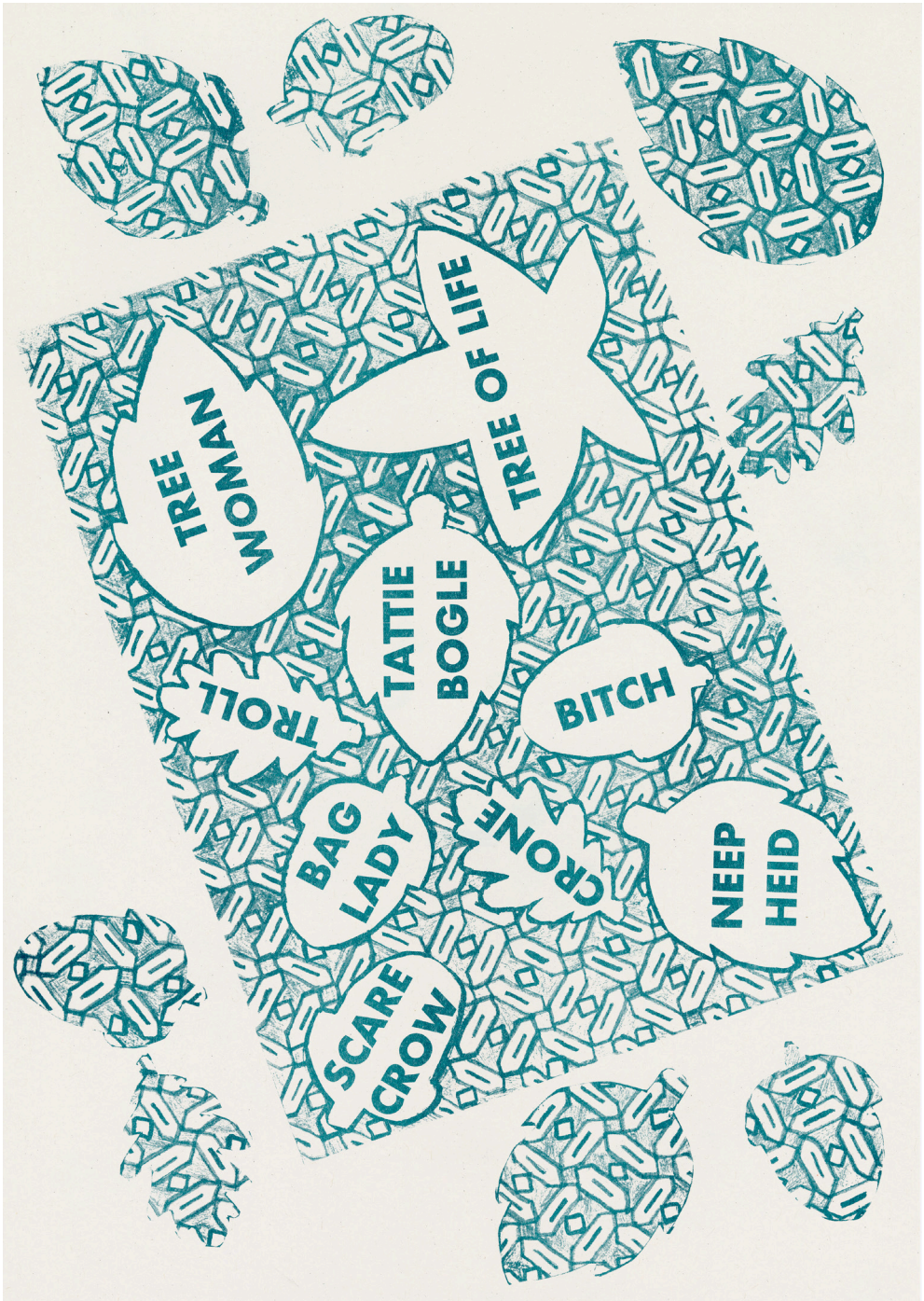

TREE WOMAN
TREE OF LIFE
TROLL
TATTIE BOGLE
BITCH
BAG LADY
CRONE
NEEP HEID
SCARE CROW

Figure 37


SCARE CROW
BAG LADY
CRONE
NEEP HEID
BITCH
TROLL
TATTIE BOGLE
TREE WOMAN
TREE OF LIFE

Figure 38



I thought, well, that's the kind of woman I want to be, independent and have a job. I didn't think about a career at all, but a job and, er, to be free to do whatever to travel to go where I wanted to go, not to be restricted, certainly not to be dependent on a man.

I know that each generation has had more freedoms as women, than the one before ....Although culturally, I had less freedoms than my mum, I still had more than my grandmum.





Figure 39


For my grandmother, marriage was an expectation
For my mother, marriage was an escape
For me, marriage was unthinkable
For my grandmother, studying was unthinkable
For my mother, studying would have been an escape
For me, studying was an expectation

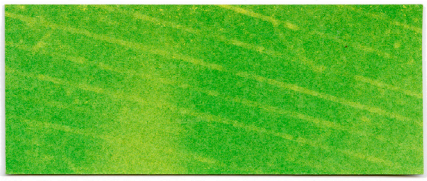
Figure 40

For my grandmother, marriage was an expectation
For my mother, marriage was an escape
For me, marriage was unthinkable

For my grandmother, studying was unthinkable
For my mother, studying would have been an escape
For me, studying was an expectation

After my sister and I were born,
my mother never went back to work.
I don't believe she would have chosen
this for herself.





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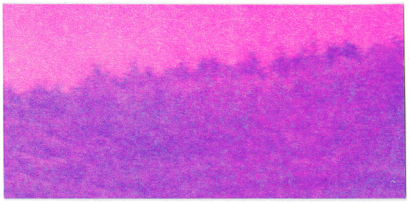






Figure 41


After my sister and I were born,
my mother never went back to work.
I don't believe she would have chosen
this for herself.

Figure 42

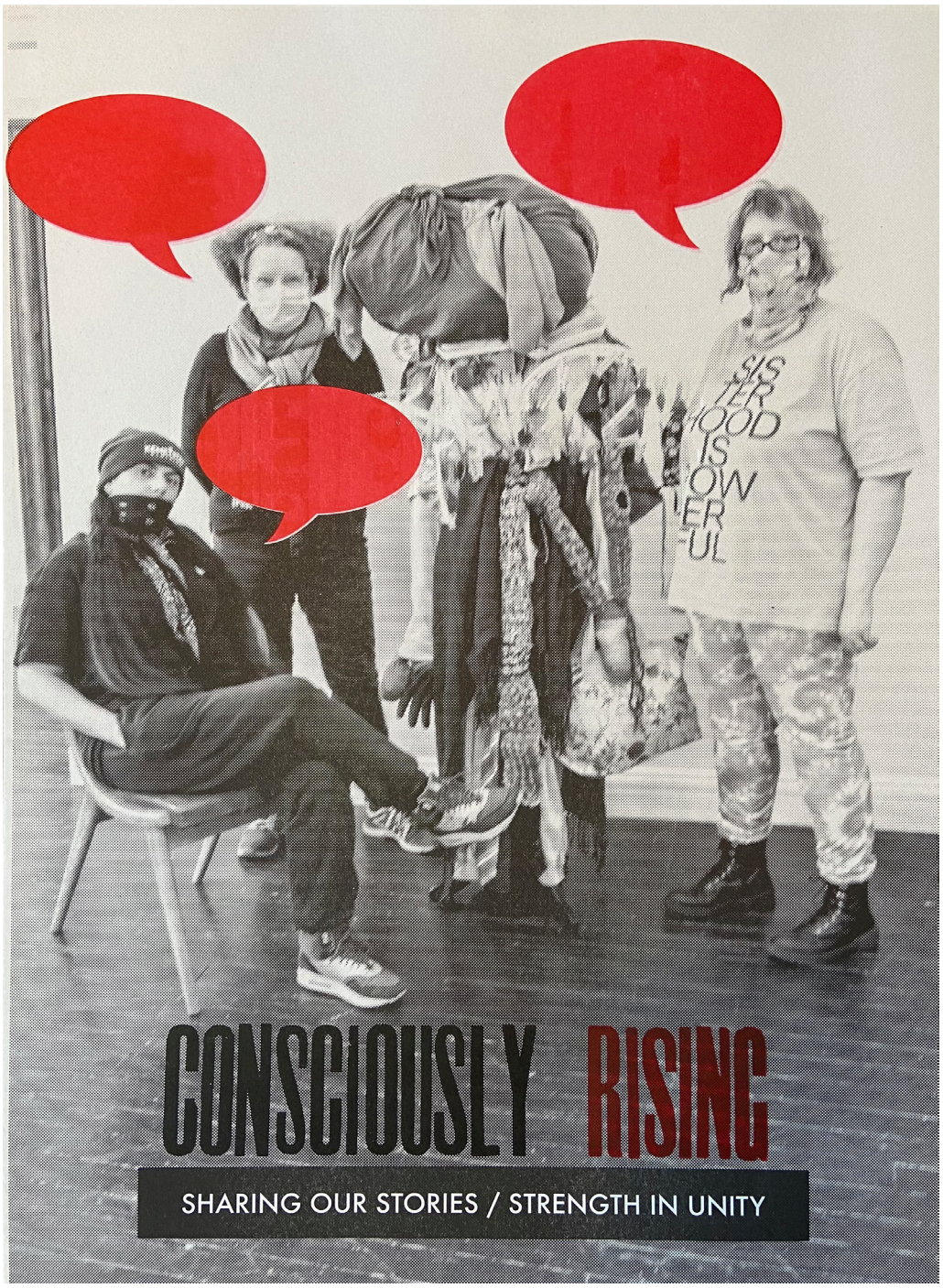
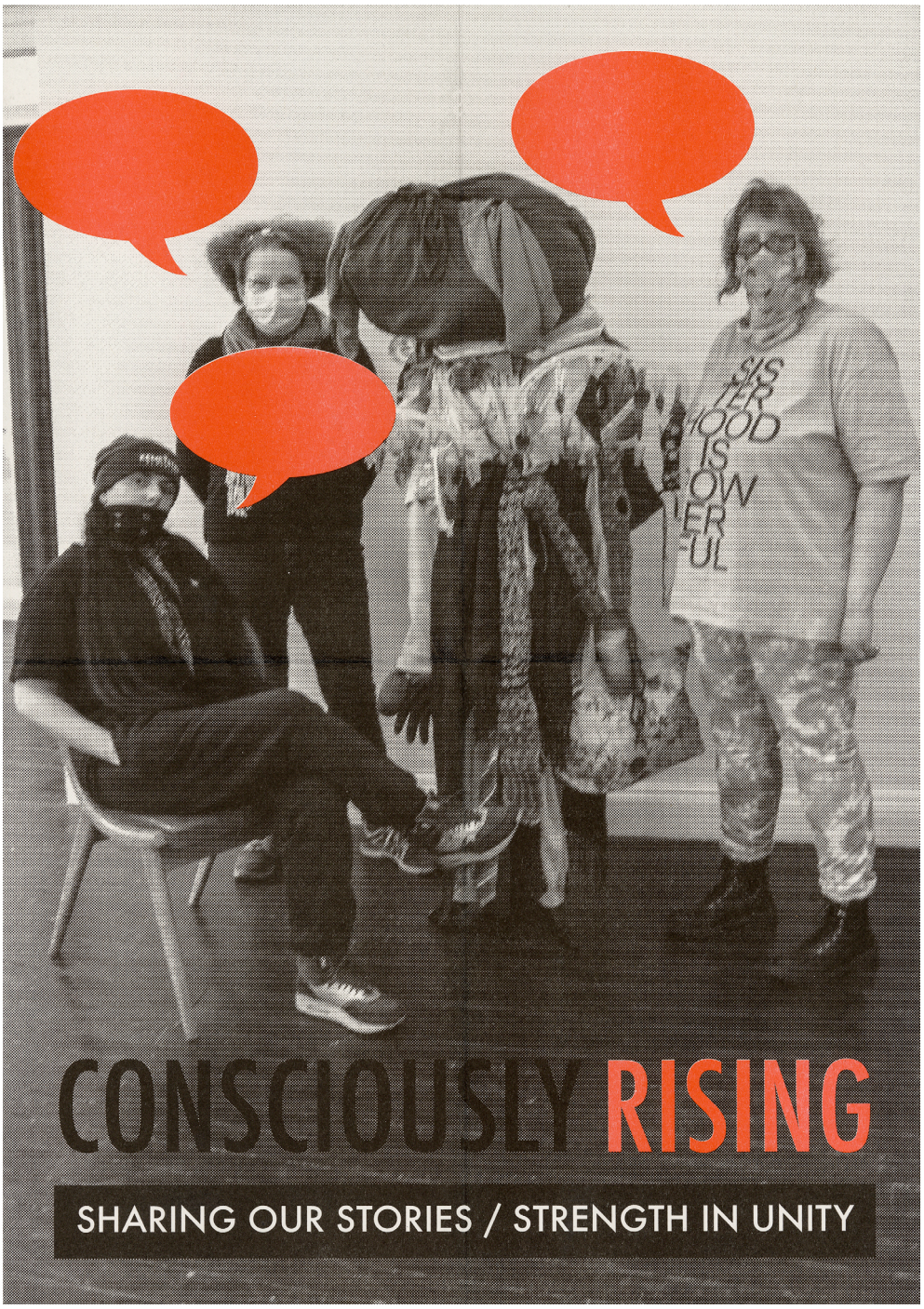


Figure 43

I've had to
really spend a lot of time
researching & trying to learn exactly
what it is
that my body needs.
Rising Rebels
Powerful Printing
Sassy Sisterhood
Women's tsar will combat 'gender health inequality'
Women stand up to the Taliban with guerrilla graffiti campaign
Girls losing out as reading initiatives focus on boys
Boss asked woman: Did you do a 'Basic Instinct' to get job?
Consciously Rising is a group of women who met online during lockdown 2021. Together they held a series of discussions and produced artworks for an exhibition displayed at Glasgow Women's Library from 20 November 2021 to 5 February 2022.
The meetings used feminist consciousness-raising to discuss experiences in group members' lives. They shared their experiences, reflecting on where they were similar to others and where they were different. They dedicated time to exploring these discussions through other creative activities, including printmaking, writing, drawing, painting, photography and collage.
The group's formation took inspiration from the thousands of women in the 1970s who started similar groups in their homes. These groups gave time for women to examine their own lives and each other's. They also provided space to question how living in a patriarchal society affected their lives and how they could challenge this.
When lockdown restrictions eased in summer 2021, some group members began meeting in person at Glasgow Women's Library (GWL). Here, the group started working together to make the body of artworks presented in the exhibition.
Thank you to all the women who took part in the group. Their contributions shaped the online discussions, and their voices permeated the artworks created. Thank you also to GWL for hosting the in-person sessions, the exhibition and providing a home for an archive of the project.
This zine was created by Doreen, F, Helen and Lesley.

Figure 44



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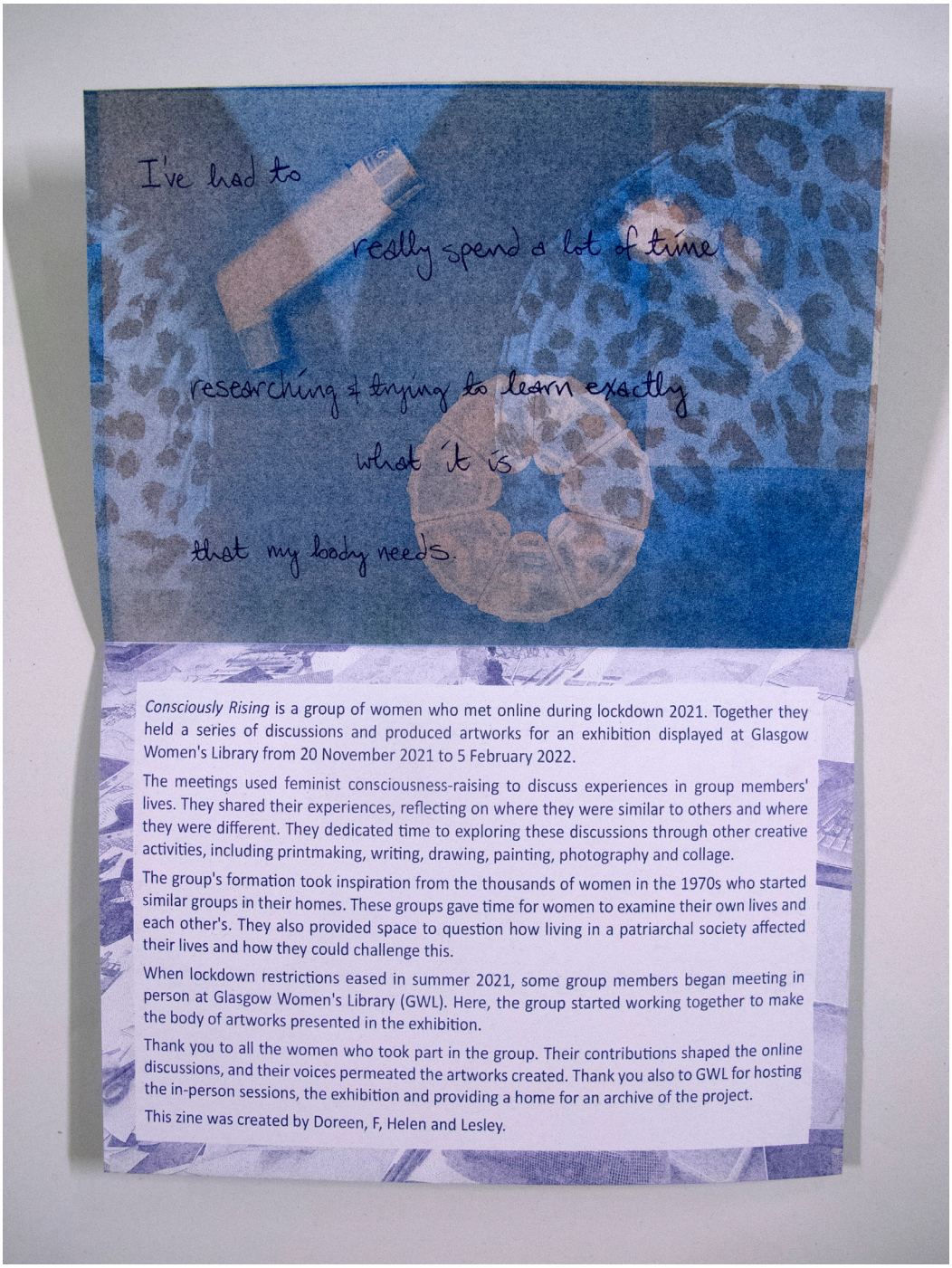
I've had to
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The Personal Remains Political: a practice-based inquiry into the use of feminist consciousness-raising and printmaking as participatory methods for working with women

Portfolio of Practice:
Part Two

Helen de Main

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ONLINE SESSIONS





Figure 1*:* Consciously Rising, Packs in the post, (2021).

Figure 2*:* Consciously Rising, Packs in the post, (2021).



Figure 3: Consciously Rising, Example of mark making, (2021).



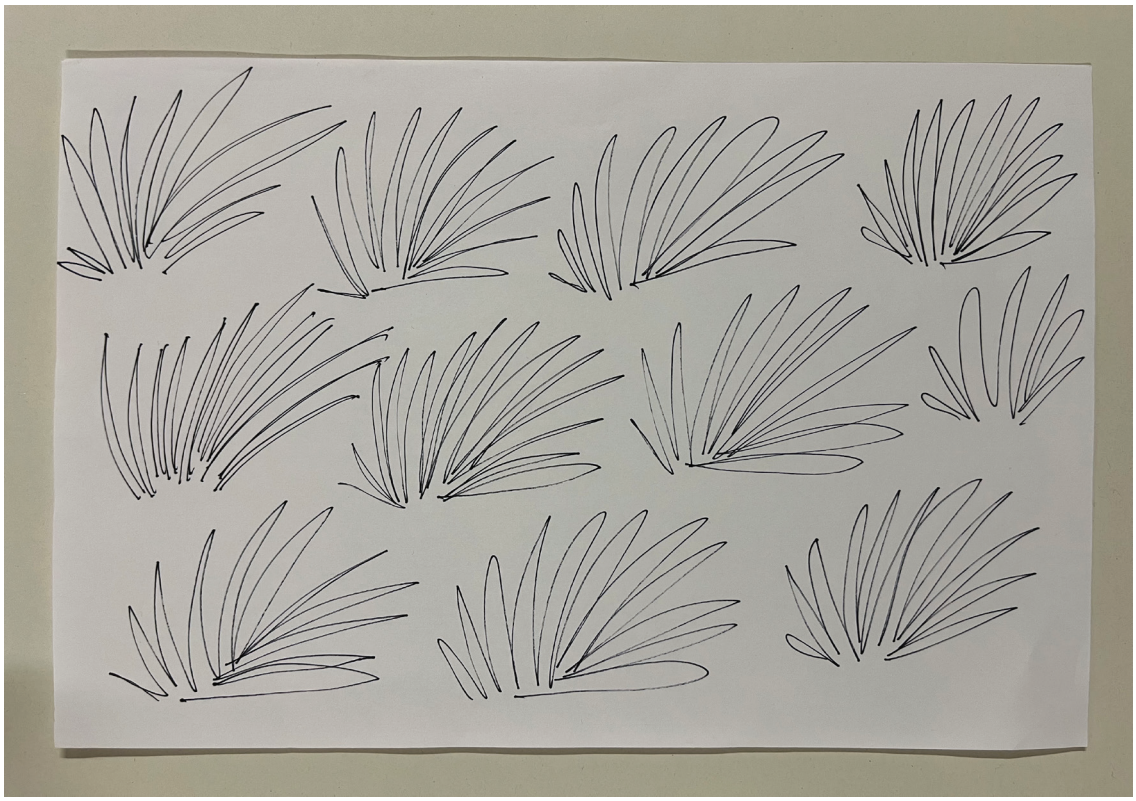


Figure 4: Consciously Rising, Example of mark making, (2021).

Figure 5: Consciously Rising, Example of mark making, (2021).



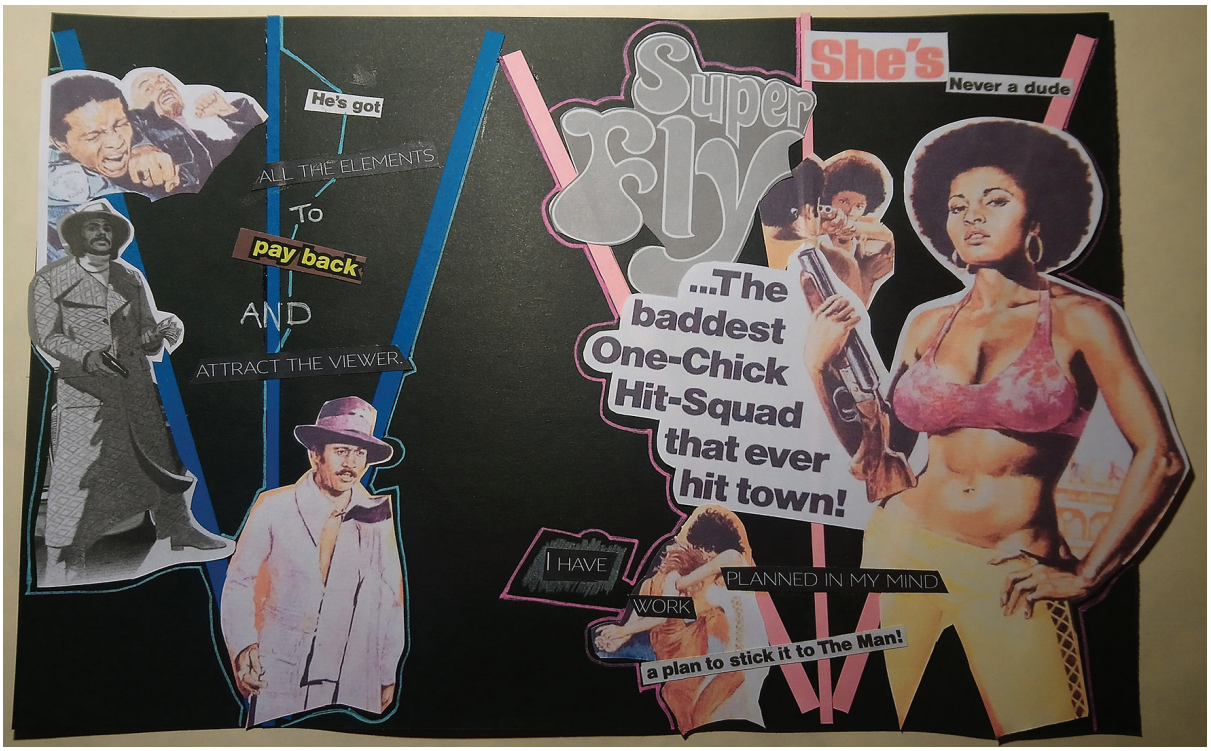
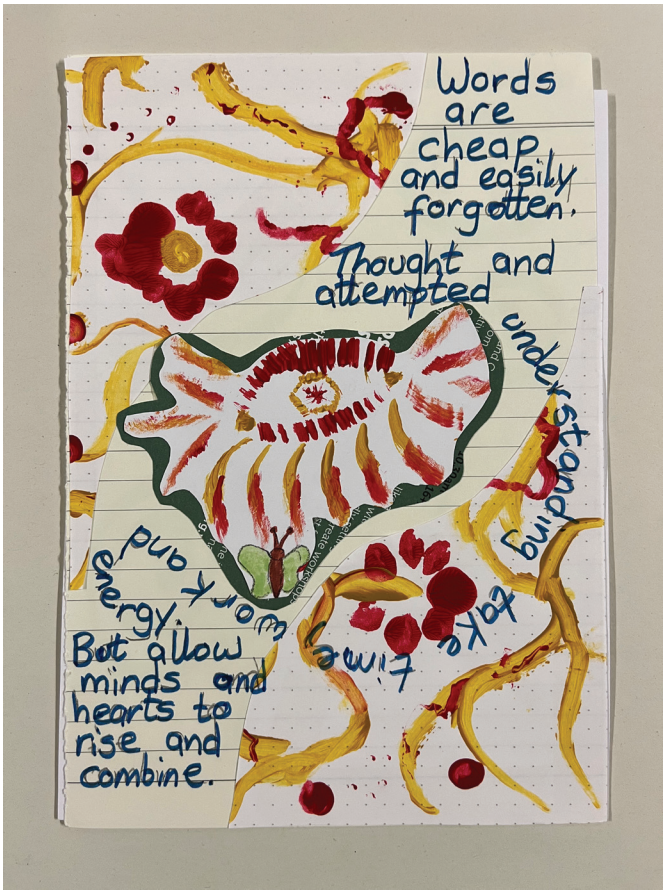


Figure 6: Consciously Rising, Collage, (2021).

Figure 7: Consciously Rising, Collage, (2021).





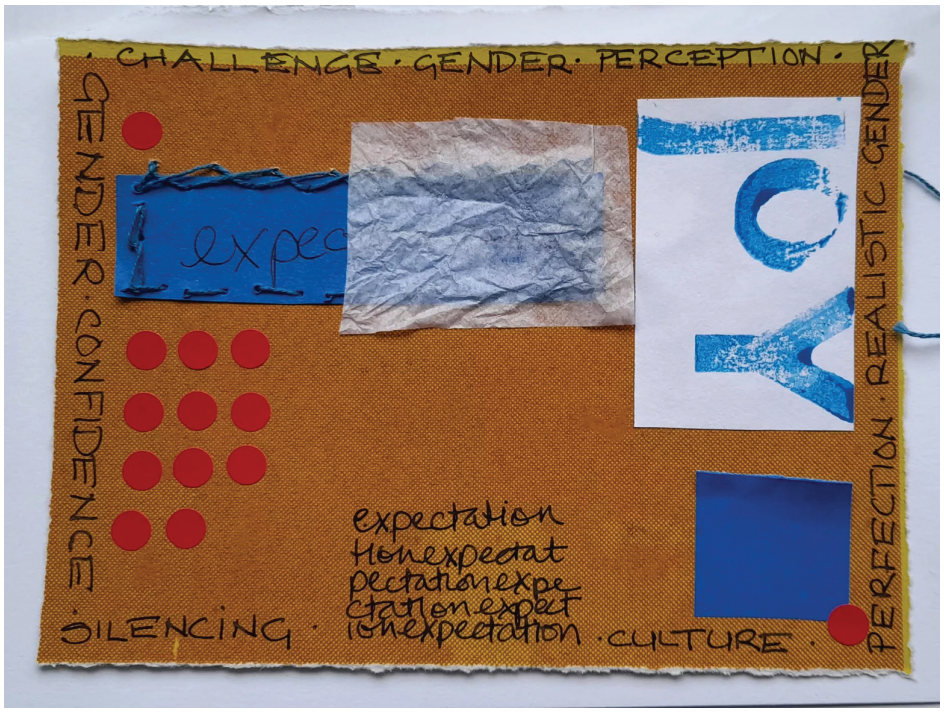


Figure 8: Consciously Rising, Artwork for Zine, (2021).

Figure 9: Consciously Rising, Artwork for Zine, (2021).

Figure 10: Consciously Rising, Example of mark making, (2021).

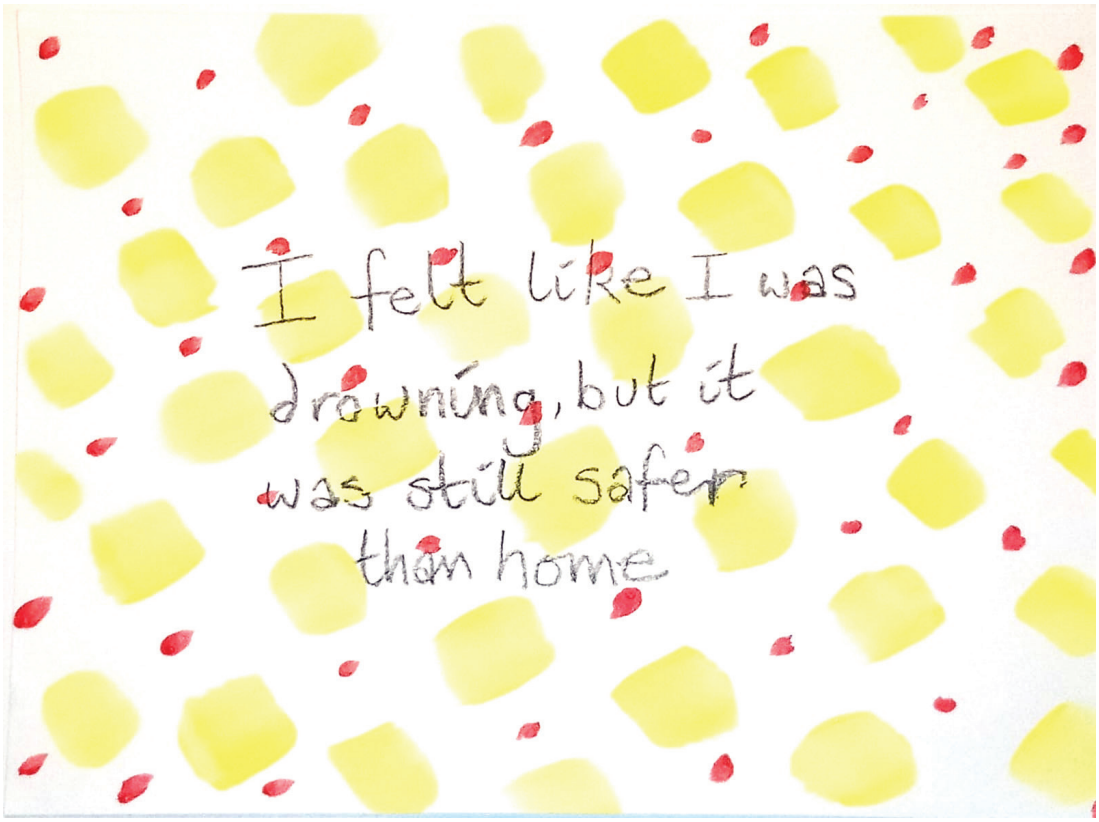




Figure 11: Consciously Rising, Artwork for Zine, (2021).

Figure 12: Consciously Rising, Artwork for Zine, (2021).

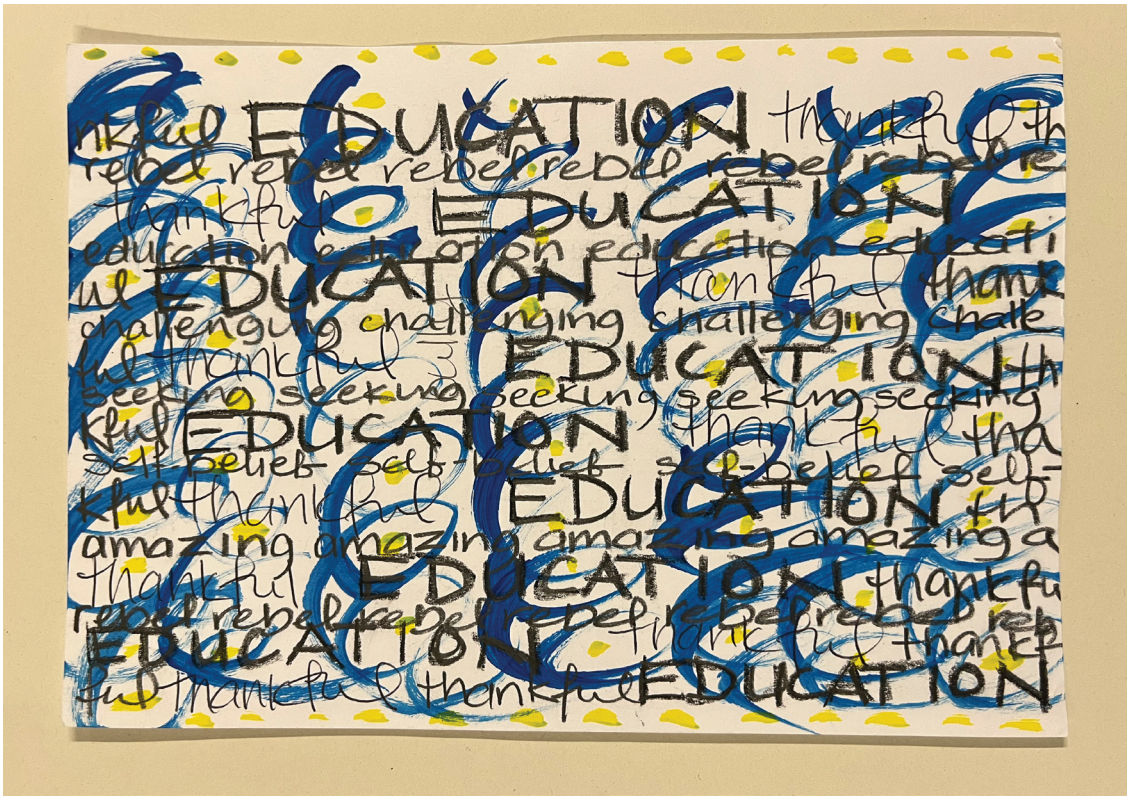




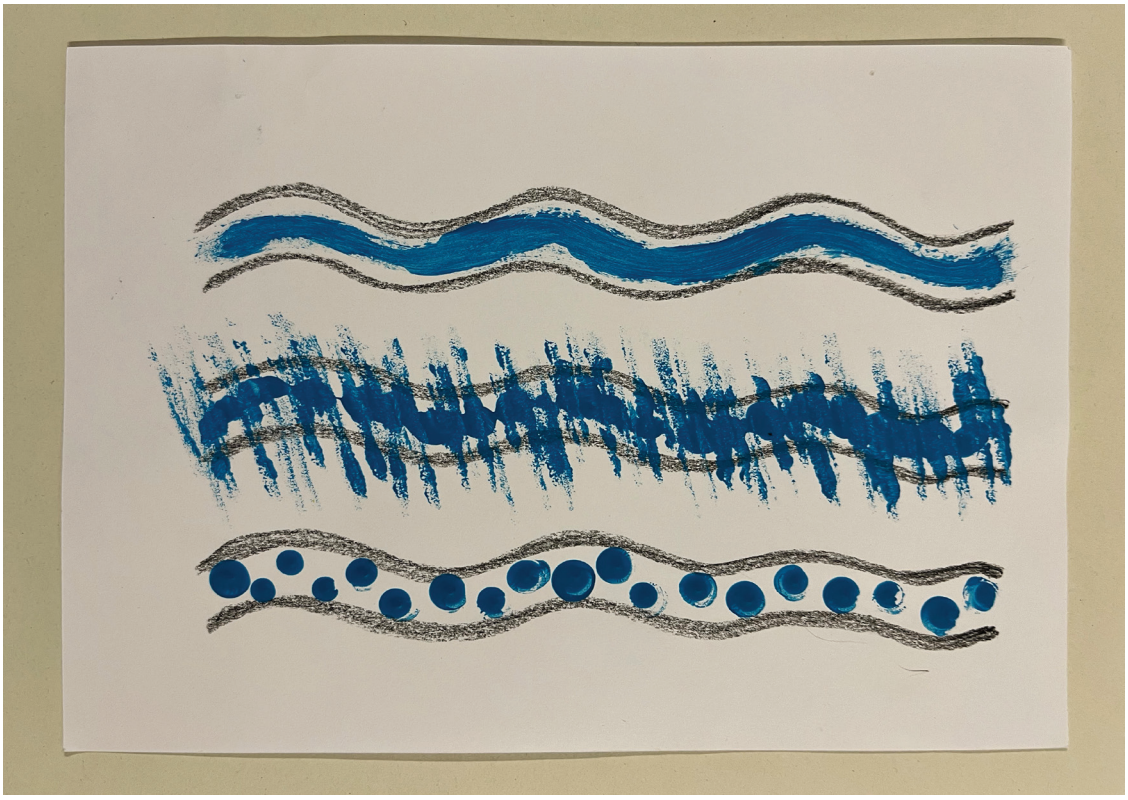
Figure 13: Consciously Rising, Artwork for Zine, (2021).

Figure 14: Consciously Rising, Artwork for Zine, (2021).



Figure 15: Consciously Rising, Print layout for Zine, (2021).

Figure 16: Consciously Rising, Print layout for Zine, (2021).



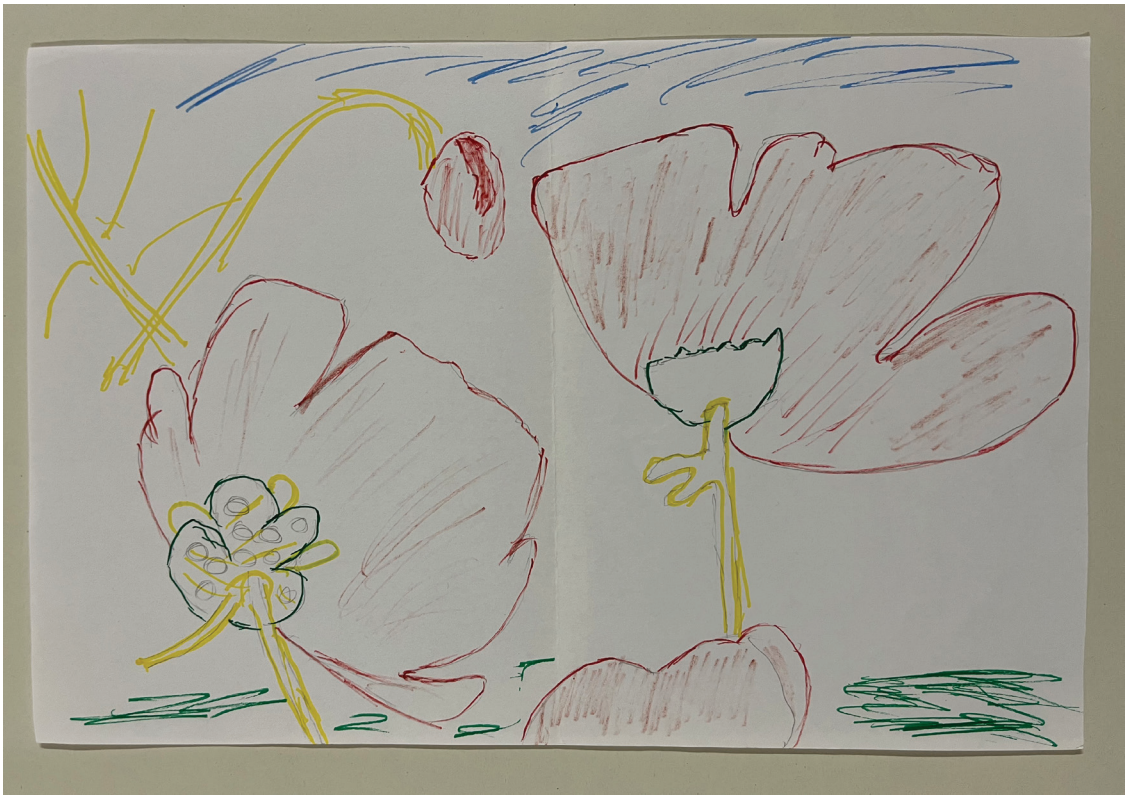
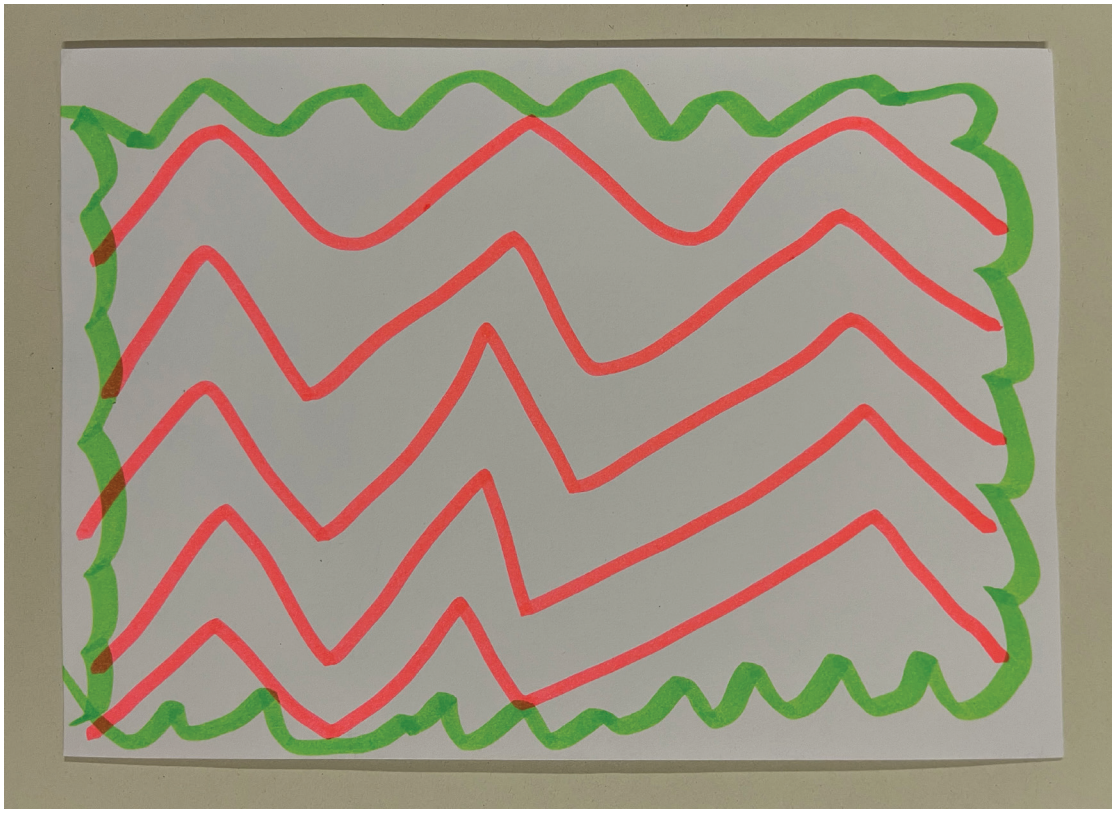


Figure 17: Consciously Rising, Artwork for Zine, (2021).

Figure 18: Consciously Rising, Artwork for Zine, (2021).



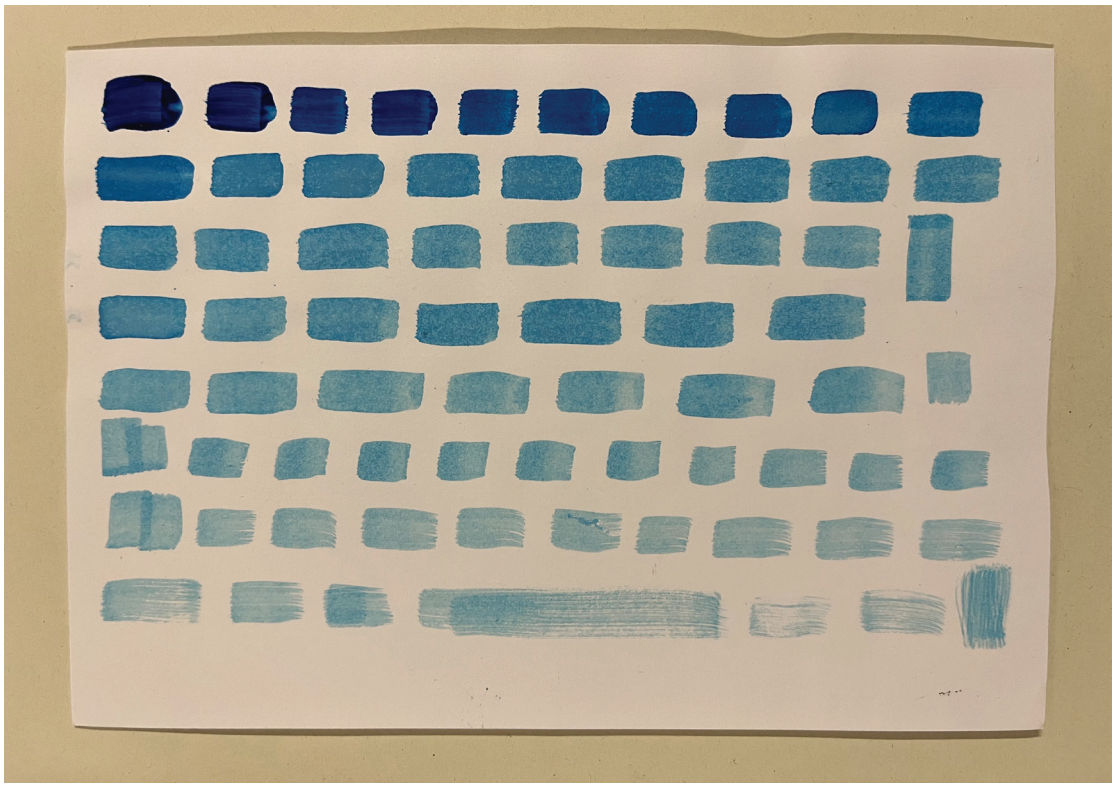


Figure 19: Consciously Rising, Artwork for Zine, (2021).

Figure 20: Consciously Rising, Artwork for Zine, (2021).



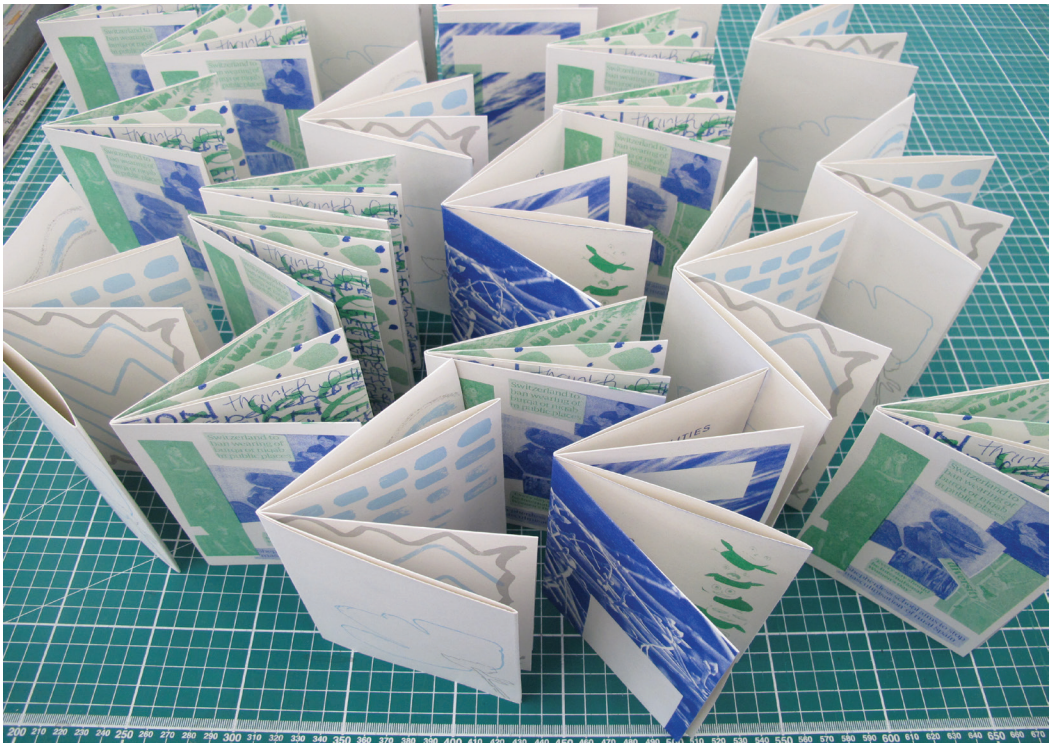


Figure 21: Consciously Rising, *Zines 1, 2 & 3,* (2021).

Figure 22: Consciously Rising, *Zines 1, 2 & 3*, (2021).

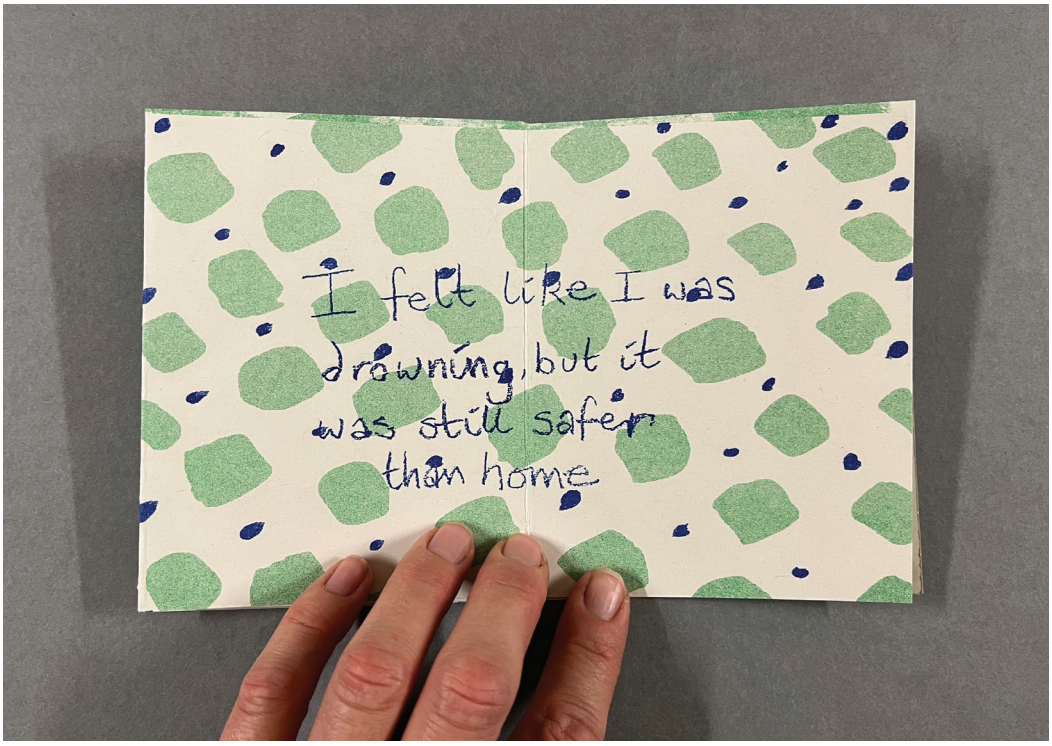
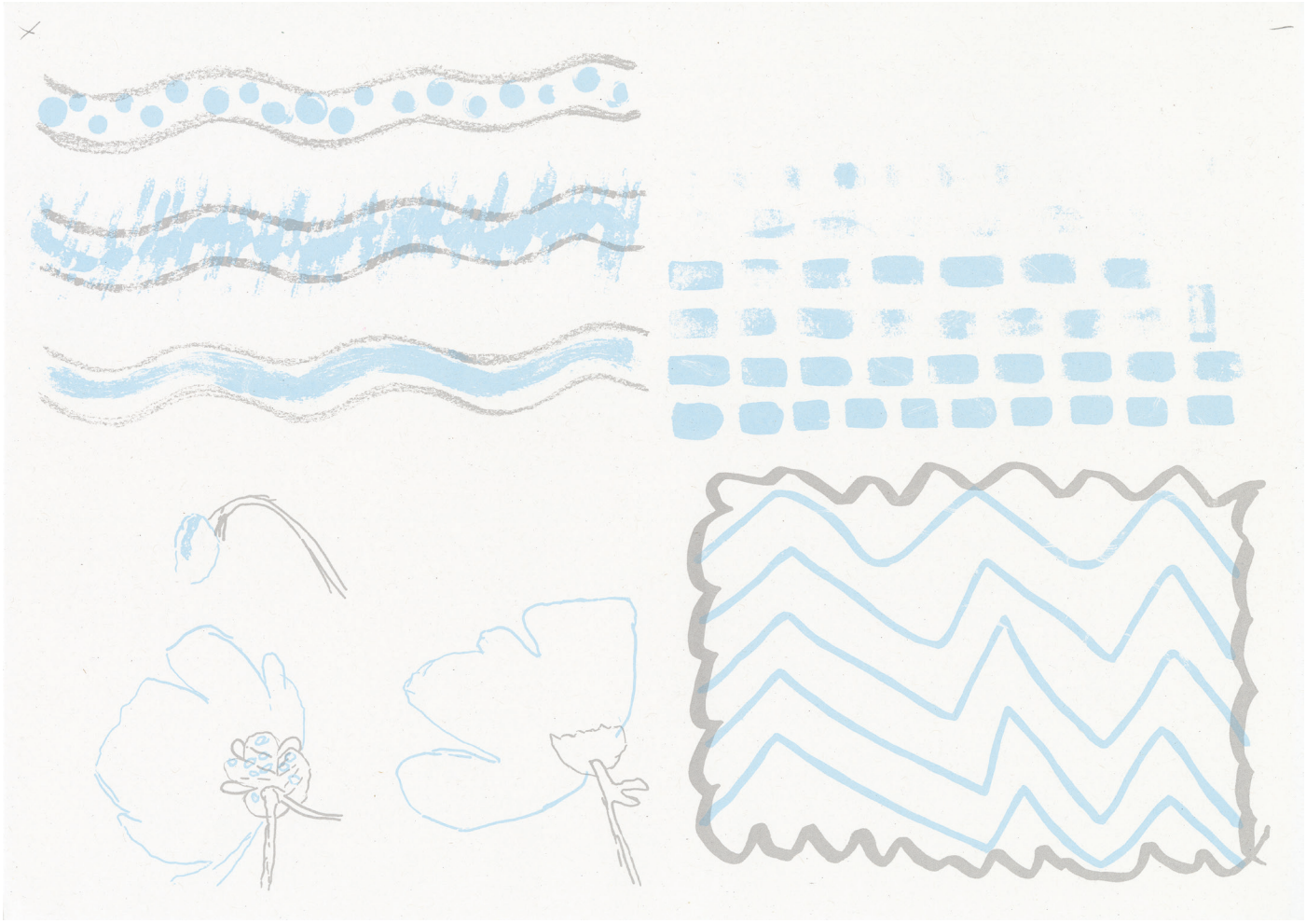




Figure 23: Consciously Rising, *Zine 1*, (2021).

Figure 24: Consciously Rising, *Zine 1*, (2021).



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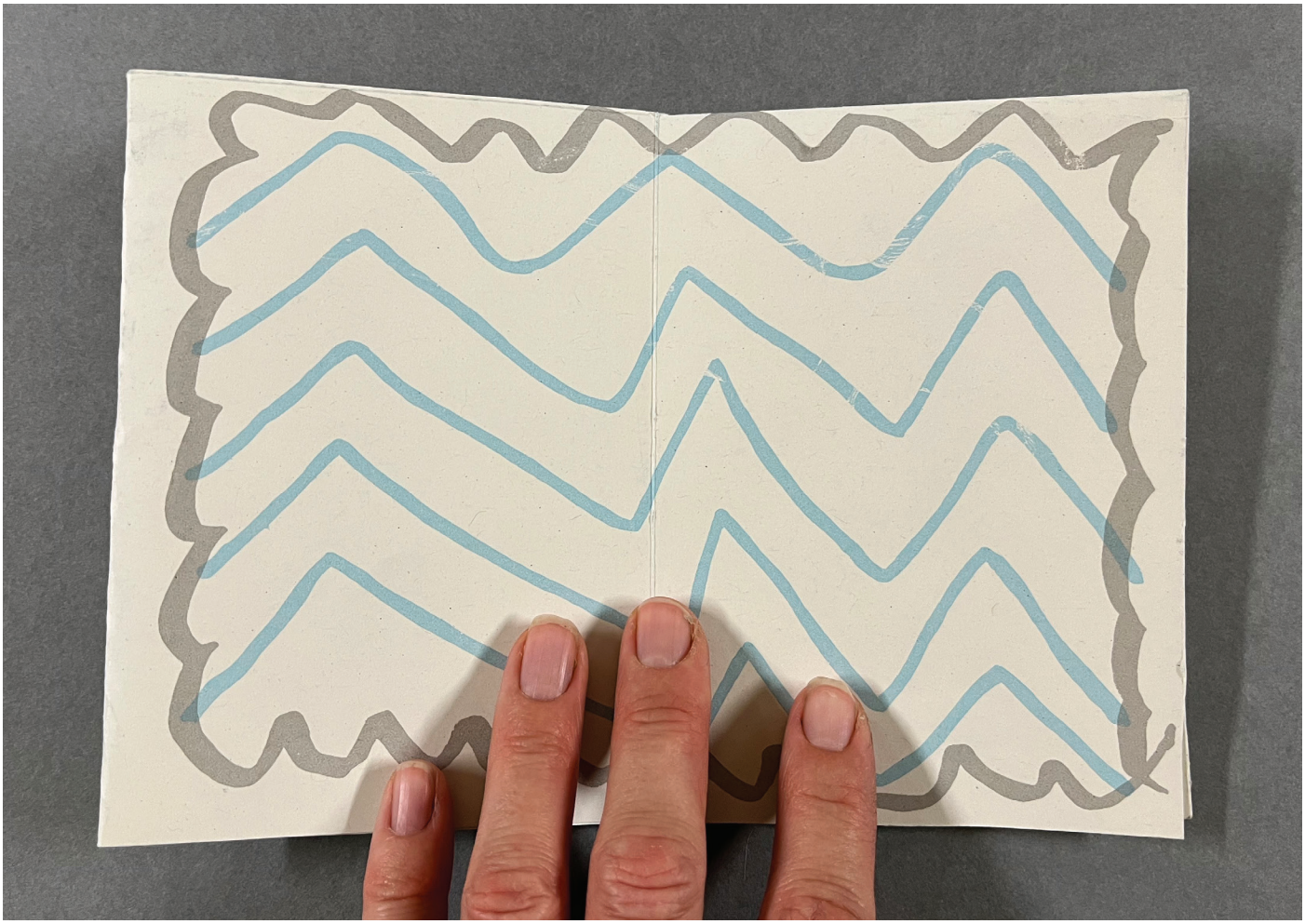
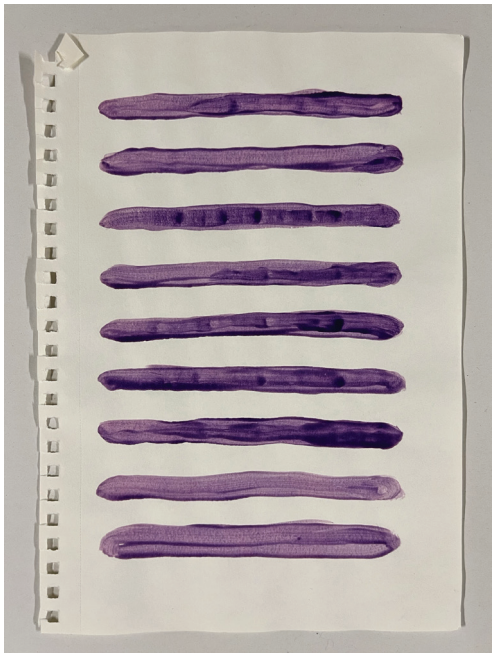
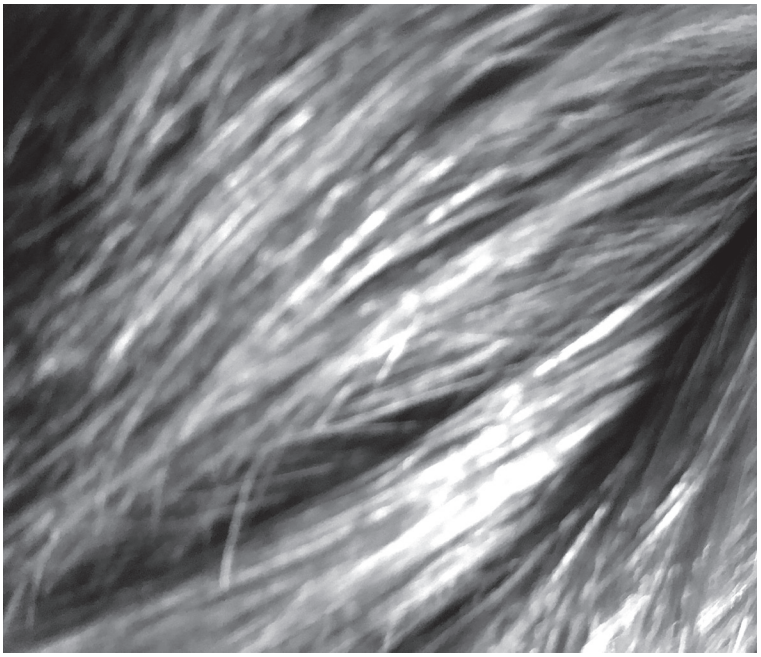


Figure 26: Consciously Rising, *Zine 2*, (2021).





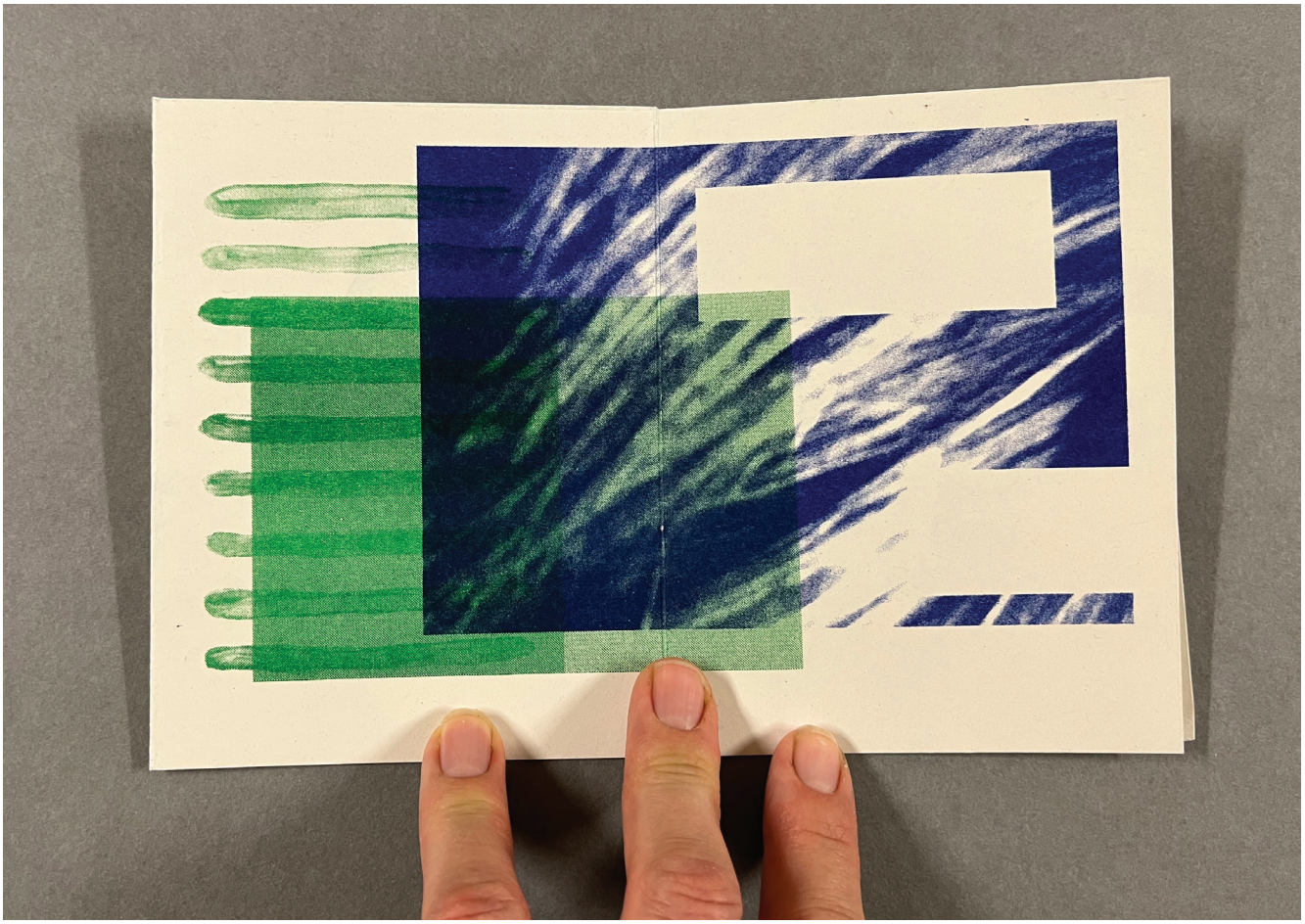
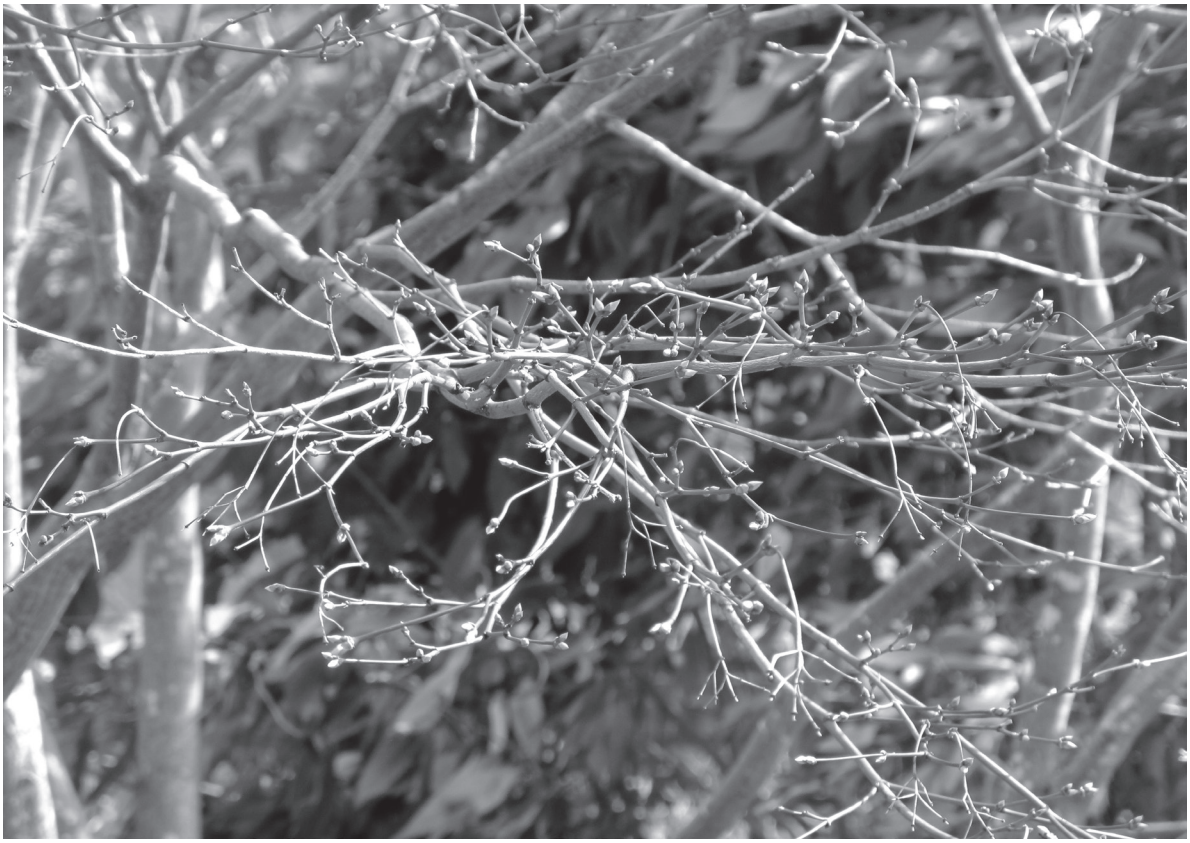


Figure 27: Consciously Rising, Artwork for Zine, (2021).

Figure 28: Consciously Rising, Artwork for Zine, (2021).

Figure 29: Consciously Rising, *Zine 3*, (2021).



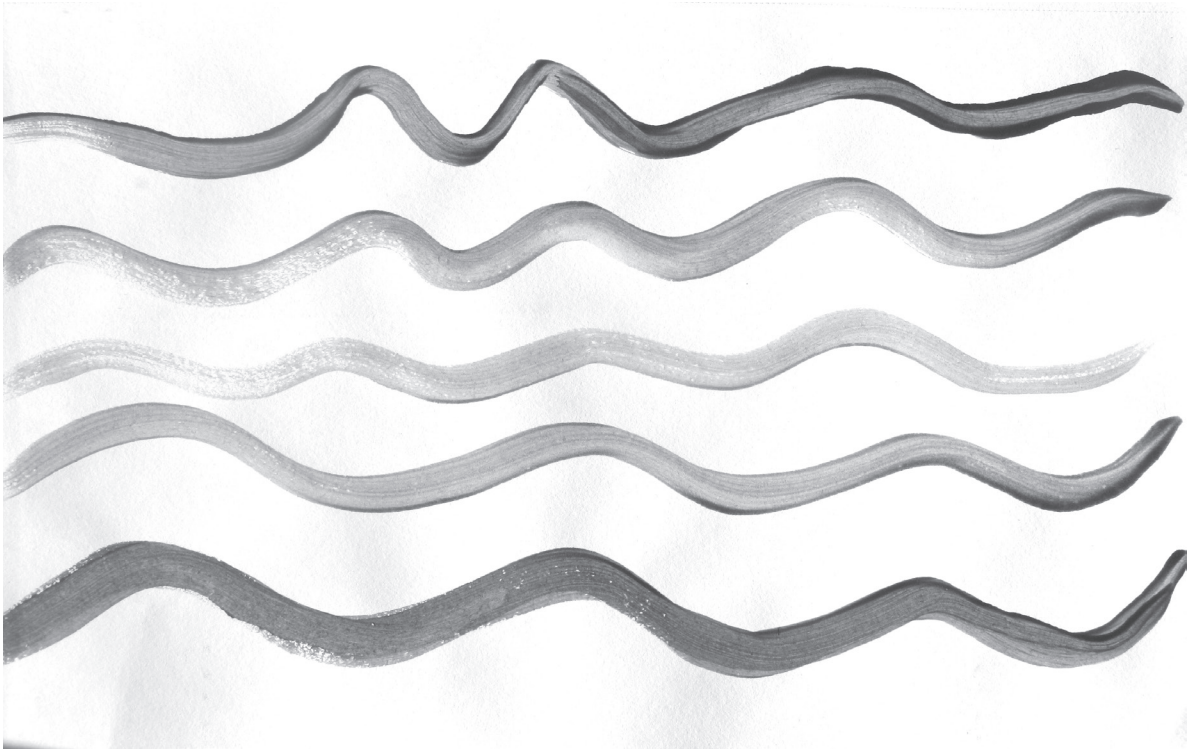


Figure 30: Consciously Rising, Artwork for Zine, (2021).

Figure 31: Consciously Rising, Artwork for Zine, (2021).



Figure 32: Consciously Rising, *Zine 3*, (2021).



Figure 33: Consciously Rising, *Zines 1, 2 & 3*, (2021).

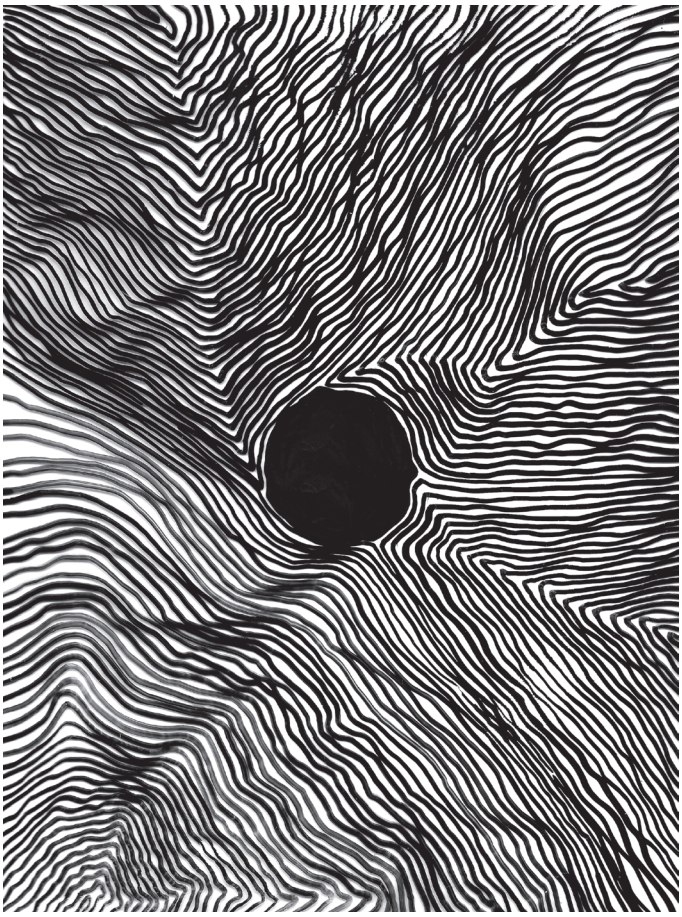




Figure 34: Consciously Rising, Artwork for Riso print, (2021).

Figure 35: Consciously Rising, Riso print, (2021).



Figure 36: Consciously Rising, Artwork for Riso print, (2021).

I think it's about power

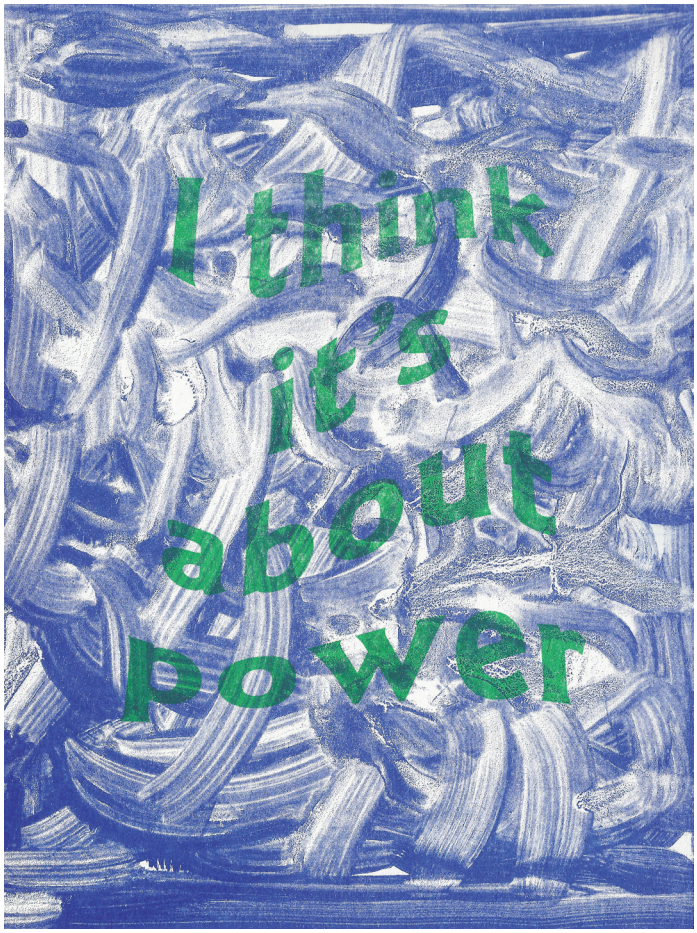


Figure 37: Consciously Rising, Artwork for Riso print, (2021).

Figure 38: Consciously Rising, Riso print, (2021).



After my sister and I were born,
my mother never went back to work.
I don't believe that this was her choice.

Figure 39: Consciously Rising, Artwork for Riso print, (2021).

Figure 40: Consciously Rising, Artwork for Riso print, (2021).

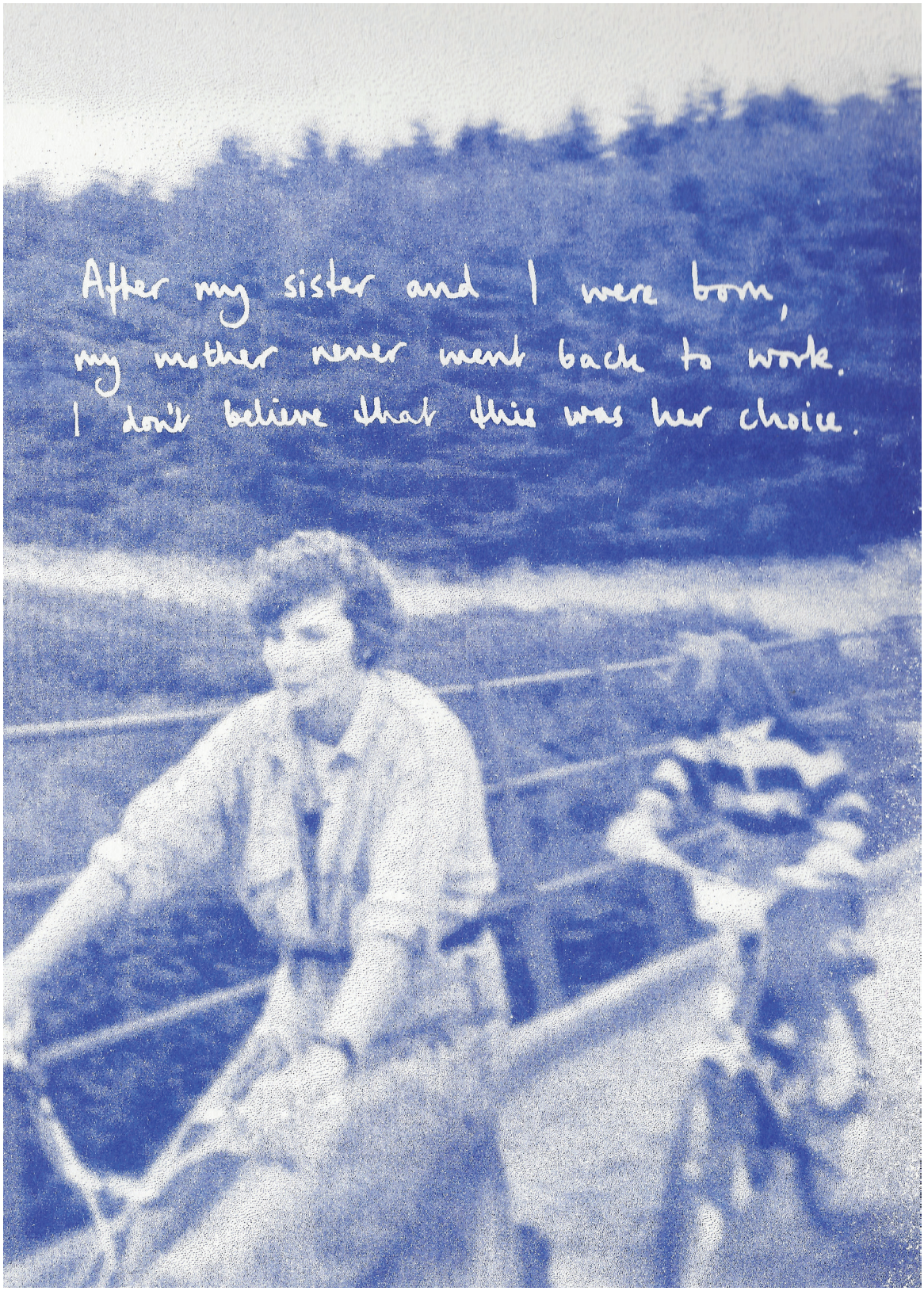
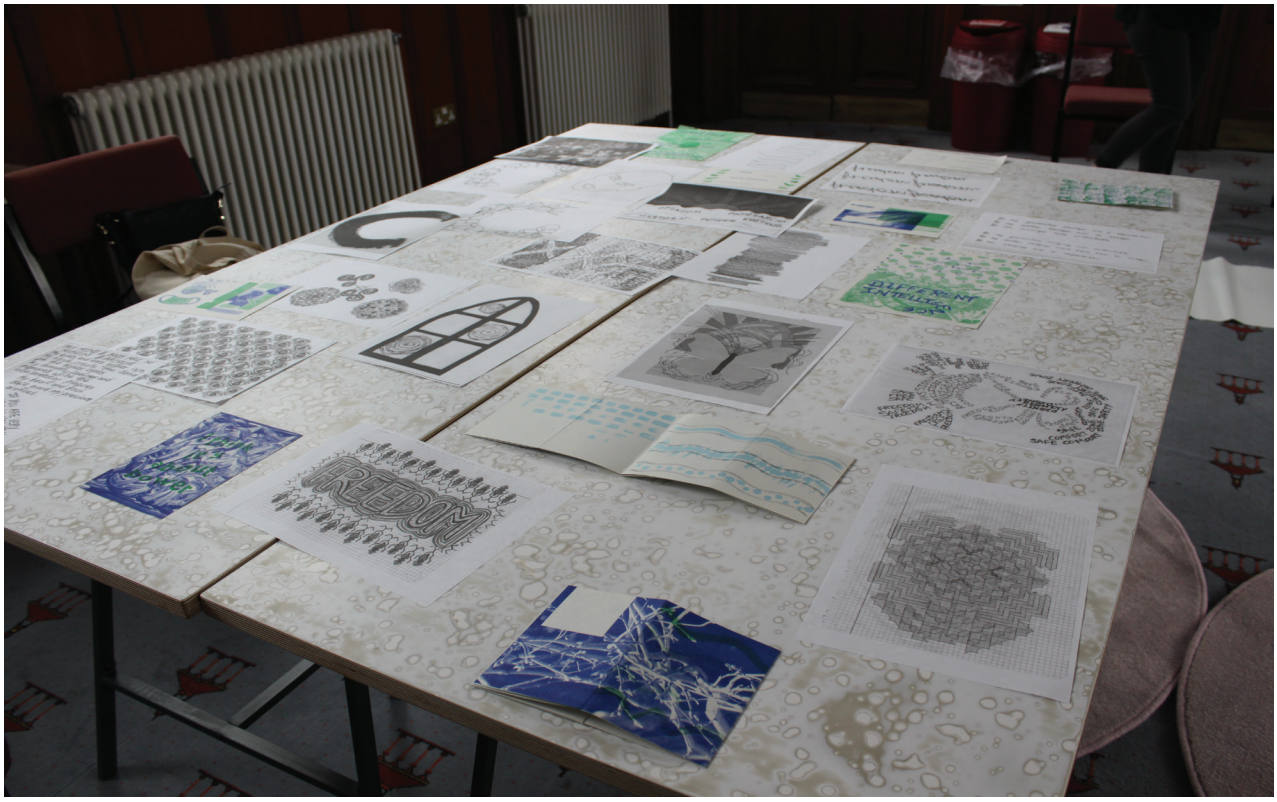


Figure 41: Consciously Rising, Riso print, (2021).

IN-PERSON SESSIONS

SESSION ONE



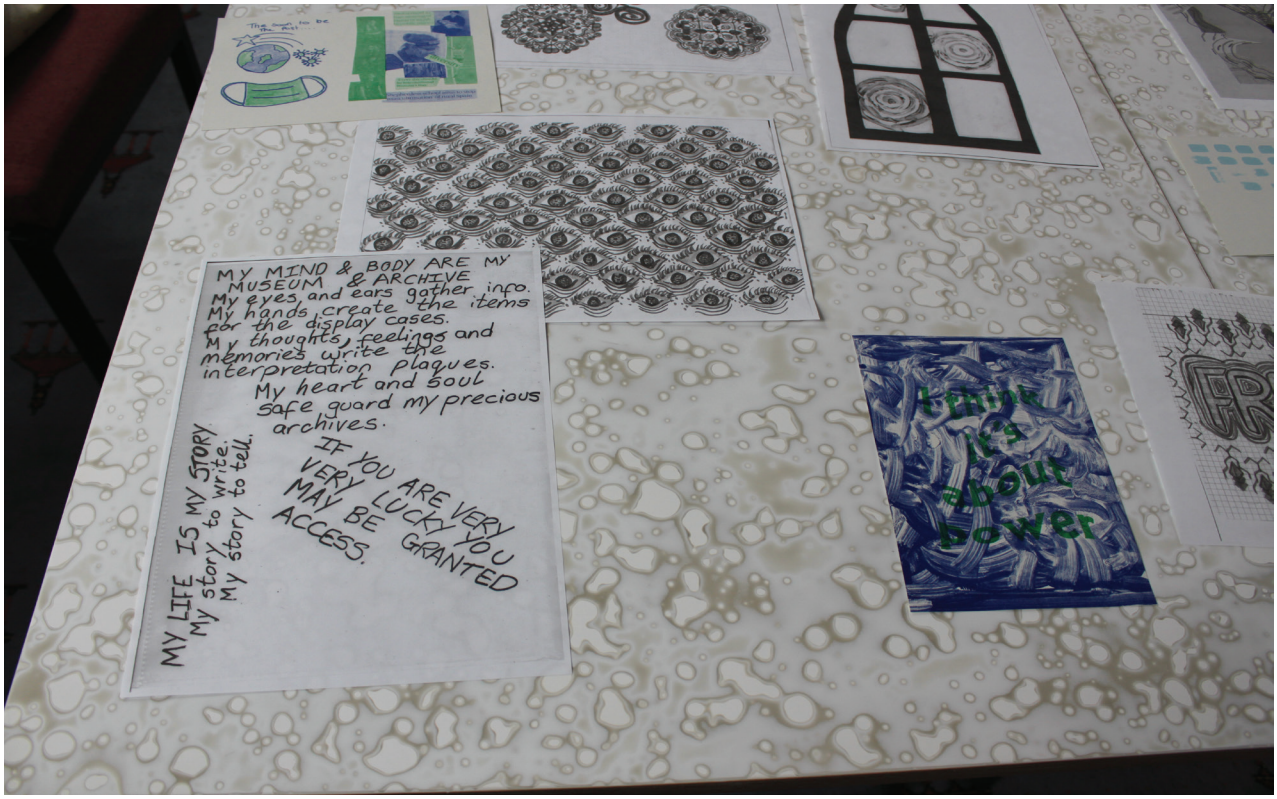
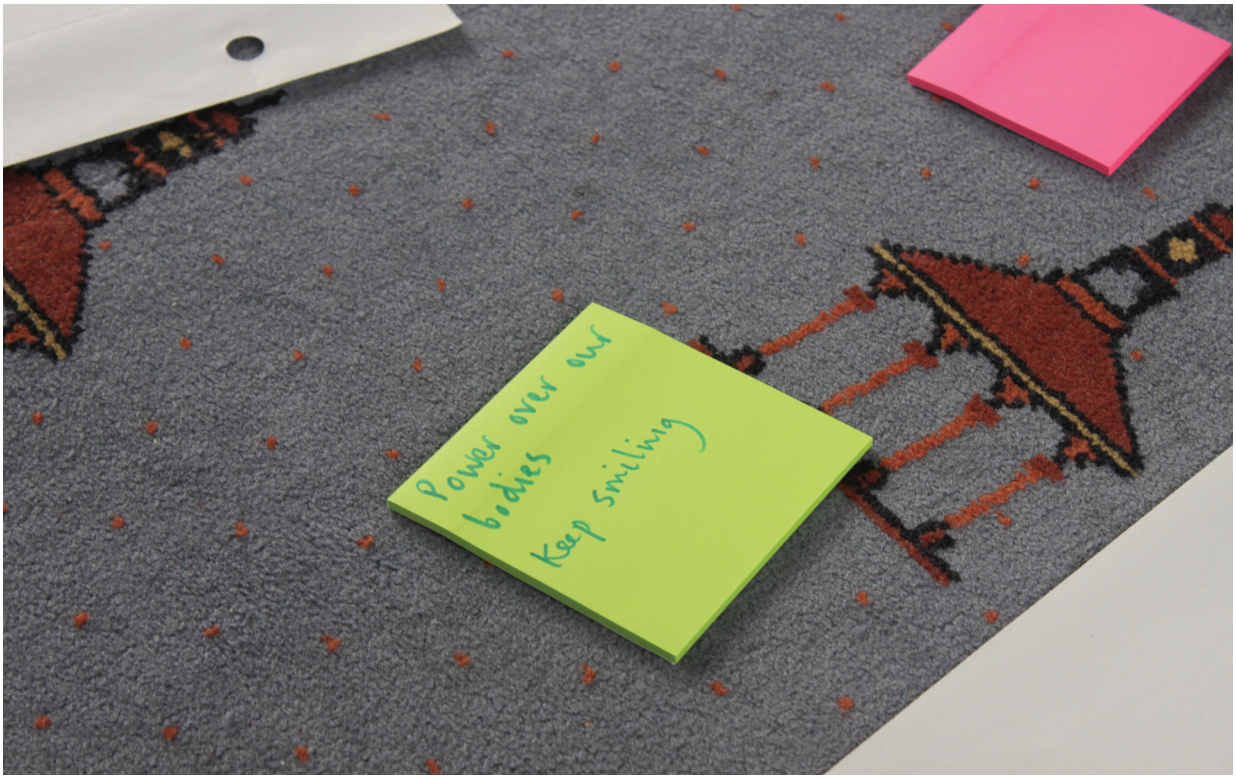


Figure 42: Consciously Rising, In-person session, (2021).

Figure 43: Consciously Rising, In-person session, (2021).



Figure 44: Consciously Rising, In-person session, (2021).



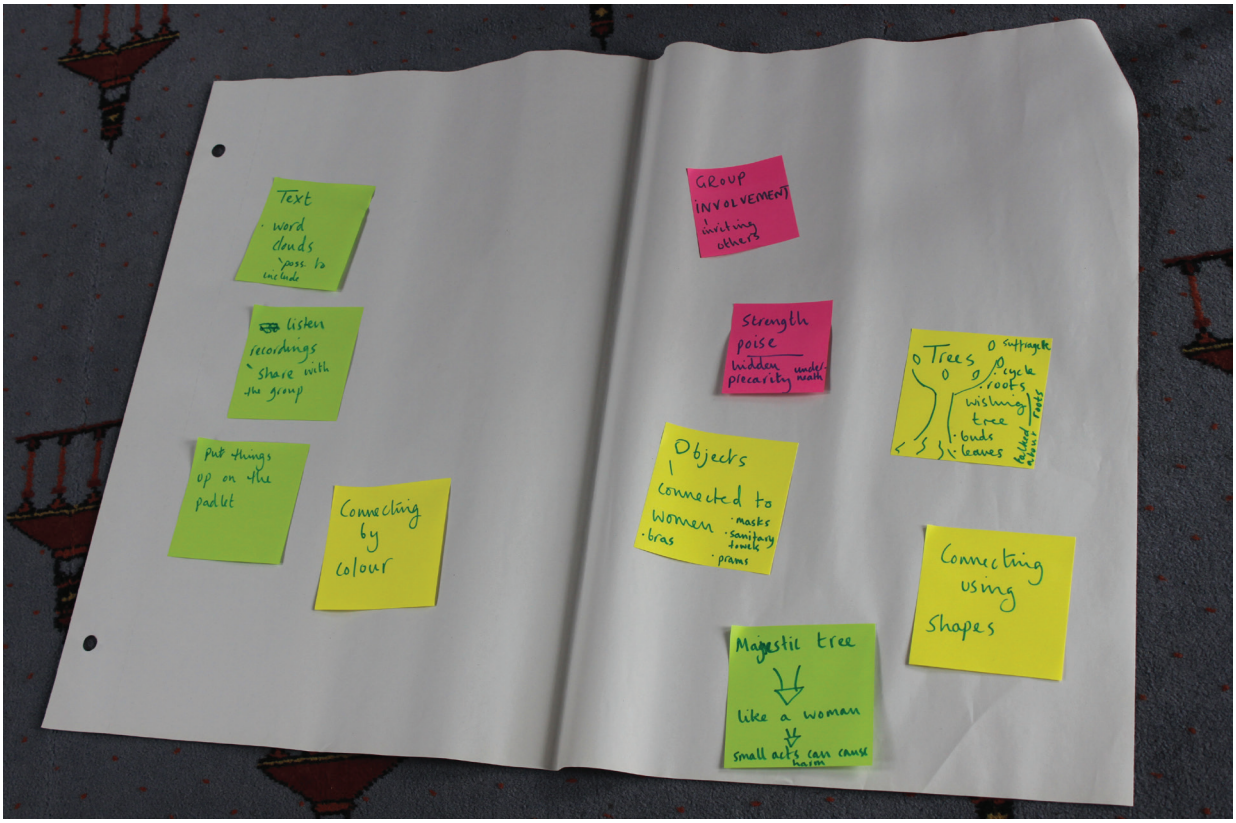


Figure 45: Consciously Rising, In-person session, (2021).

Figure 46: Consciously Rising, In-person session, (2021).

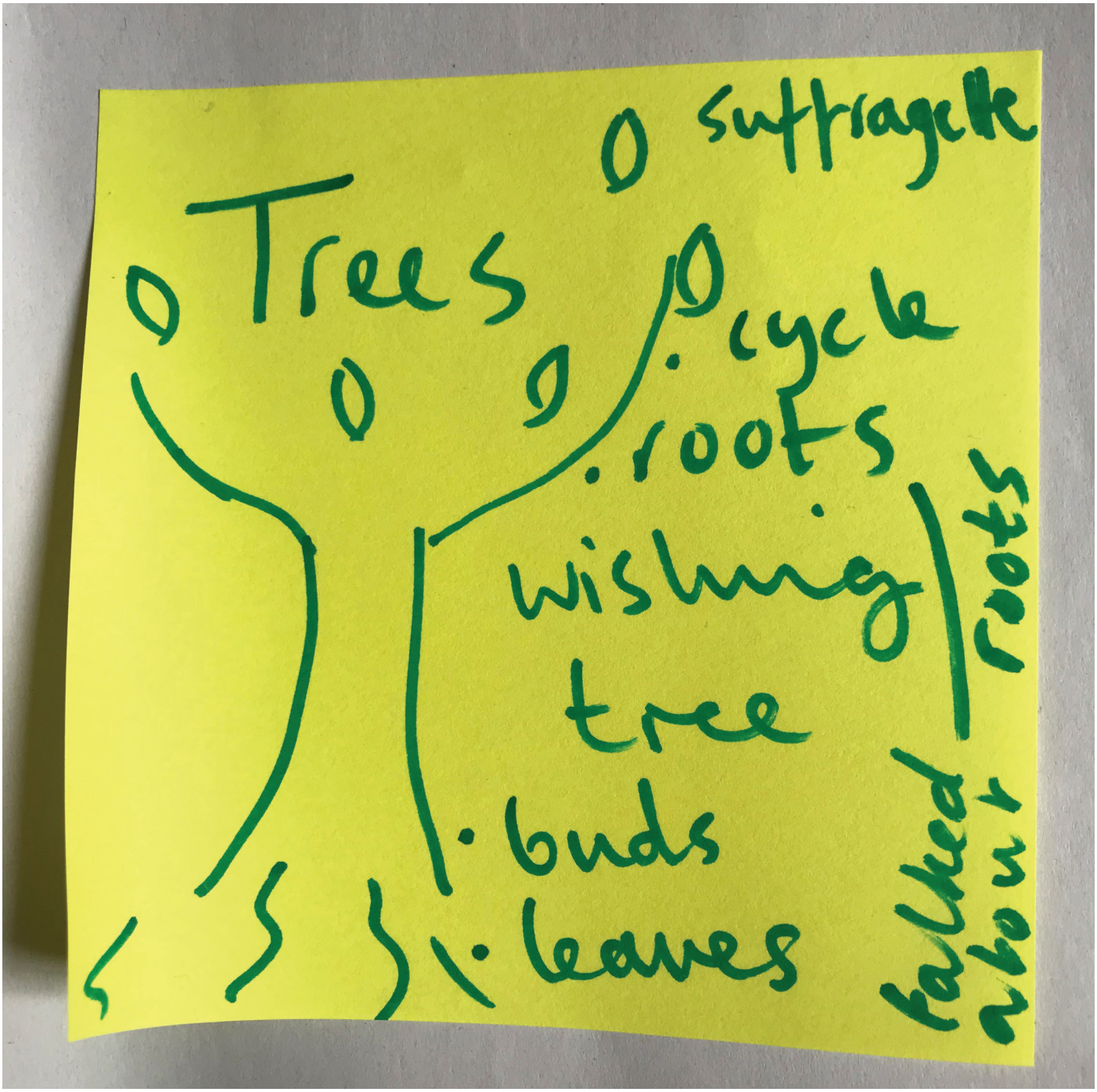
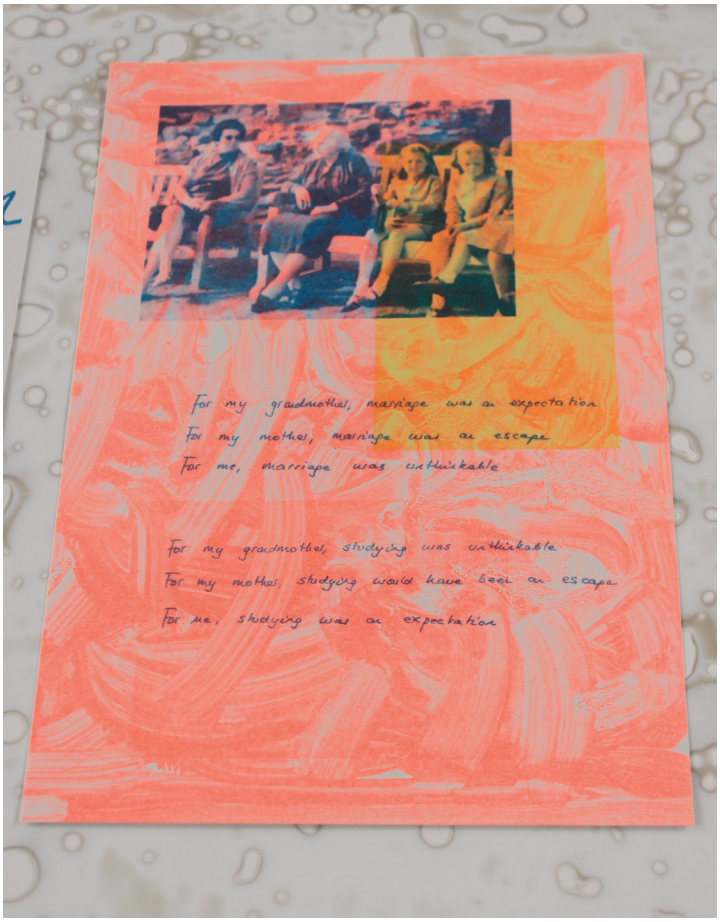


Figure 47: Consciously Rising, In-person session, (2021).

SESSION TWO



Figure 48: Consciously Rising, In-person session, (2021).



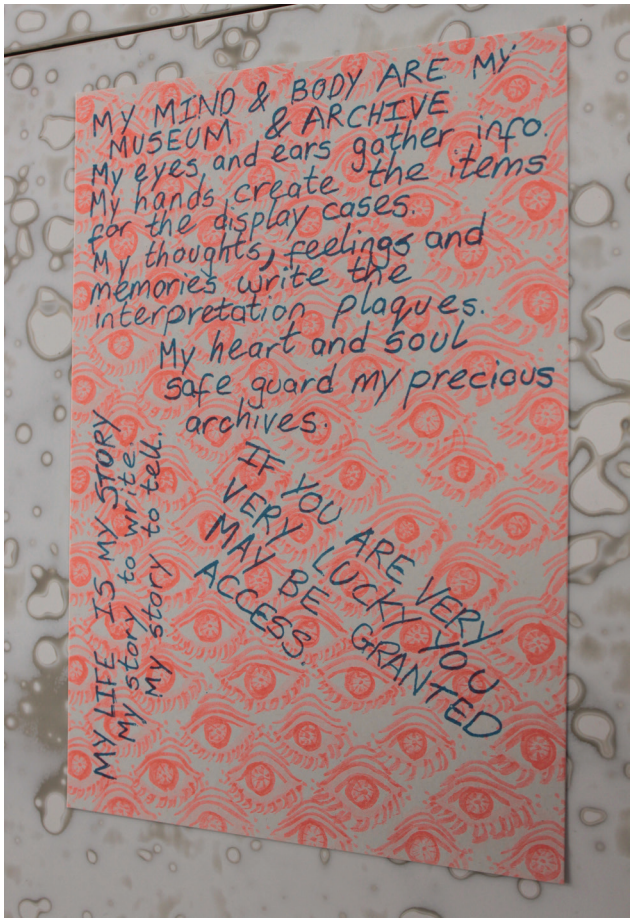


Figure 49: Consciously Rising, In-person session, (2021).

Figure 50: Consciously Rising, In-person session, (2021).



Figure 51: Consciously Rising, In-person session, (2021).

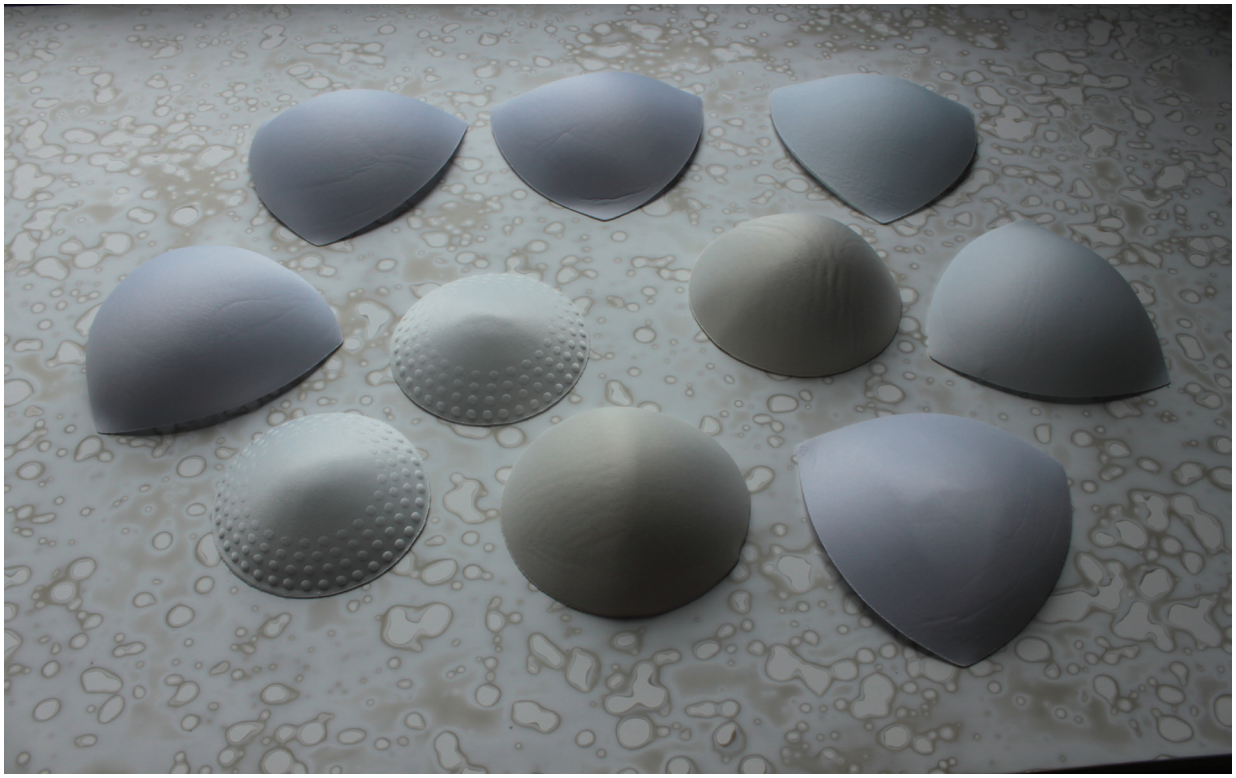




Figure 52: Consciously Rising, In-person session, (2021).

Figure 53: Consciously Rising, In-person session, (2021).

SESSION THREE



Figure 54: Consciously Rising, In-person session, (2021).



Figure 55: Consciously Rising, In-person session, (2021).

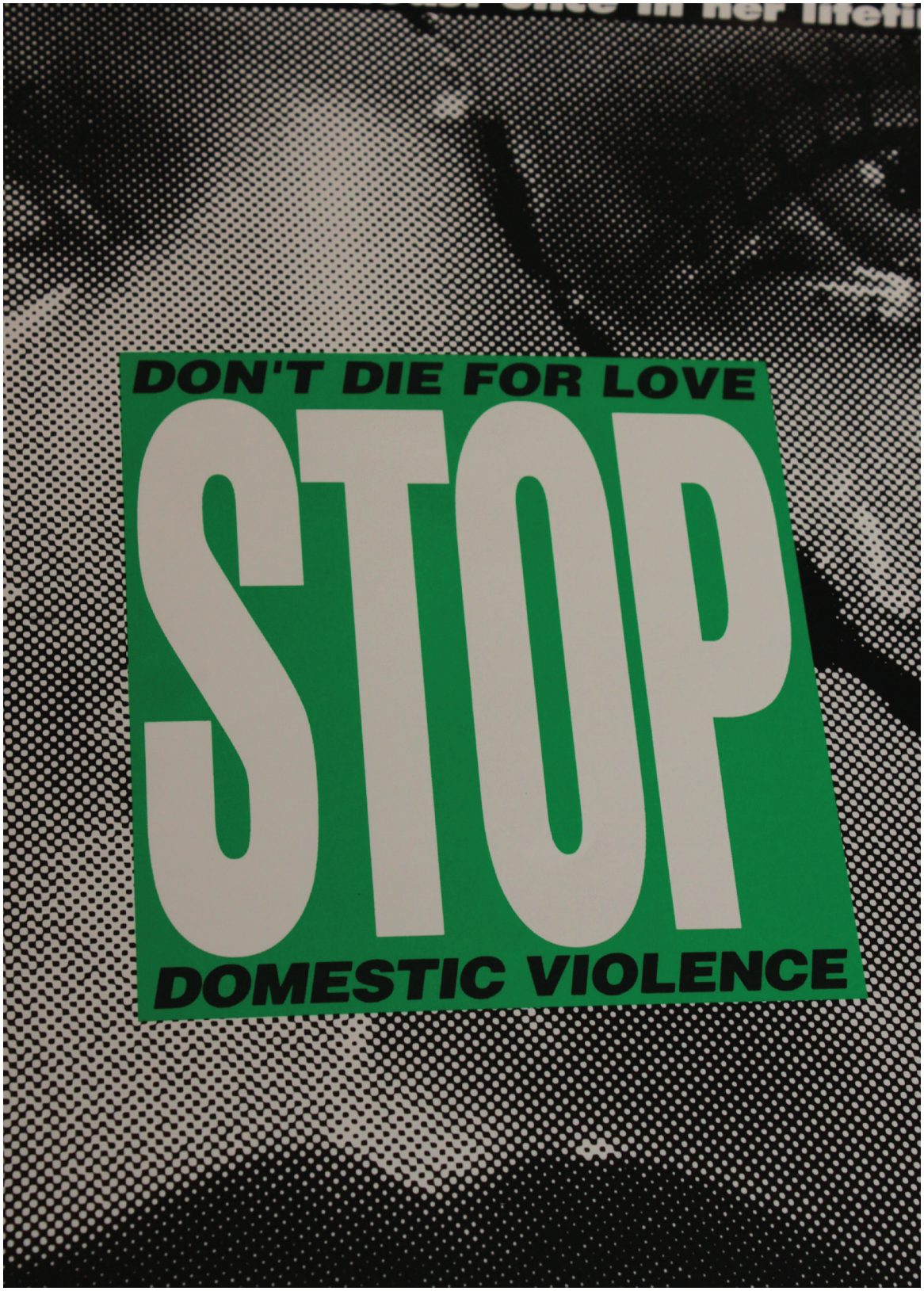


Figure 56: Consciously Rising, In-person session, (2021).

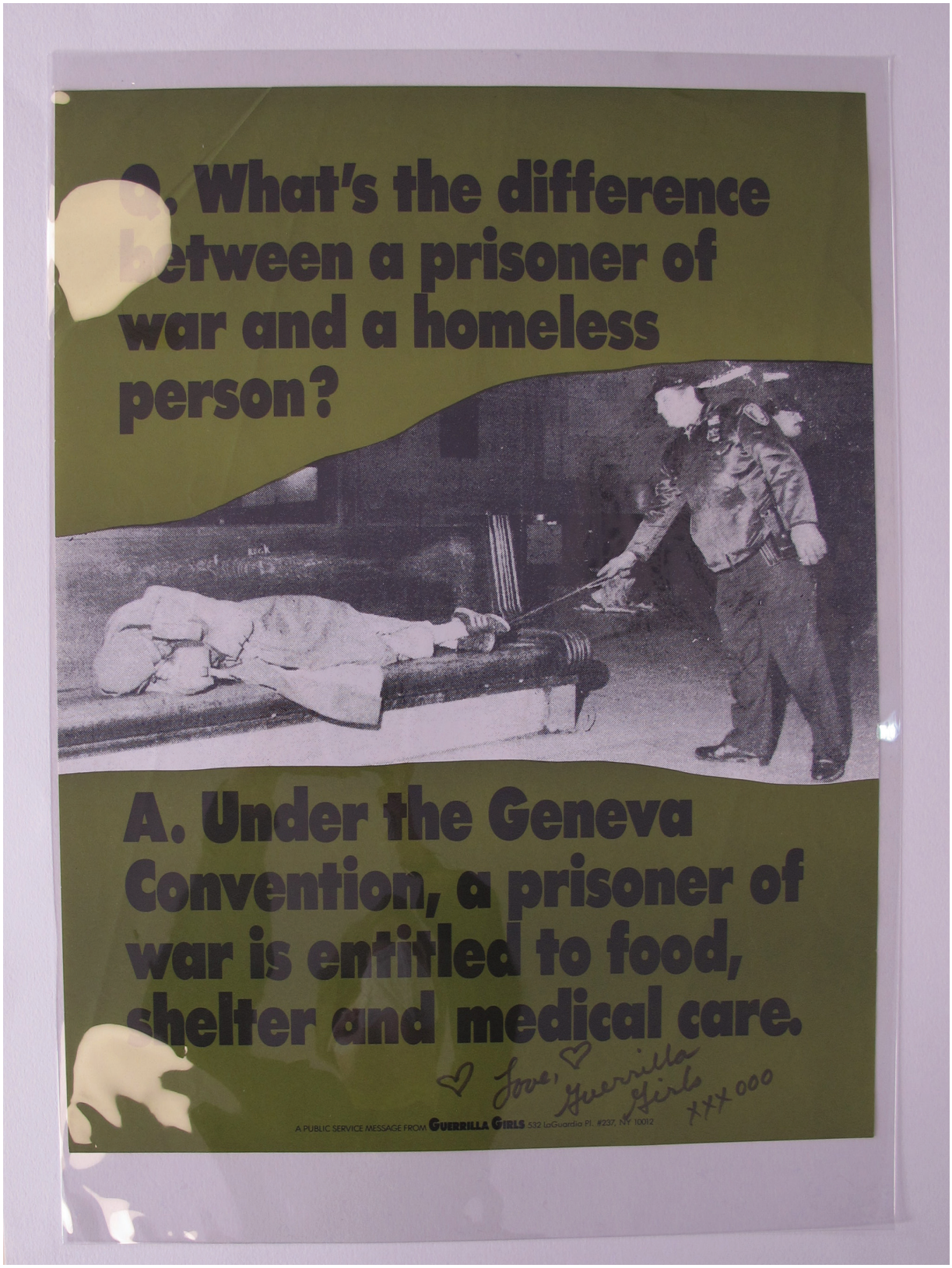


Figure 57: Consciously Rising, In-person session, (2021).



Figure 58: Consciously Rising, In-person session, (2021).



Figure 59: Consciously Rising, In-person session, (2021).



Figure 60: Consciously Rising, In-person session, (2021).



Figure 61: Consciously Rising, In-person session, (2021).

SESSION FOUR





Figure 62: Consciously Rising, In-person session, (2021).

Figure 63: Consciously Rising, In-person session, (2021).

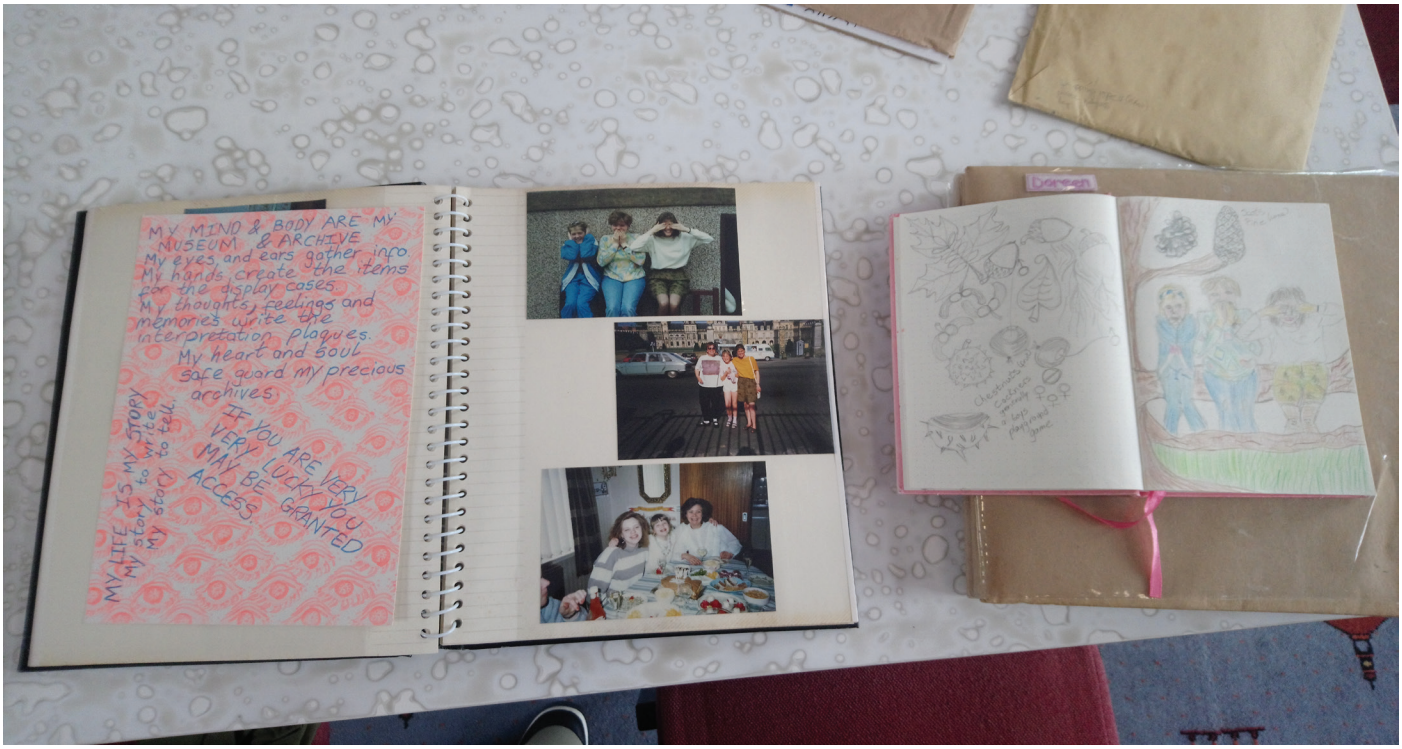




Figure 64: Consciously Rising, In-person session, (2021).

Figure 65: Consciously Rising, In-person session, (2021).



Figure 66: Consciously Rising, In-person session, (2021).



Figure 67: Consciously Rising, In-person session, (2021).

SESSION FIVE





Figure 68: Consciously Rising, In-person session, (2021).

Figure 69: Consciously Rising, In-person session, (2021).



Figure 70: Consciously Rising, In-person session, (2021).



Figure 71: Consciously Rising, In-person session, (2021).

SESSION SIX



Figure 72: Consciously Rising, In-person session, (2021).





Figure 73: Consciously Rising, In-person session, (2021).

Figure 74: Consciously Rising, In-person session, (2021).





Figure 75: Consciously Rising, In-person session, (2021).

Figure 76: Consciously Rising, In-person session, (2021).



Figure 77: Consciously Rising, In-person session, (2021).

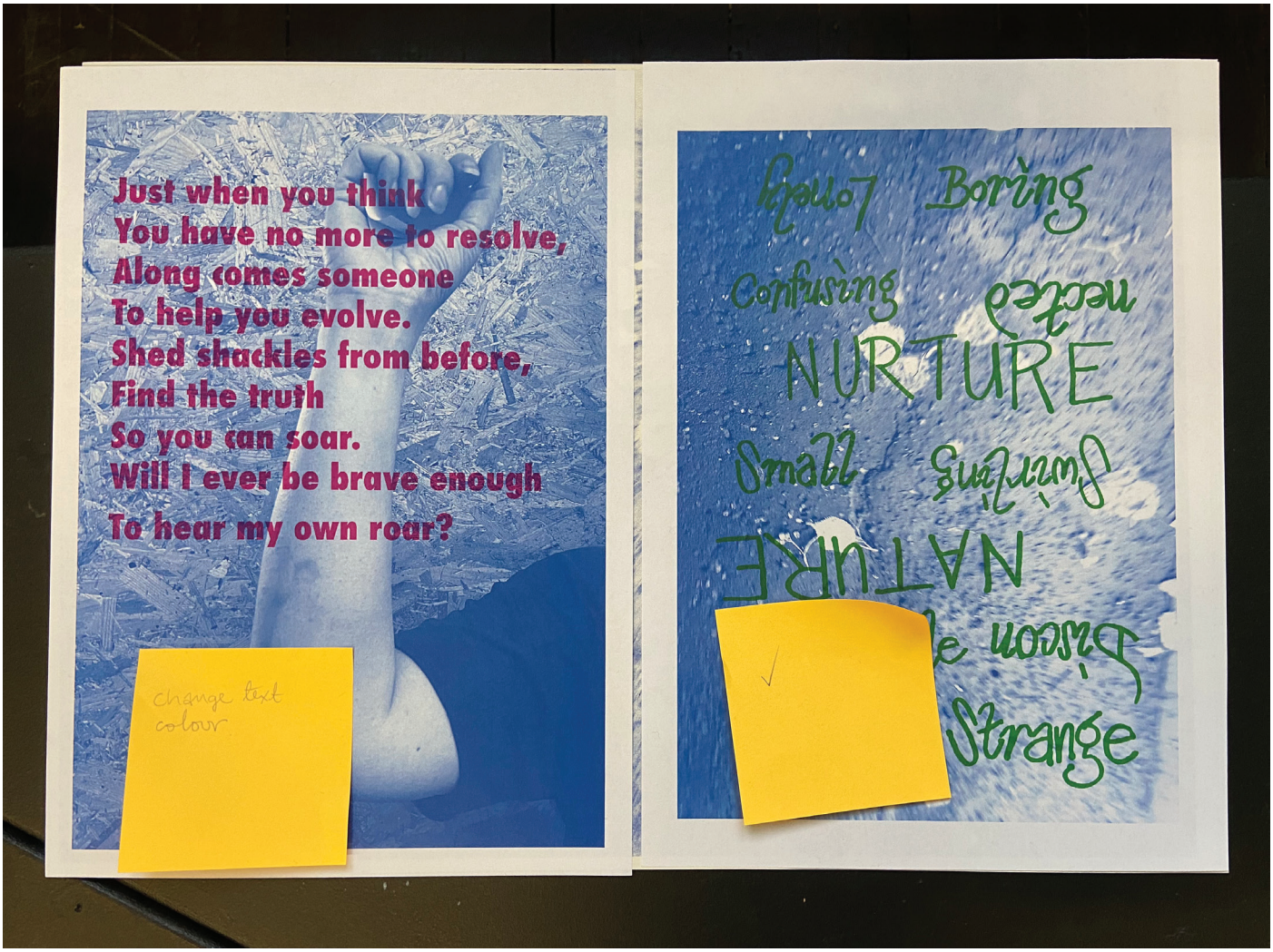


Figure 78: Consciously Rising, In-person session, (2021).



Figure 79: Consciously Rising, In-person session, (2021).



Figure 80: Consciously Rising, In-person session, (2021).

RISO WORKSHOP
WILD PRESS

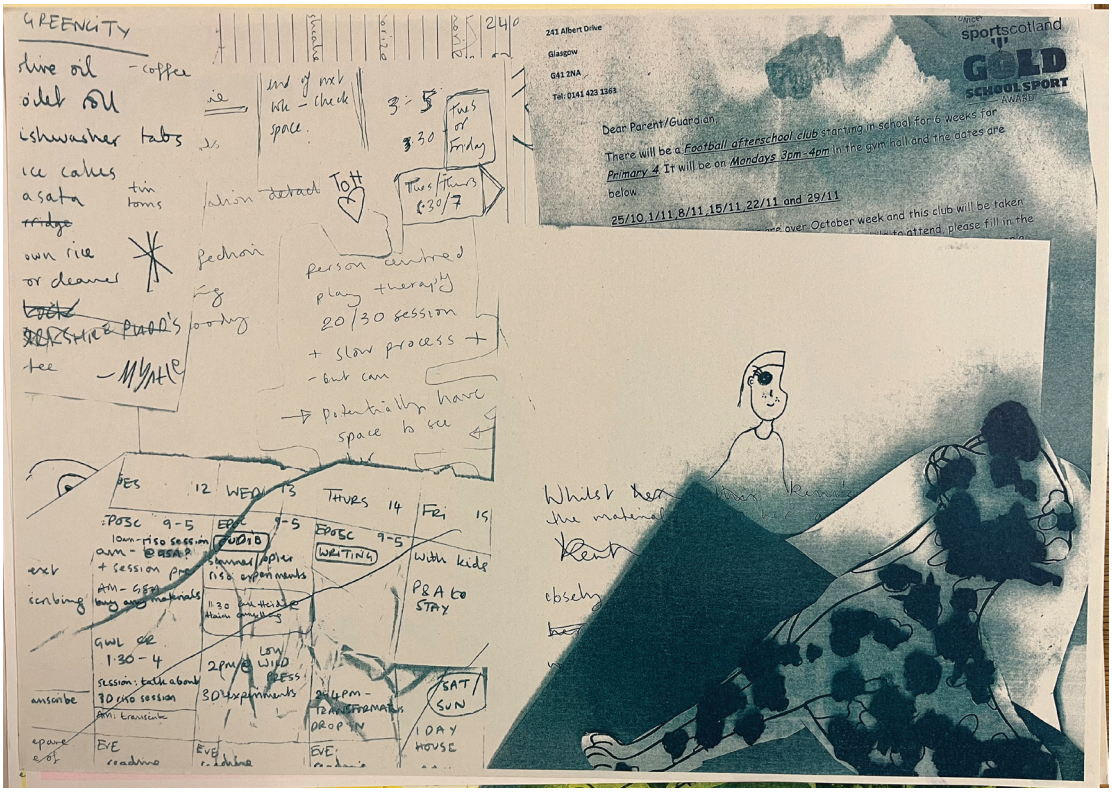




Figure 81: Consciously Rising, Riso print, (2021).

Figure 82: Consciously Rising, Riso print, (2021).



Figure 83: Consciously Rising, Riso workshop at Wild Press, (2021).



Figure 84: Consciously Rising, Riso workshop at Wild Press, (2021).



Figure 85: Consciously Rising, Riso workshop at Wild Press, (2021).



Figure 86: Consciously Rising, Riso workshop at Wild Press, (2021).



Figure 87: Consciously Rising, Riso workshop at Wild Press, (2021).

WORKS IN PROGRESS



Figure 88: Consciously Rising, Work in progress for *Prints 4a* and *4b*, (2021).



Figure 89: Consciously Rising, Work in progress for *Prints 5a* and *5b*, (2021).



Figure 90: Consciously Rising, Work in progress for *Print 7*, (2021).

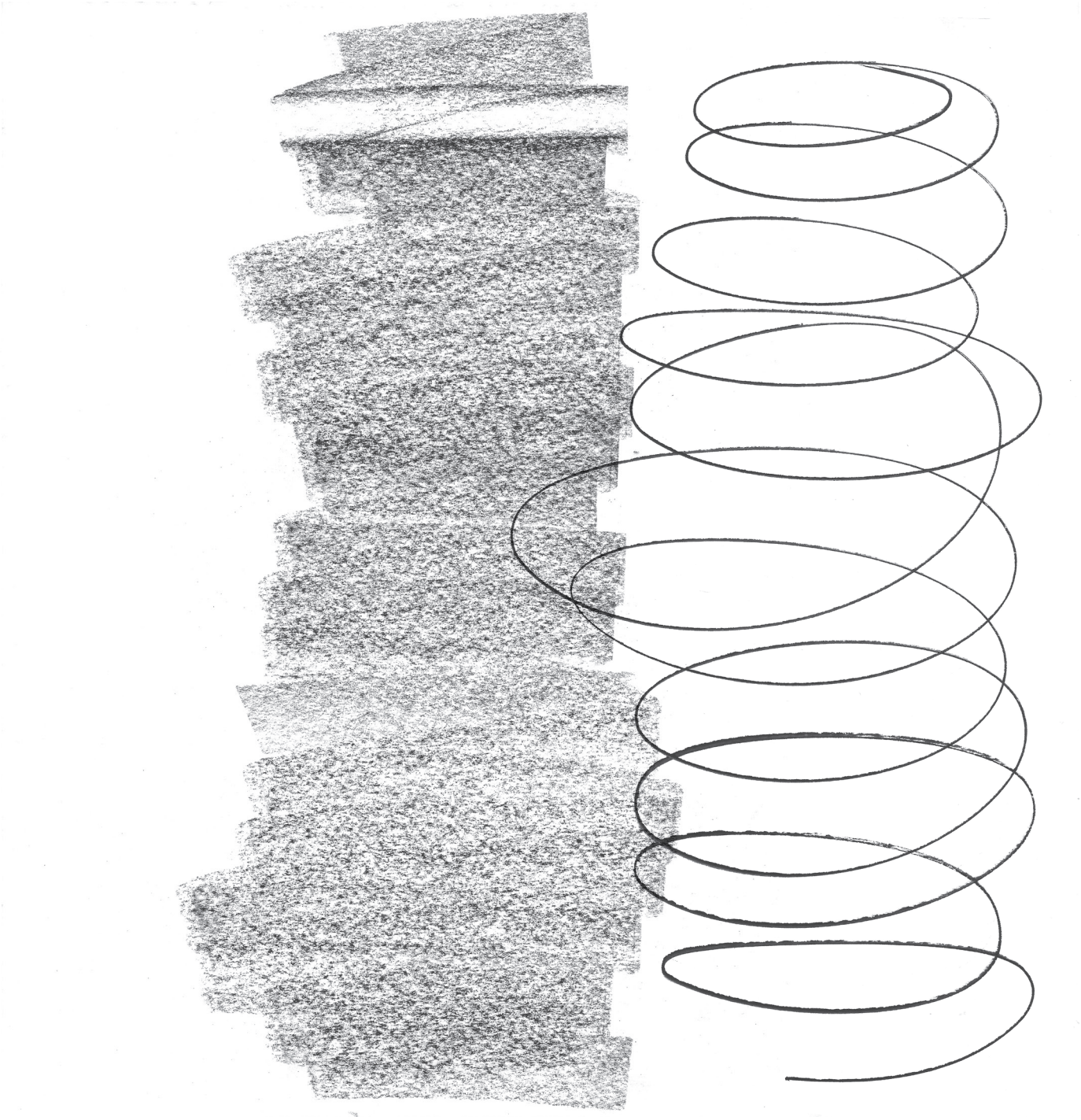


Figure 91: Consciously Rising, Work in progress for *Print 7*, (2021).

Figure 92: Consciously Rising, Work in progress for *Print 7*, (2021).

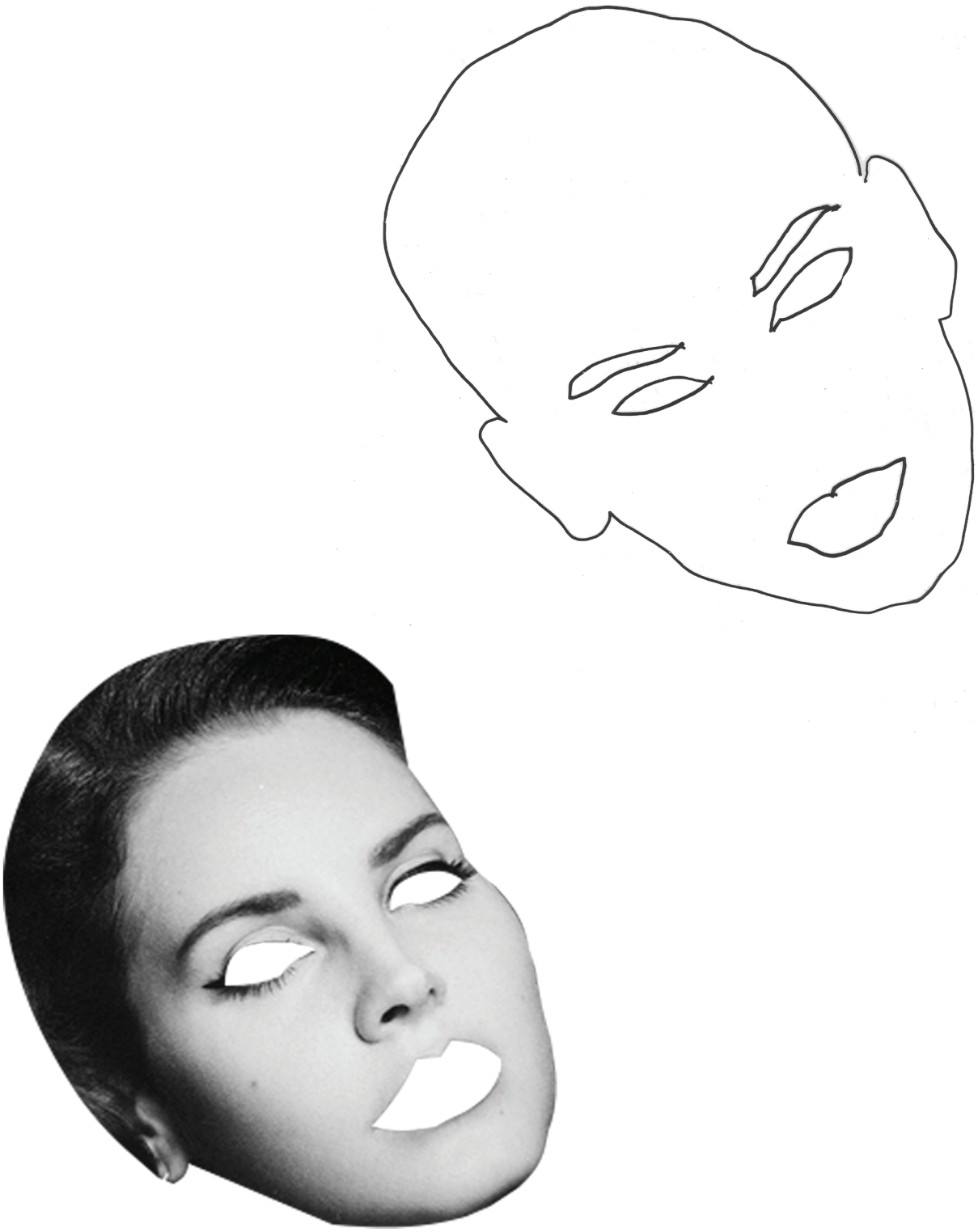


Figure 93: Consciously Rising, Work in progress for *Print 7*, (2021).

Figure 94: Consciously Rising, Work in progress for *Print 7*, (2021).



Figure 95: Consciously Rising, Work in progress for *Print 7*, (2021).

Figure 96: Consciously Rising, Work in progress for *Print 7*, (2021).



Figure 97: Consciously Rising, Work in progress for *Prints 8a, 8b, 8c and 8d*, (2021).







Figure 98: Consciously Rising, Work in progress, (2021).



Figure 99: Consciously Rising, Work in progress for *Print 9*, (2021).



Figure 100: Consciously Rising, Work in progress for *Print 9*, (2021).

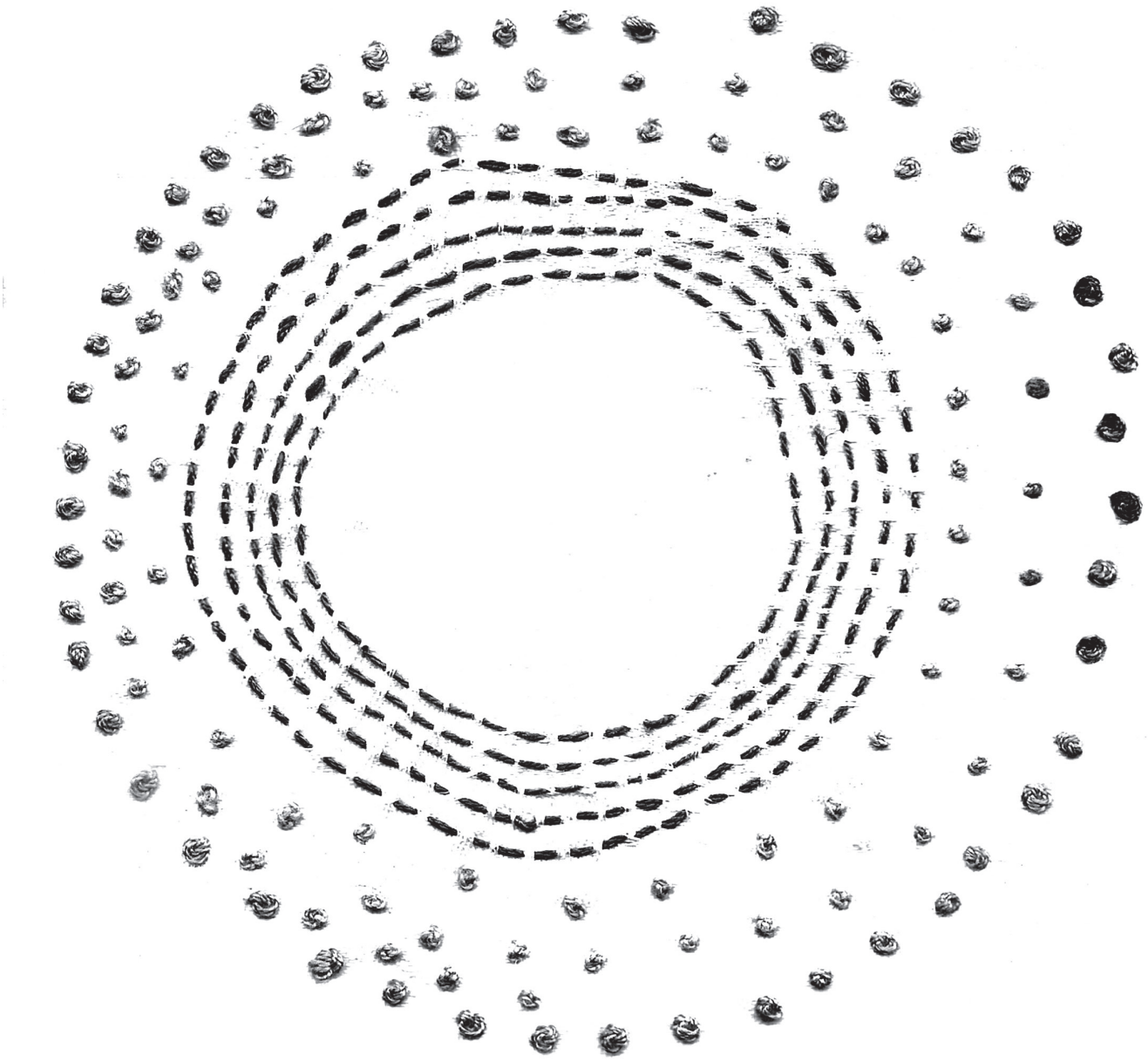


Figure 101: Consciously Rising, Work in progress for *Print 9*, (2021).



Figure 102: Consciously Rising, Work in progress for *Print 9*, (2021).

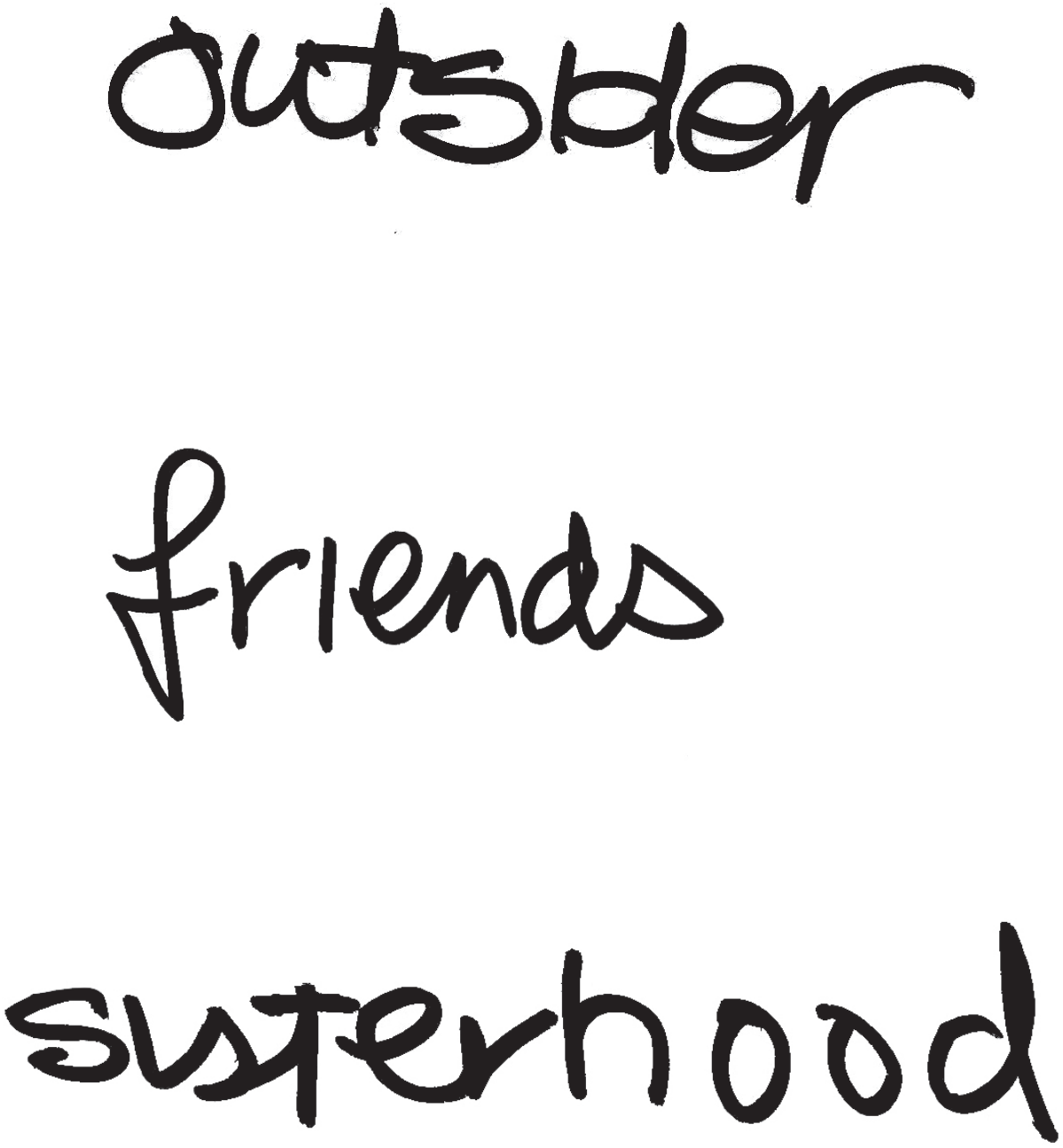


Figure 103: Consciously Rising, Work in progress for *Print 9*, (2021).



Figure 104: Consciously Rising, Digital proof for *Print 9*, (2021).



Figure 105: Consciously Rising, Digital proof for *Print 9*, (2021).



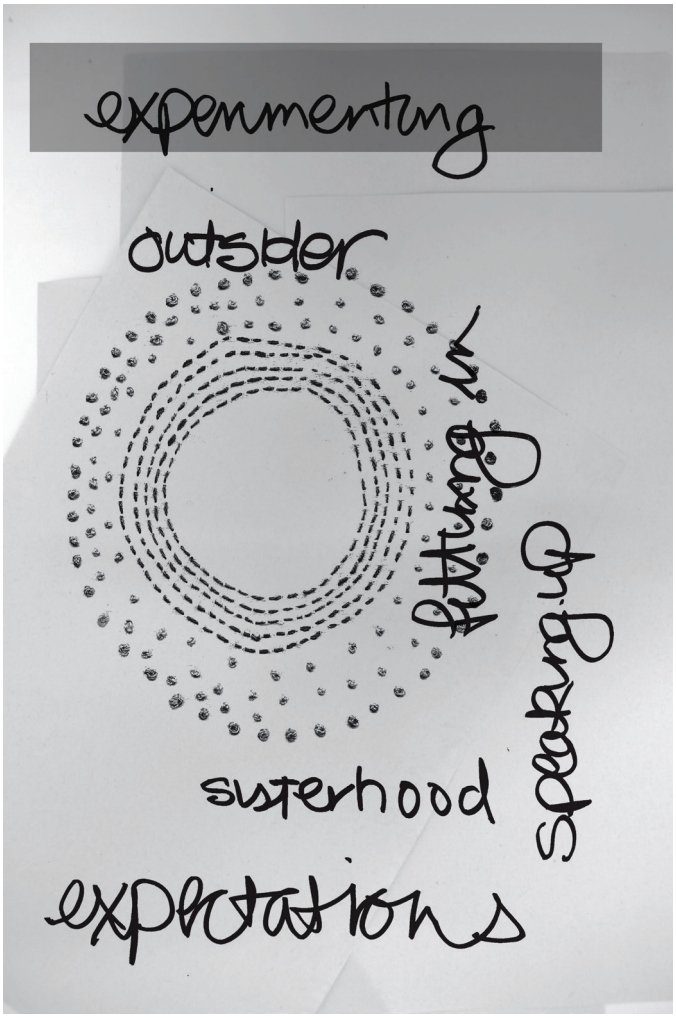


Figure 106: Consciously Rising, Print layout for *Print 9*, (2021).

Figure 107: Consciously Rising, Print layout for *Print 9*, (2021).



Figure 108: Consciously Rising, Print proof for *Print 9*, (2021).



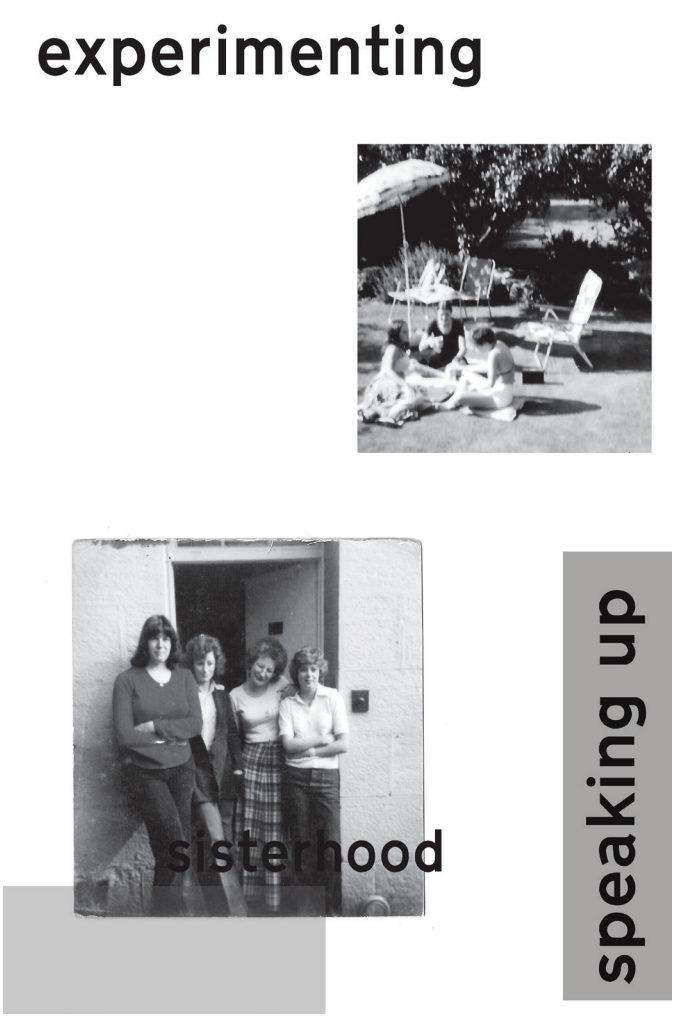


Figure 109: Consciously Rising, Print layout for *Print 9*, (2021).

Figure 110: Consciously Rising, Print layout for *Print 9*, (2021).





Figure 111: Consciously Rising, Work in progress for *Prints 10a* and *10b*, (2021).

Figure 112: Consciously Rising, Work in progress for *Prints 10a* and *10b*, (2021).

I thought, well, that's the kind of woman I want to be, independent and have a job. I didn't think about a career at all, but a job and, er, to be free to do whatever to travel to go where I wanted to go, not to be restricted, certainly not to be dependent on a man.

Figure 113: Consciously Rising, Work in progress for *Prints 10a* and *10b*, (2021).

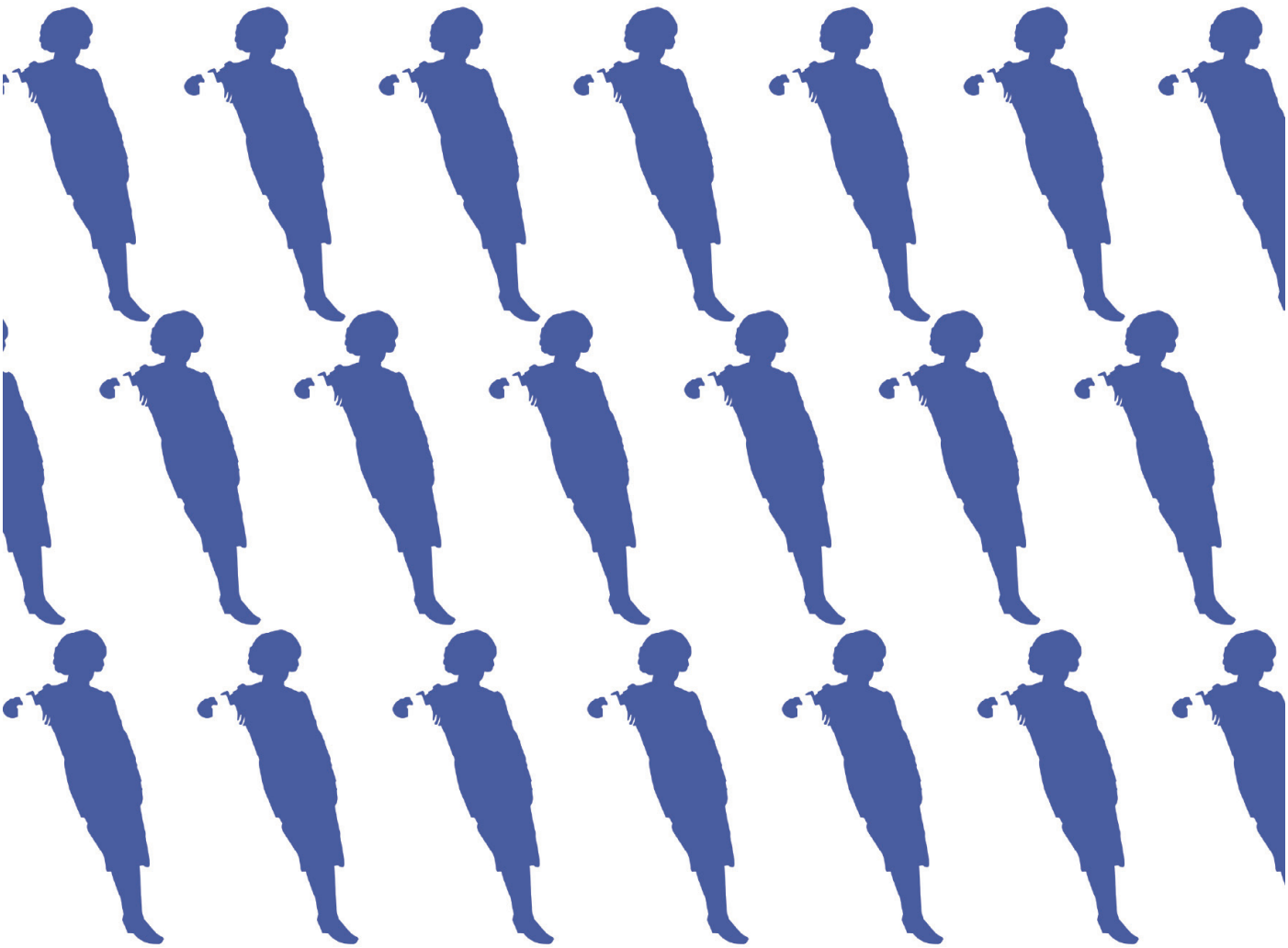


Figure 114: Consciously Rising, Digital proof for *Prints 10a* and *10b*, (2021).



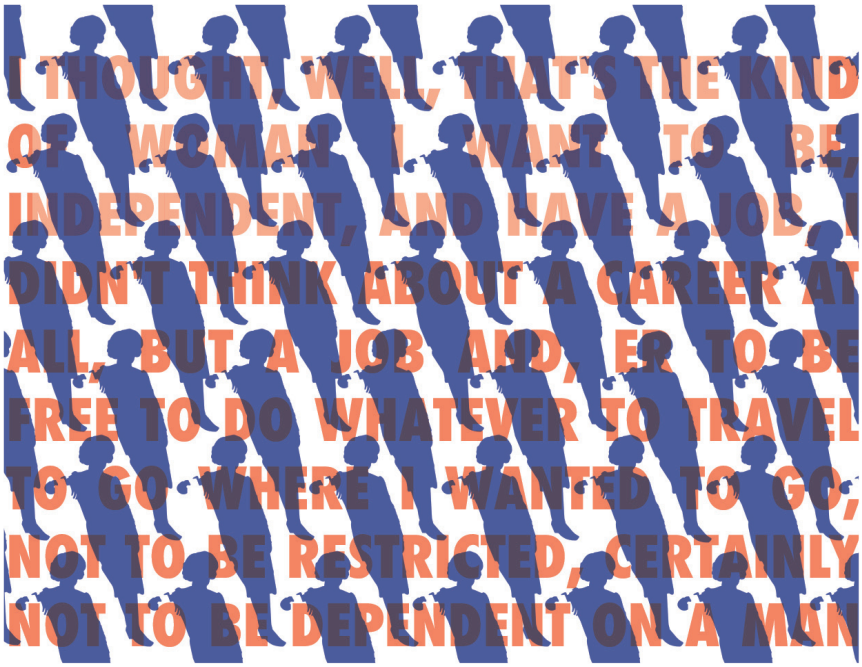


Figure 115: Consciously Rising, Digital proof for *Prints 10a* and *10b*, (2021).

Figure 116: Consciously Rising, Digital proof for *Prints 10a* and *10b*, (2021).



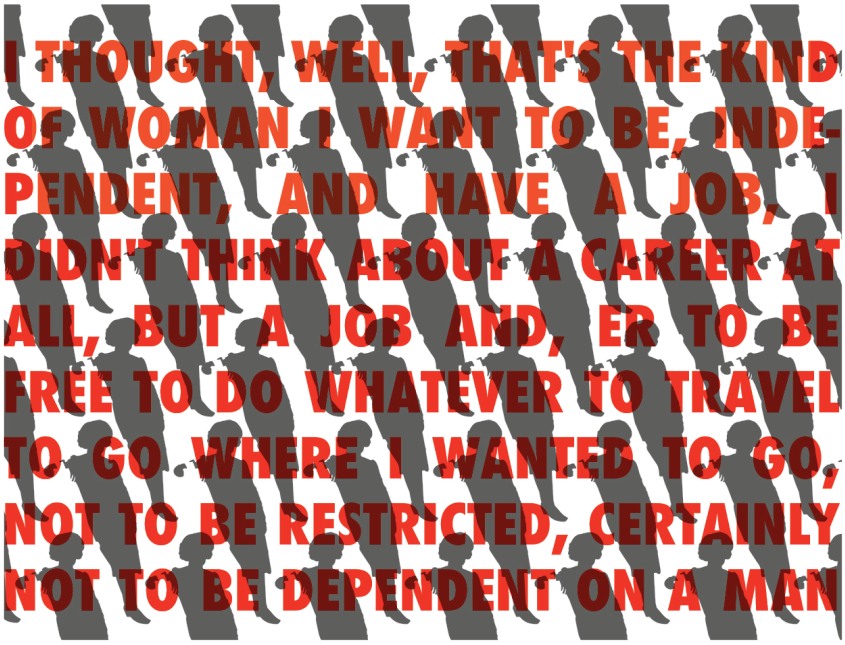


Figure 117: Consciously Rising, Digital proof for *Prints 10a* and *10b*, (2021).

Figure 118: Consciously Rising, Digital proof for *Prints 10a* and *10b*, (2021).



Figure 119: Consciously Rising, Work in progress for *Prints 11a* and *11b*, (2021).

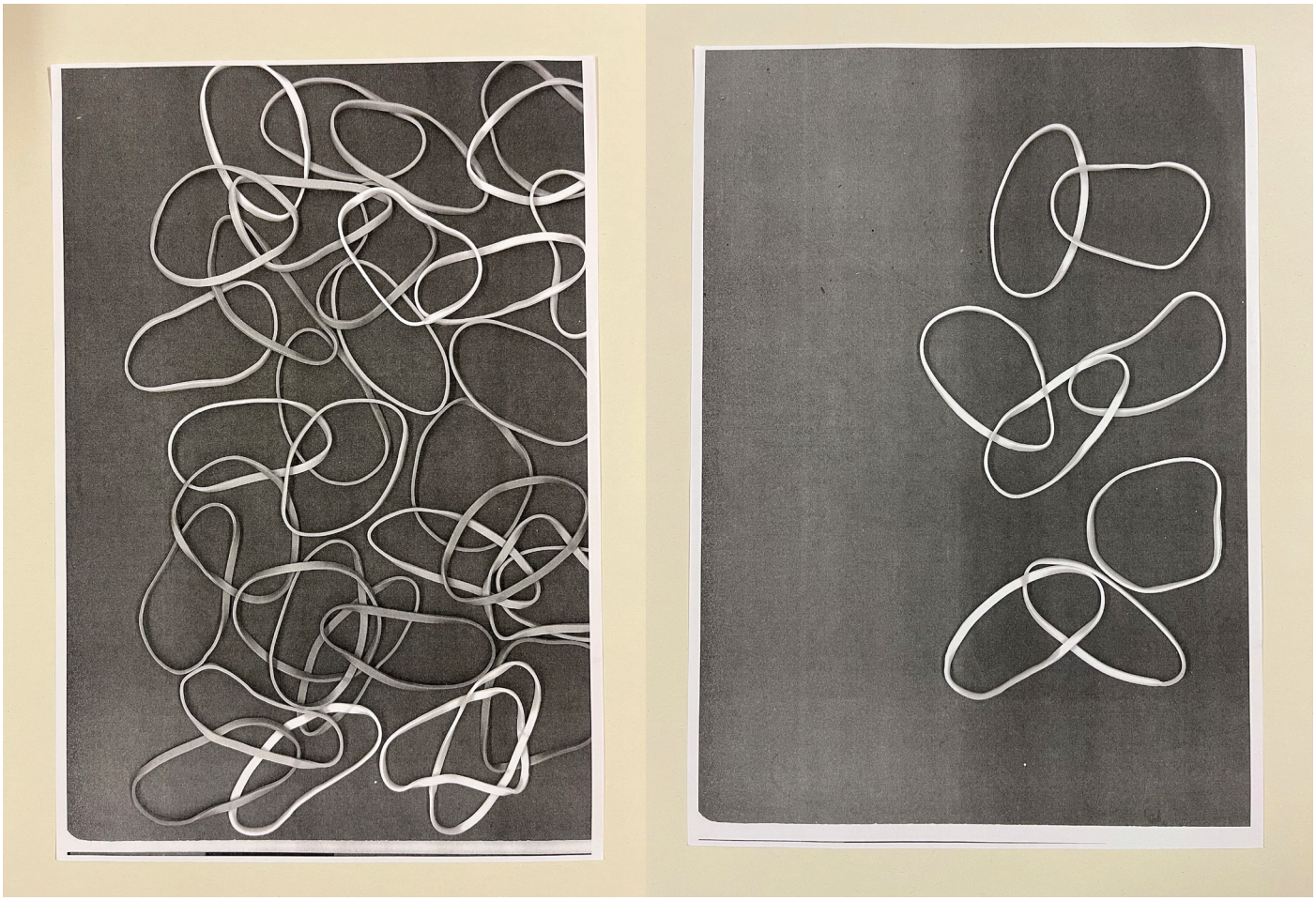


Figure 120: Consciously Rising, Work in progress for *Prints 11a* and *11b*, (2021).

Figure 121: Consciously Rising, Work in progress for *Prints 11a* and *11b*, (2021).





Figure 122: Consciously Rising, Print proofs for *Prints 11a* and *11b*, (2021).

Figure 123: Consciously Rising, Print proofs for *Prints 11a* and *11b*, (2021).

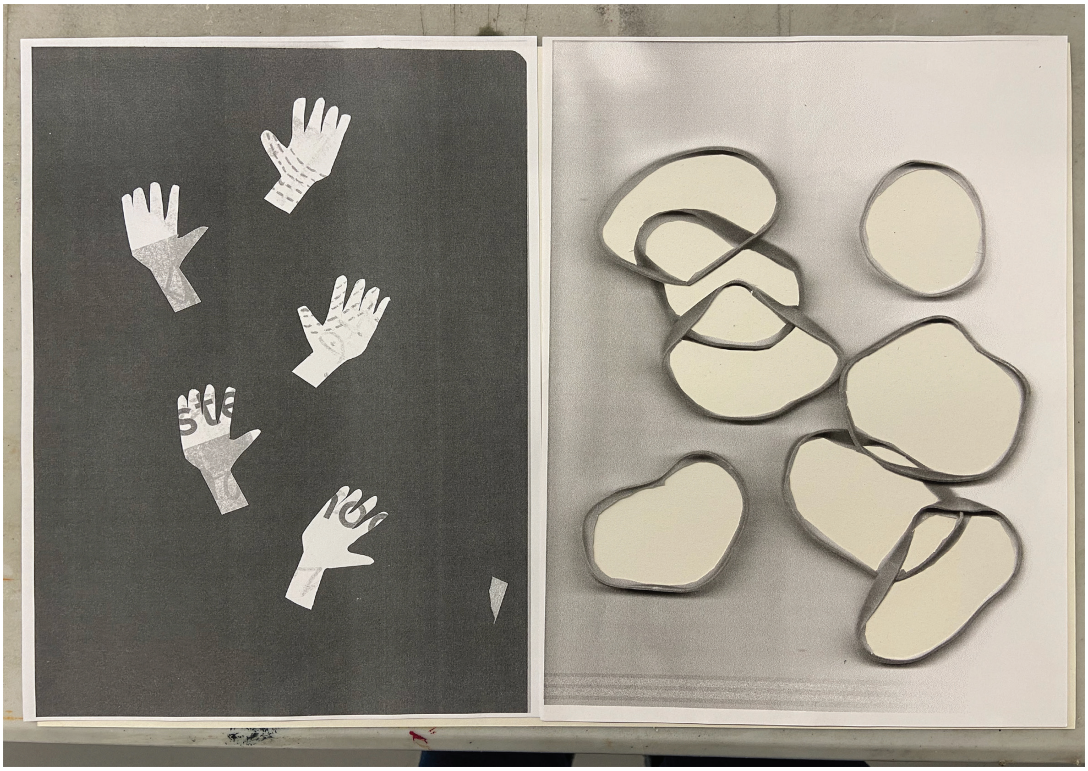




Figure 124: Consciously Rising, Print layout for *Prints 11a* and *11b*, (2021).

Figure 125: Consciously Rising, Print proofs for *Prints 11a* and *11b*, (2021).



Figure 126: Consciously Rising, Work in progress for *Print 13*, (2021).



Figure 127: Consciously Rising, Print layout for *Print 13*, (2021).

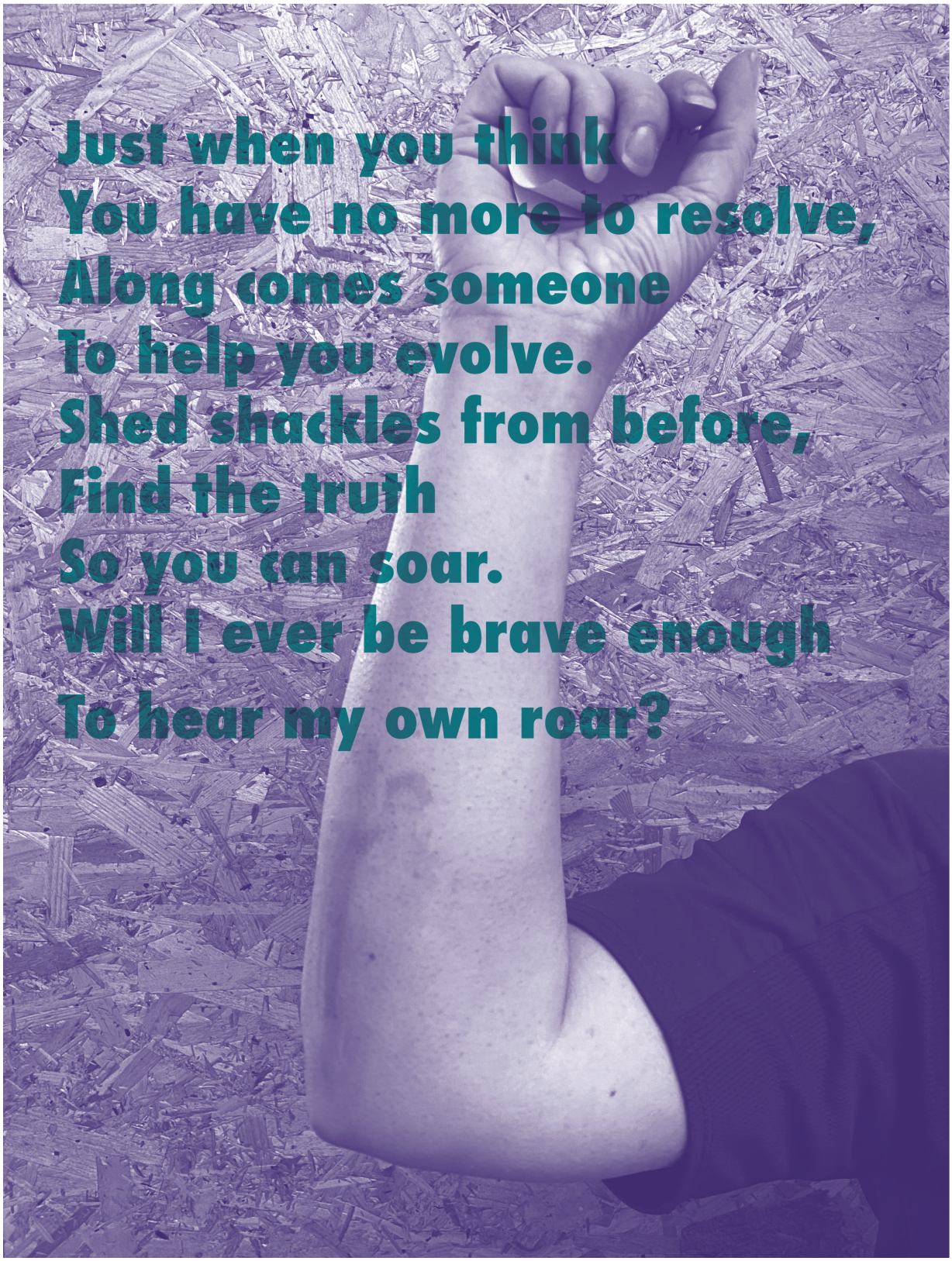


Figure 128: Consciously Rising, Digital proof for *Print 13*, (2021).

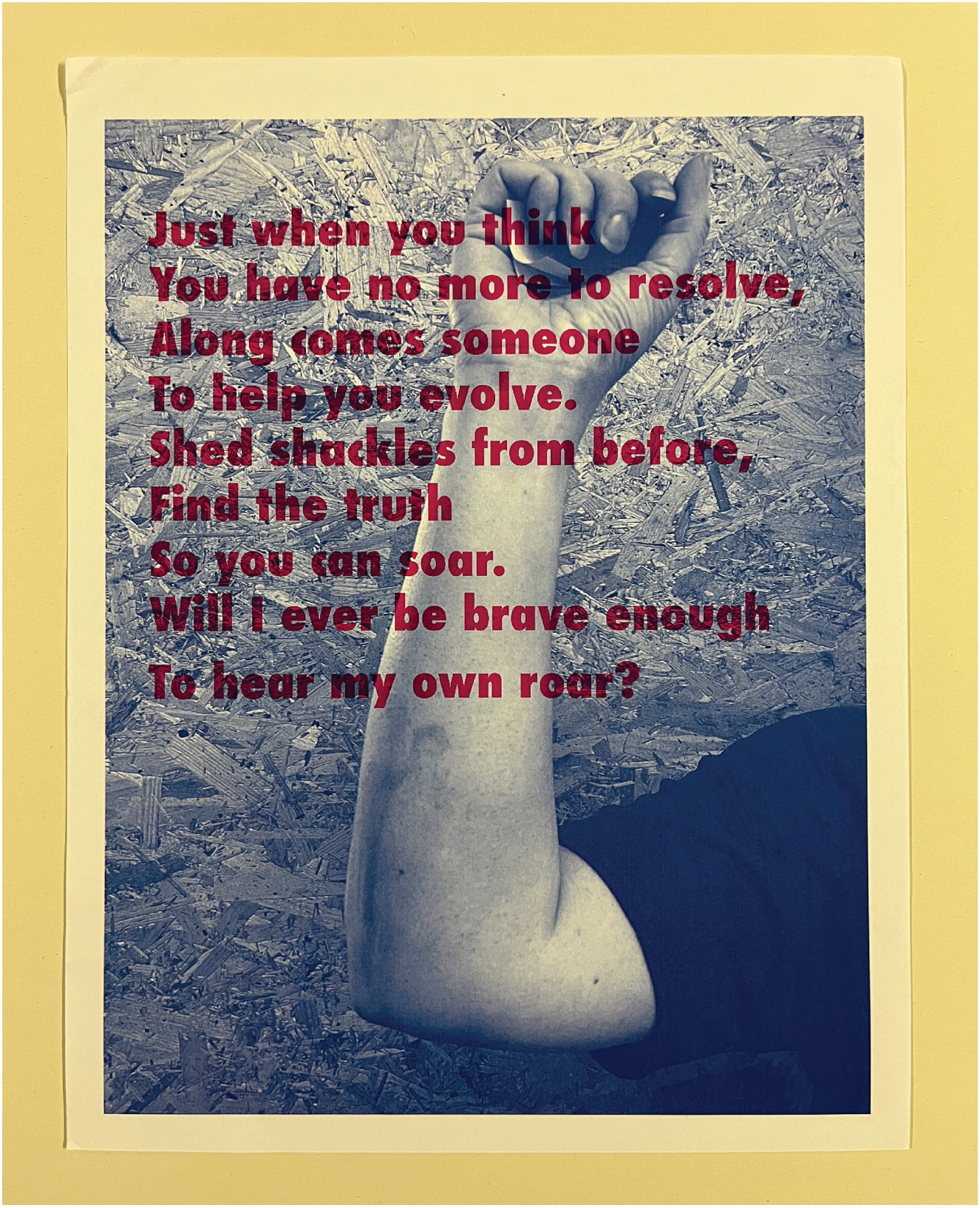


Figure 129: Consciously Rising, Print proof for *Print 13*, (2021).

Just when you think
You have no more to resolve,
Along comes someone to
Help you evolve
Shed shackles from before,
Find the truth so you can soar.
Will I ever be brave enough to
Hear my own roar?

Figure 130: Consciously Rising, Work in progress for *Print 13*, (2021).



Figure 131: Consciously Rising, Print layout for *Print 14*, (2021).

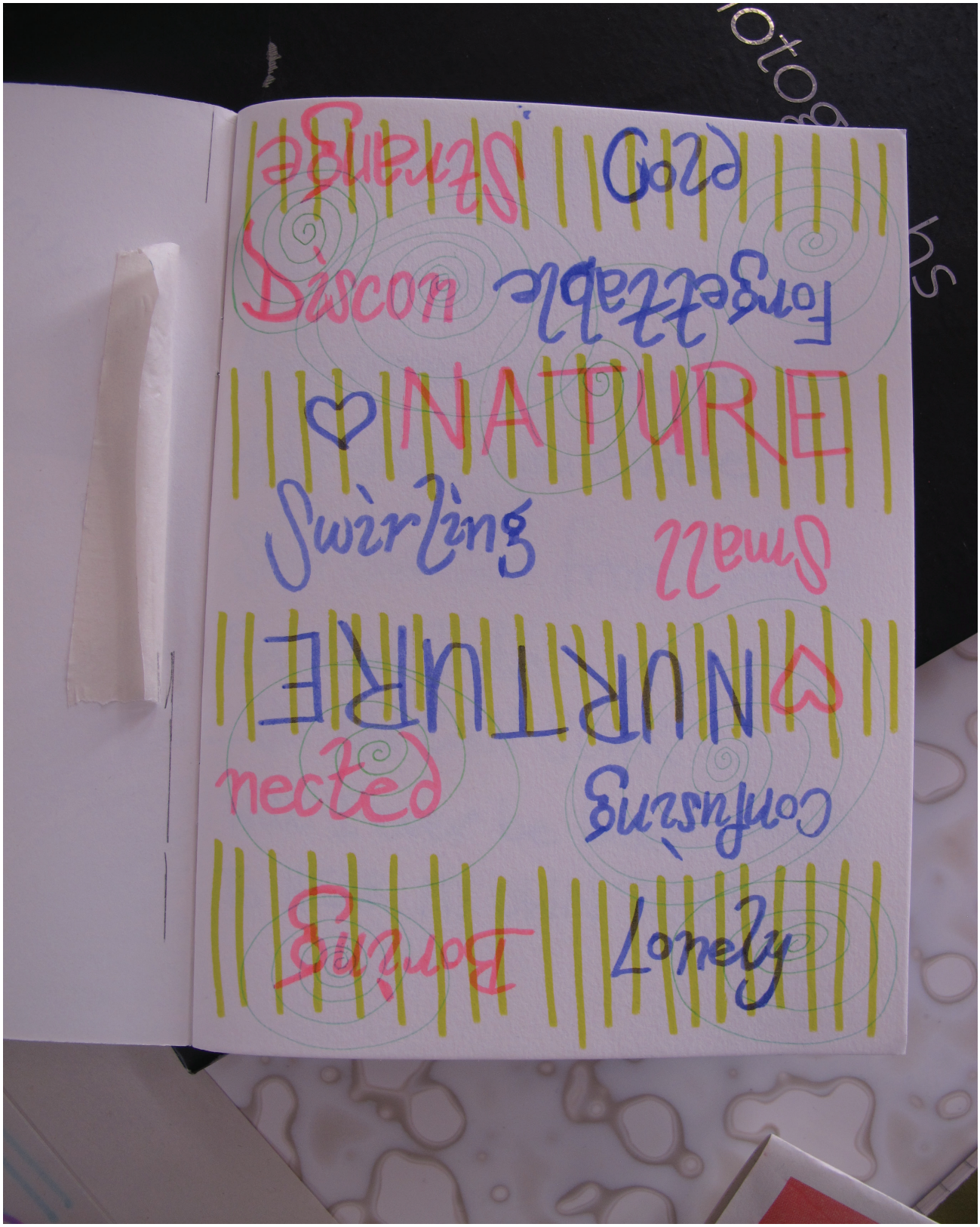


Figure 132: Consciously Rising, Work in progress for *Print 14*, (2021).

Figure 133: Consciously Rising, Work in progress for *Print 14*, (2021).

Figure 134: Consciously Rising, Print layout for *Print 14*, (2021).



Figure 135: Consciously Rising, Work in progress for *Print 12a*, (2021).



Figure 136: Consciously Rising, Work in progress for *Print 12b* (2021).



Figure 137: Consciously Rising, Work in progress for *Print 12c*, (2021).



Figure 138: Consciously Rising, Work in progress for *Print 12c*, (2021).

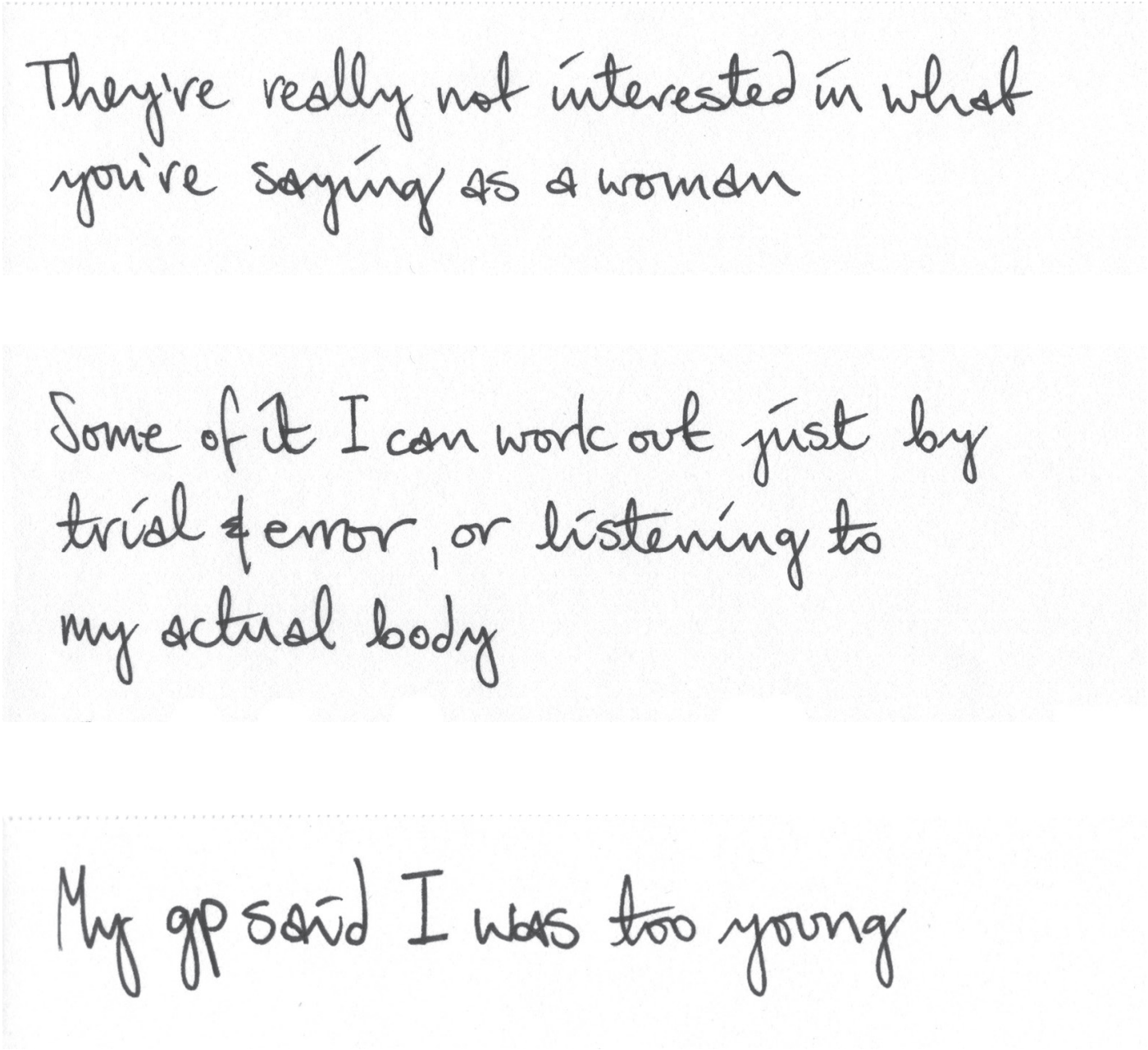


Figure 139: Consciously Rising, Work in progress for *Prints 12a*, *12b* and *12c*, (2021).



Figure 140: Consciously Rising, Work in progress, (2021).



Figure 141: Consciously Rising, Work in progress for *Prints 15b, 15c* and *21*, (2021).



Figure 142: Consciously Rising, Work in progress for *Print 15c*, (2021).



Figure 143: Consciously Rising, Work in progress for *Print 15c*, (2021).



Figure 144: Consciously Rising, Work in progress for *Print 15c*, (2021).



Figure 145: Consciously Rising, Work in progress for *Prints 16, 17* and *19*, (2021).

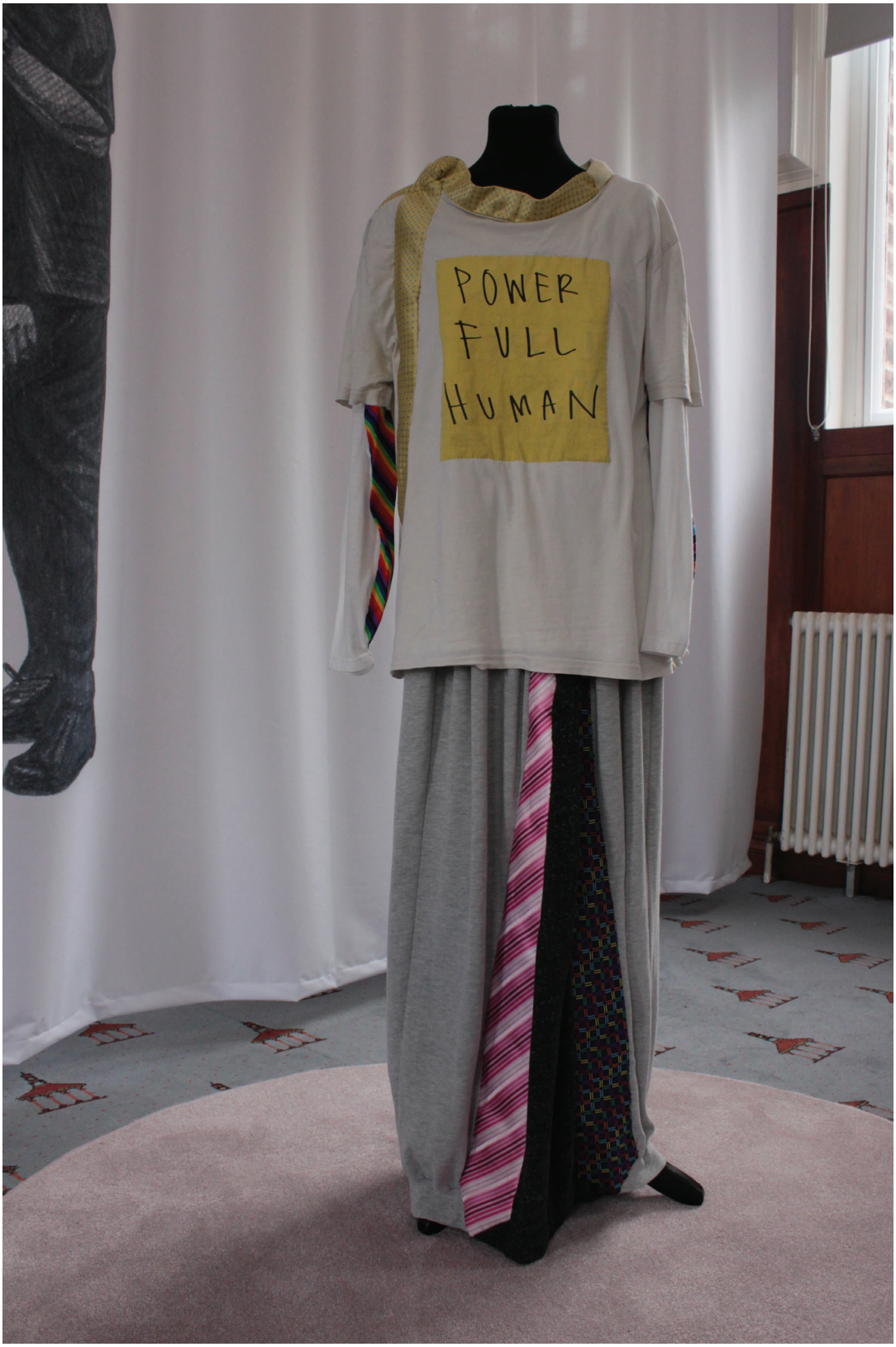


Figure 146: Consciously Rising, Work in progress for *Prints 16* and *17*, (2021).



Figure 147: Consciously Rising, Work in progress for *Prints 16* and *17*, (2021).



Figure 148: Consciously Rising, Work in progress for *Prints 16* and *17*, (2021).



Figure 149: Consciously Rising, Work in progress for *Prints 16* and *17*, (2021).

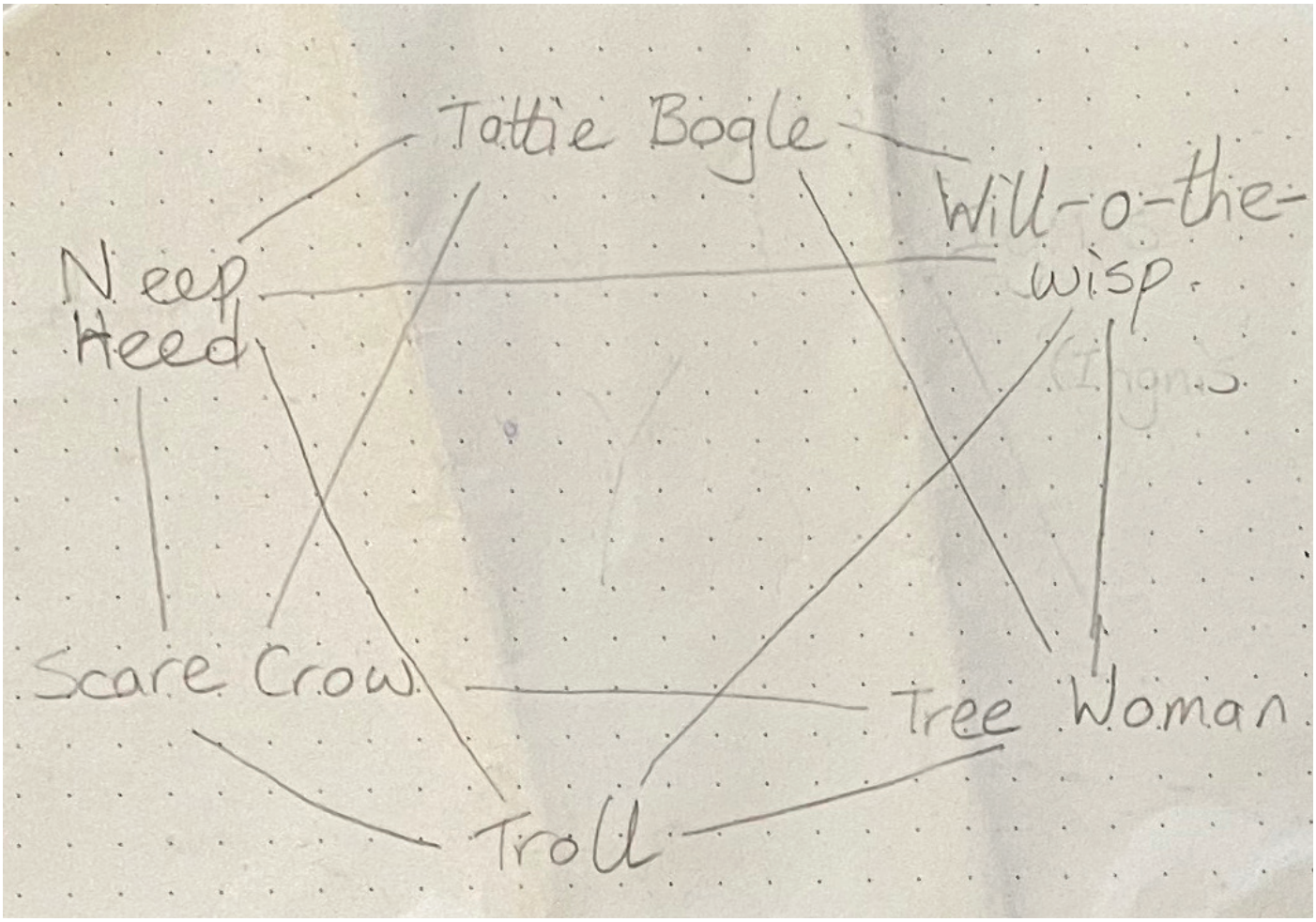


Figure 150: Consciously Rising, Work in progress for *Prints 16* and *20c*, (2021).



Figure 151: Consciously Rising, Work in progress for *Print 19*, (2021).



Figure 152: Consciously Rising, Work in progress for *Print 19*, (2021).



Figure 153: Consciously Rising, Work in progress for *Print 19*, (2021).



Figure 154: Consciously Rising, Work in progress for *Print 19*, (2021).

Figure 155: Consciously Rising, Work in progress for *Print 19*, (2021).





Figure 156: Consciously Rising, Work in progress for *Print 19*, (2021).

Figure 157: Consciously Rising, Work in progress for *Print 19*, (2021).



Figure 158: Consciously Rising, Work in progress for *Print 19*, (2021).



Figure 159: Consciously Rising, Work in progress for *Print 19*, (2021).

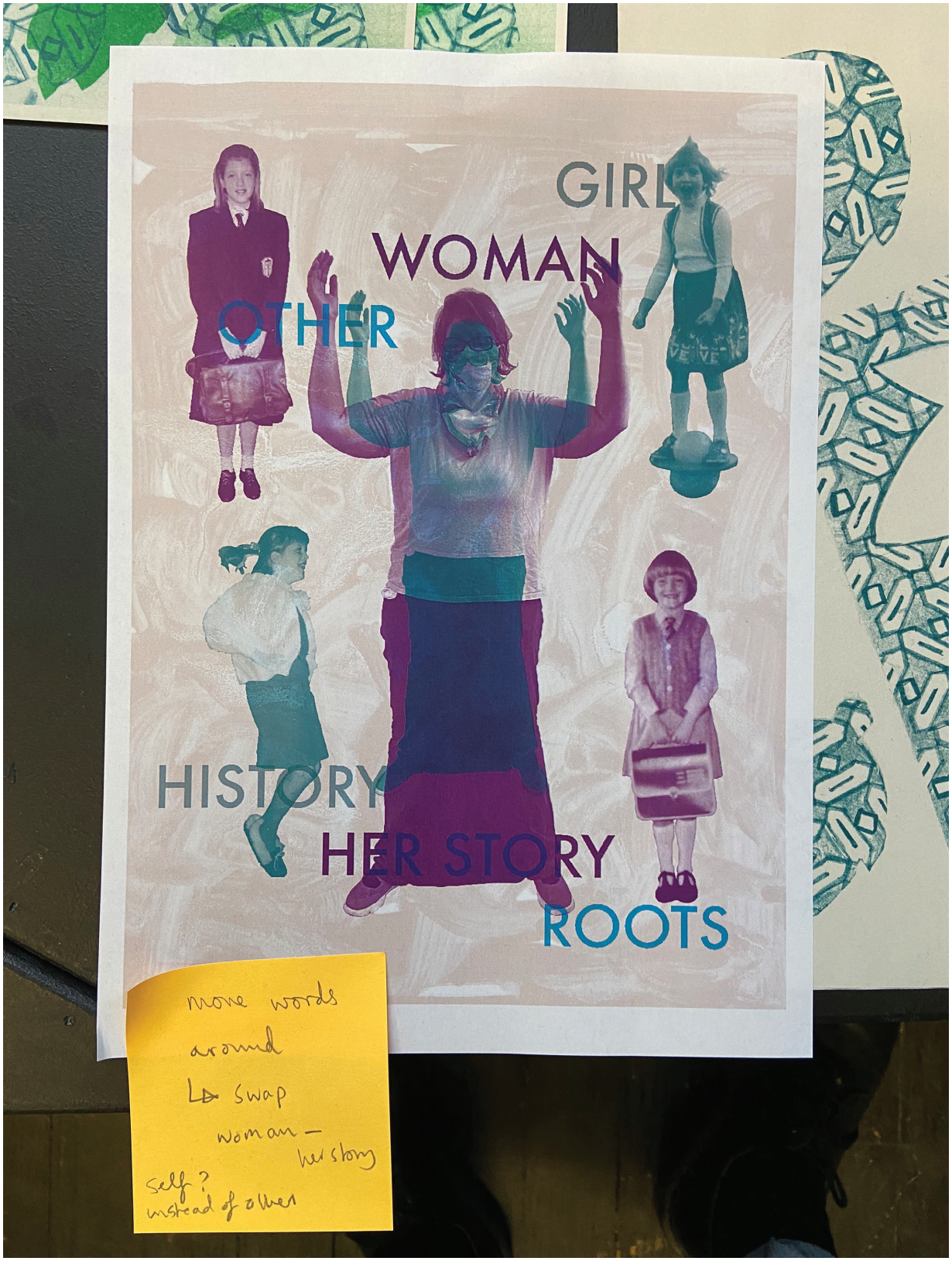


Figure 160: Consciously Rising, Work in progress for *Print 19*, (2021).

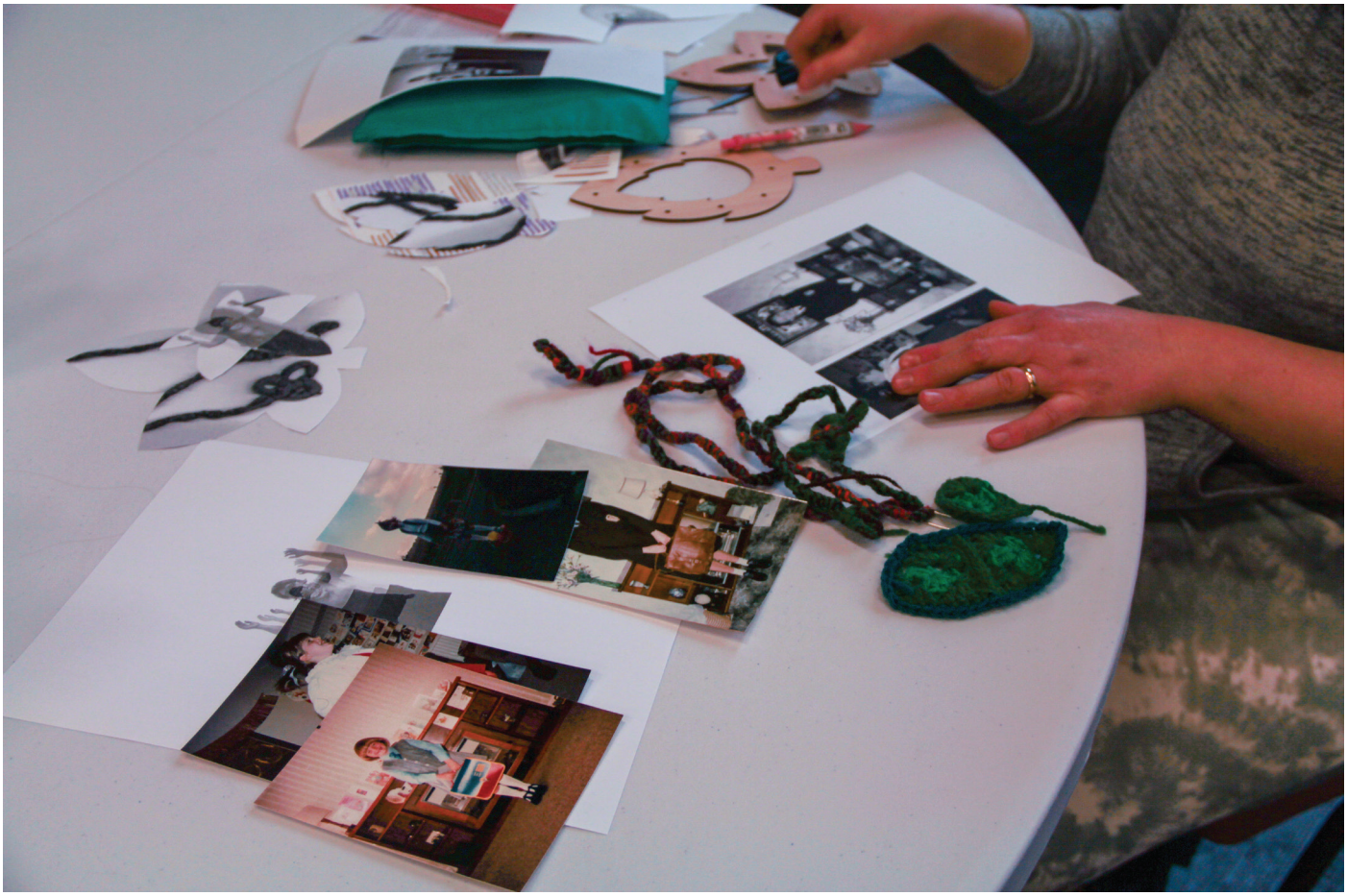


Figure 161: Consciously Rising, Work in progress, (2021).

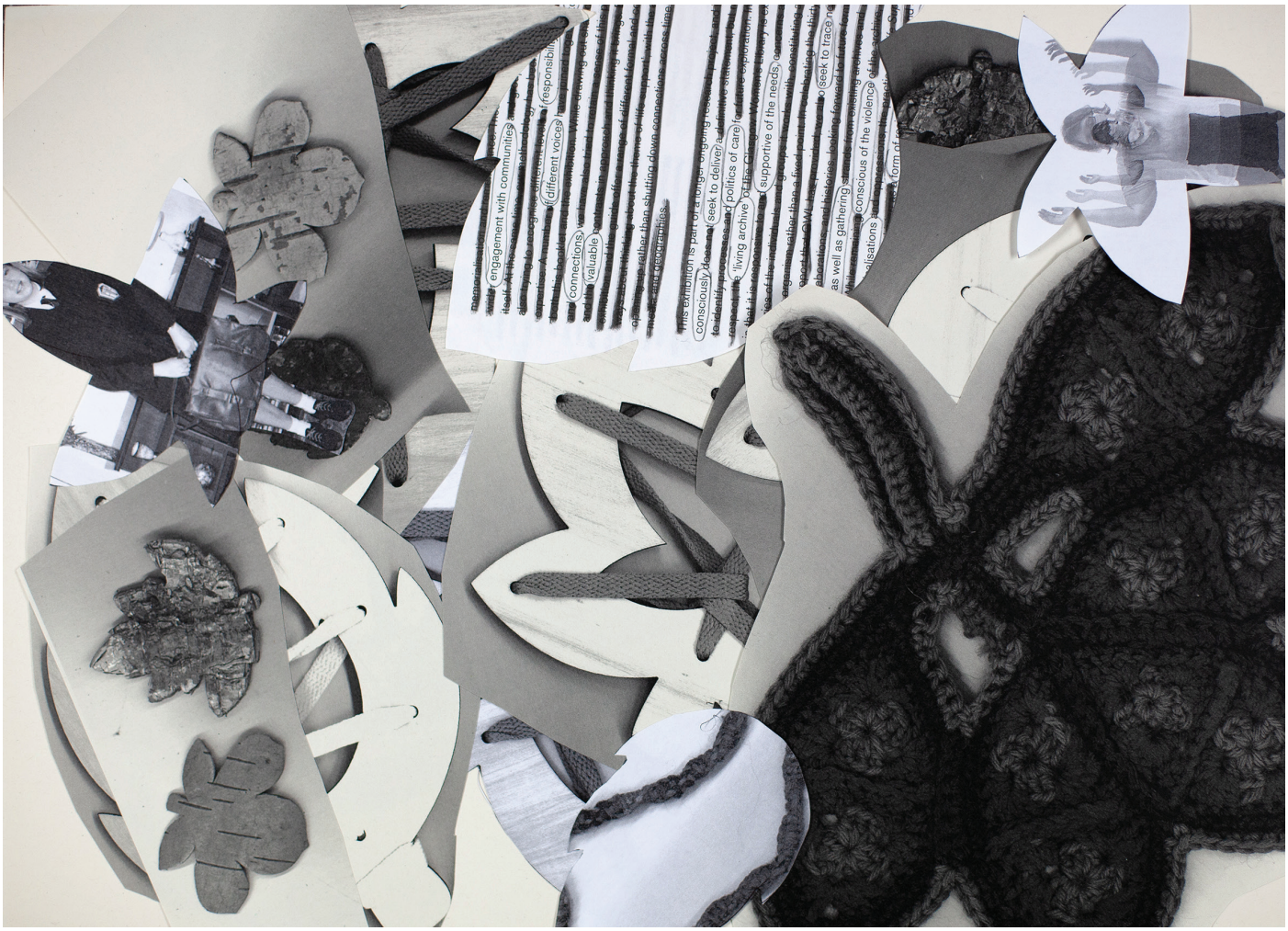


Figure 162: Consciously Rising, Work in progress for *Prints 20a, 20b, 20c* and *20d*, (2021).



Figure 163: Consciously Rising, Work in progress for *Prints 20a, 20b, 20c* and *20d*, (2021).

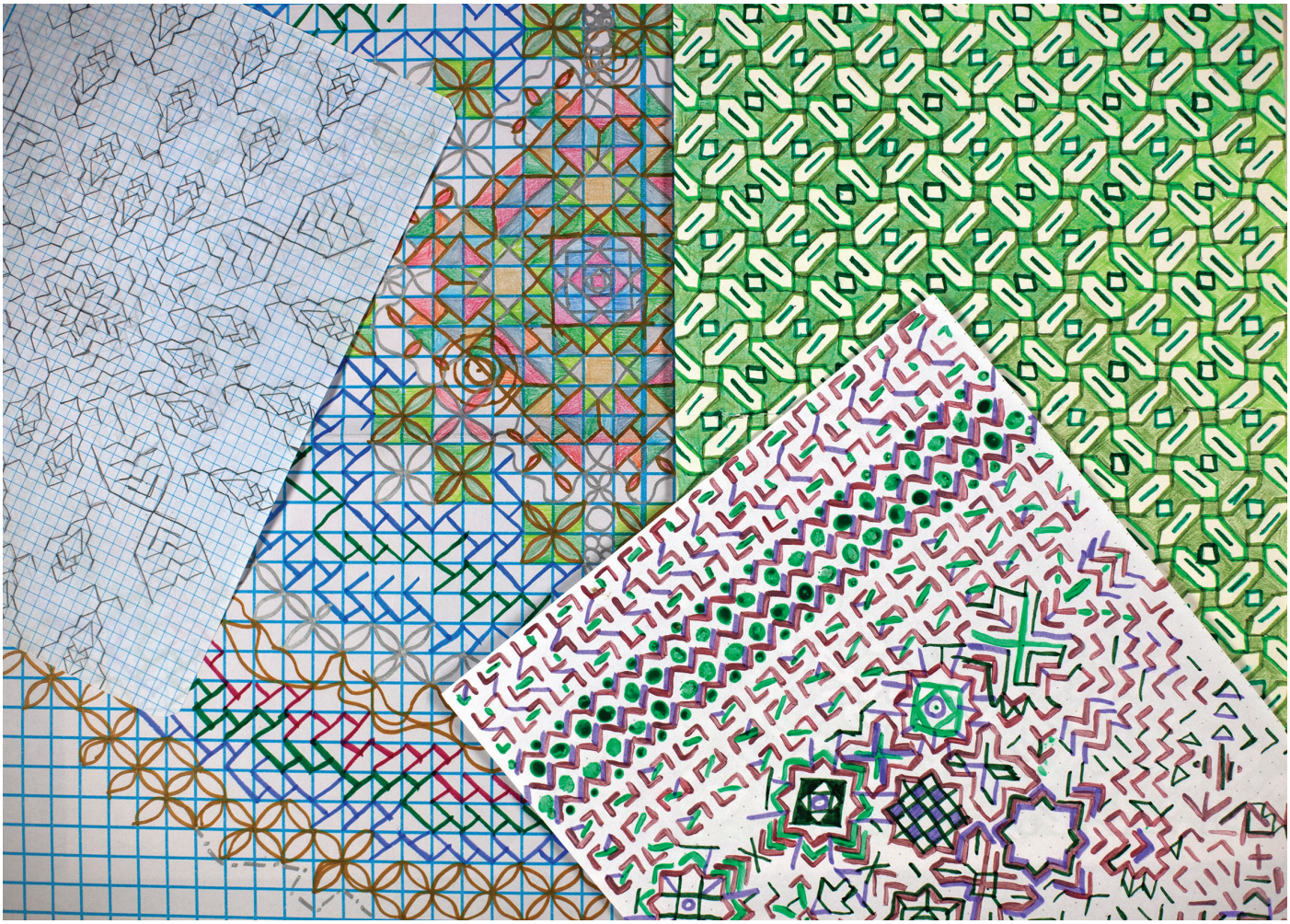


Figure 164: Consciously Rising, Work in progress for *Prints 20a, 20b, 20c* and *20d*, (2021).

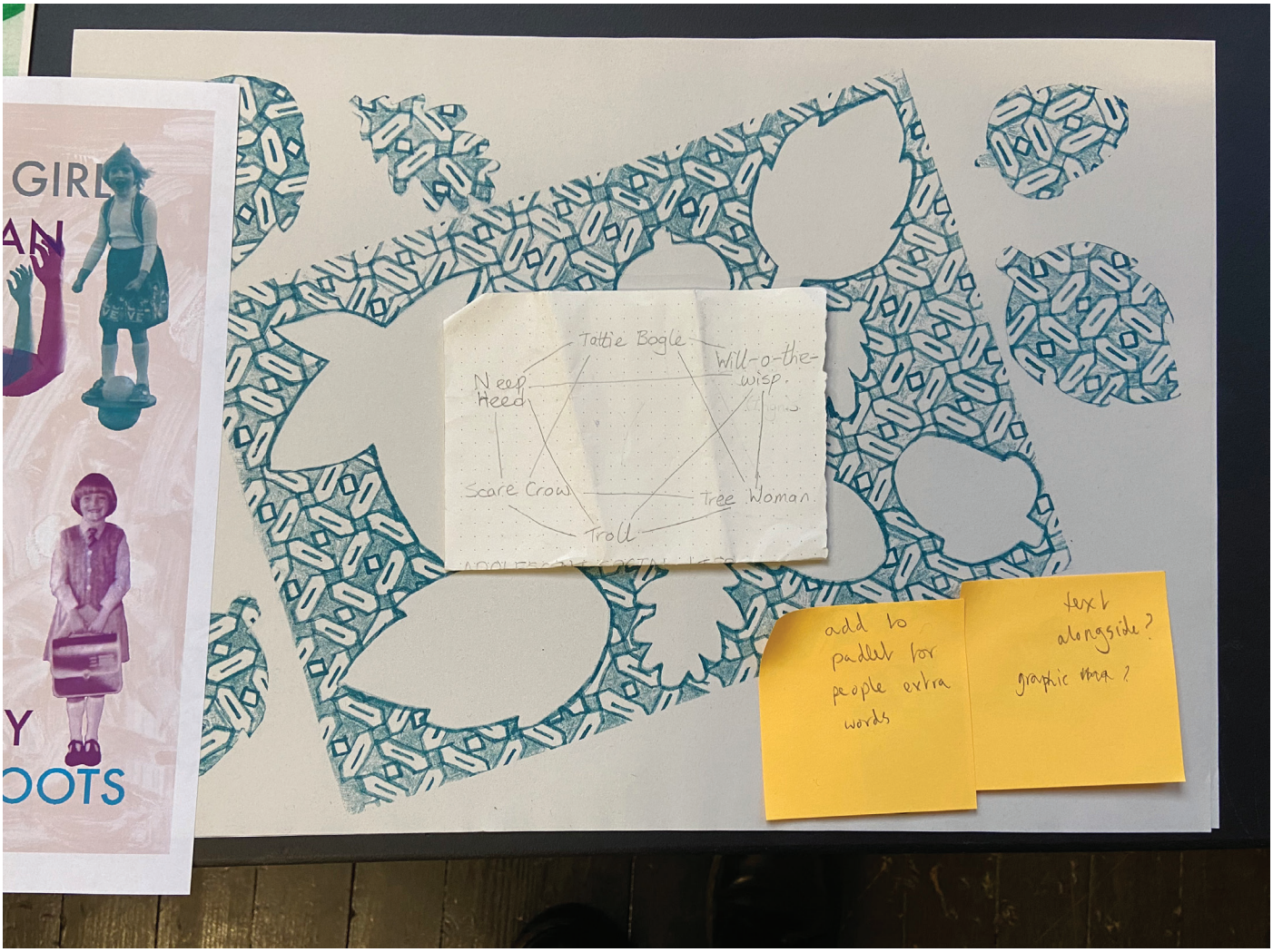


Figure 165: Consciously Rising, Work in progress for *Print 20c*, (2021).

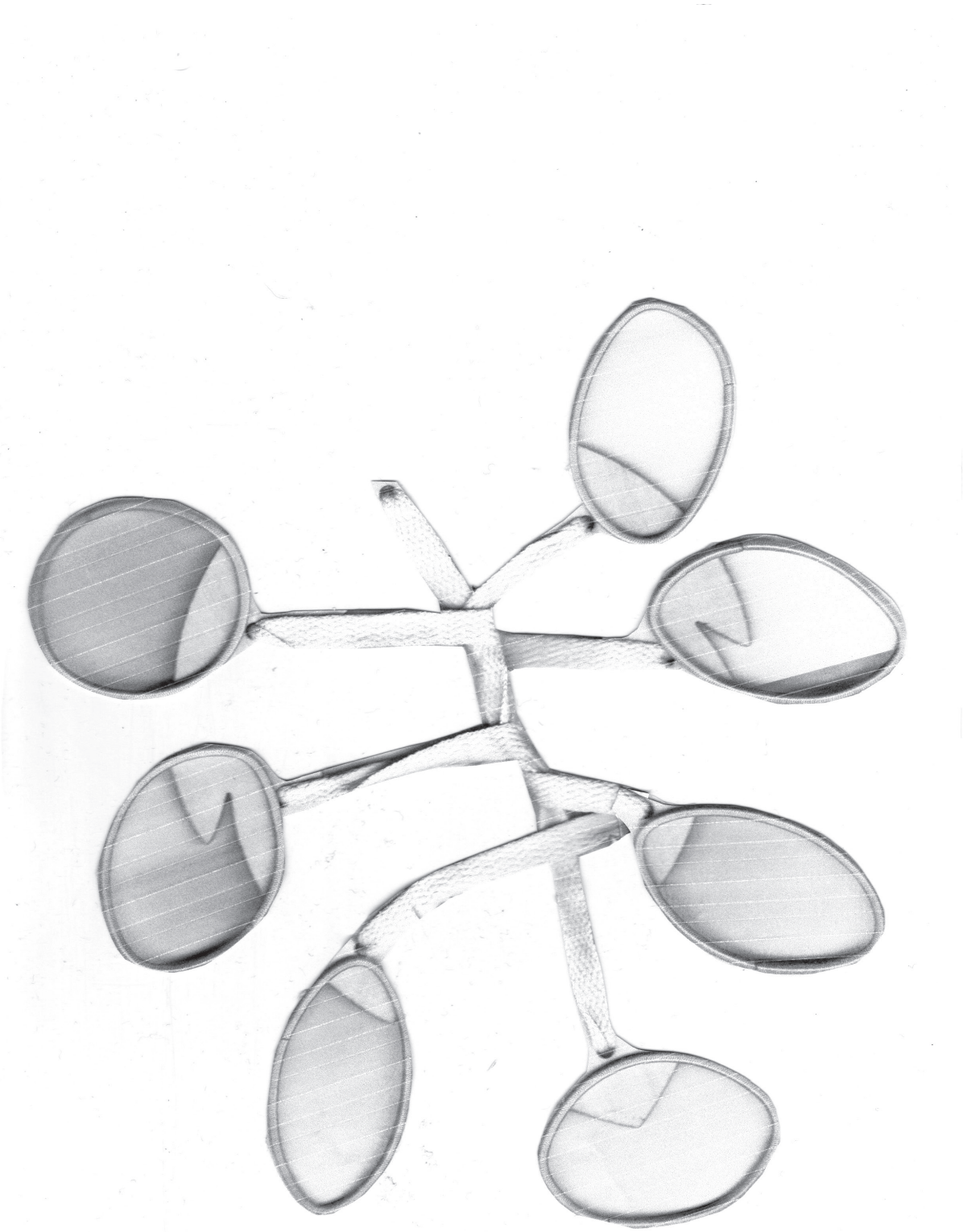


Figure 166: Consciously Rising, Print layout for *Print 18*, (2021).

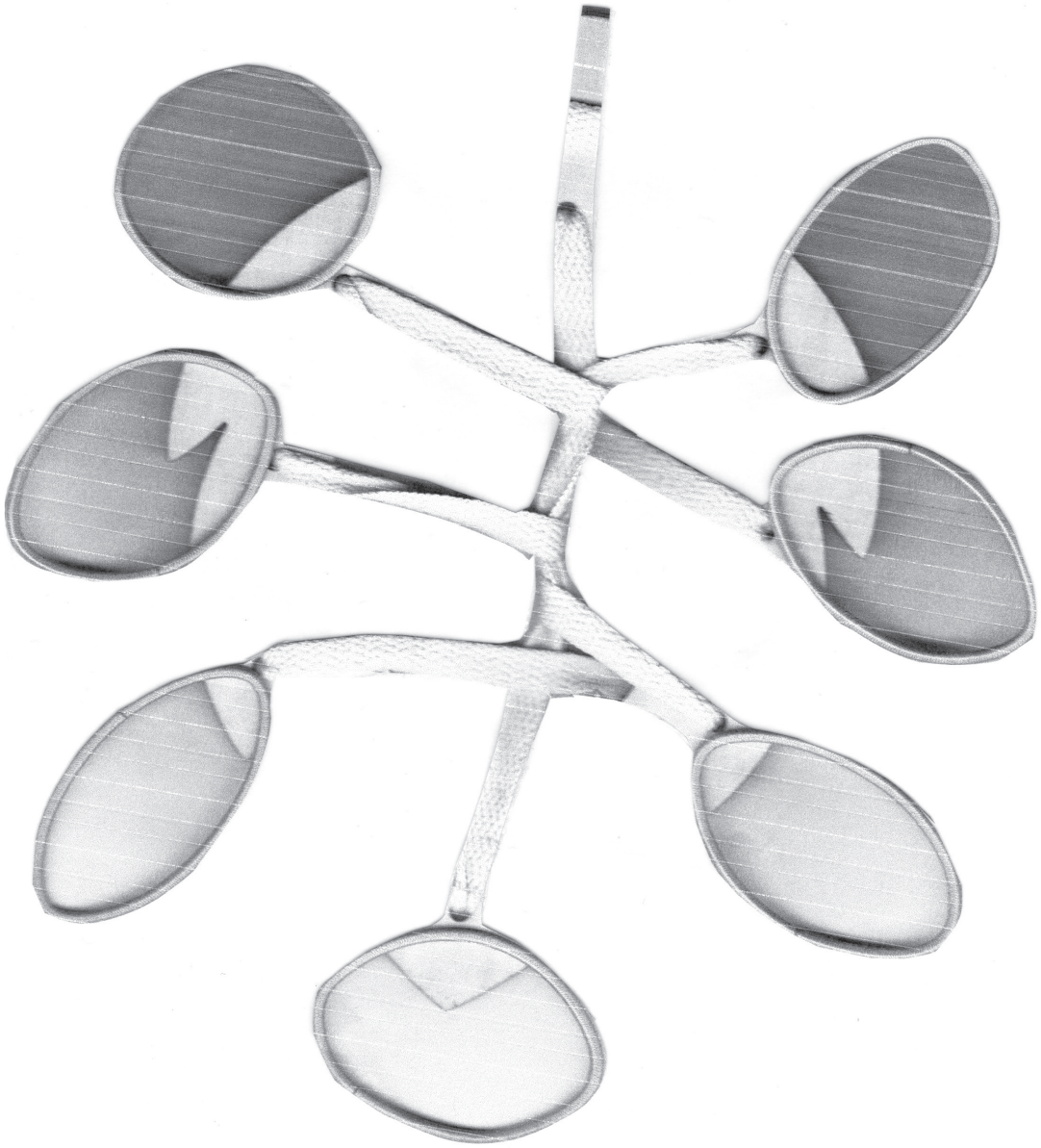


Figure 167: Consciously Rising, Print layout for *Print 18*, (2021).

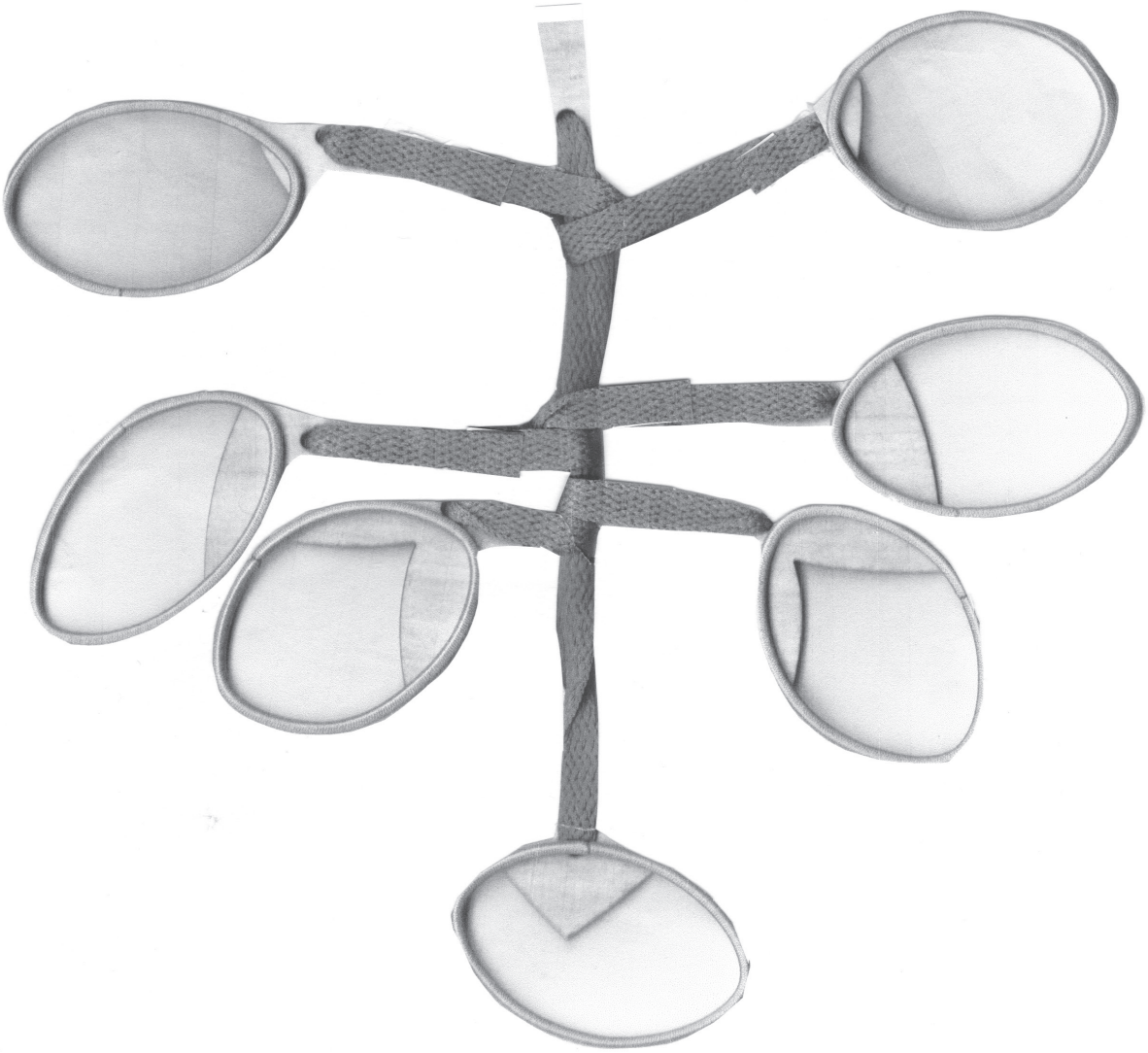


Figure 168: Consciously Rising, Print layout for *Print 18*, (2021).



Figure 169: Consciously Rising, Print layout for *Print 6*, (2021).





Figure 170: Consciously Rising, Work in progress for *Print 21*, (2021).

Figure 171: Consciously Rising, Work in progress for *Print 21*, (2021).

For my grandmother, marriage was an expectation
For my mother, marriage was an escape
For me, marriage was unthinkable

For my grandmother, studying was unthinkable
For my mother, studying would have been an escape
For me, studying was an expectation

I know that each generation has had more freedoms as women, than the one before ....
.... Although culturally, I had less freedoms than my mum, I still had more than my grandmum.

Figure 172: Consciously Rising, Work in progress for *Print 21*, (2021).

Figure 173v: Consciously Rising, Work in progress for *Print 21*, (2021).

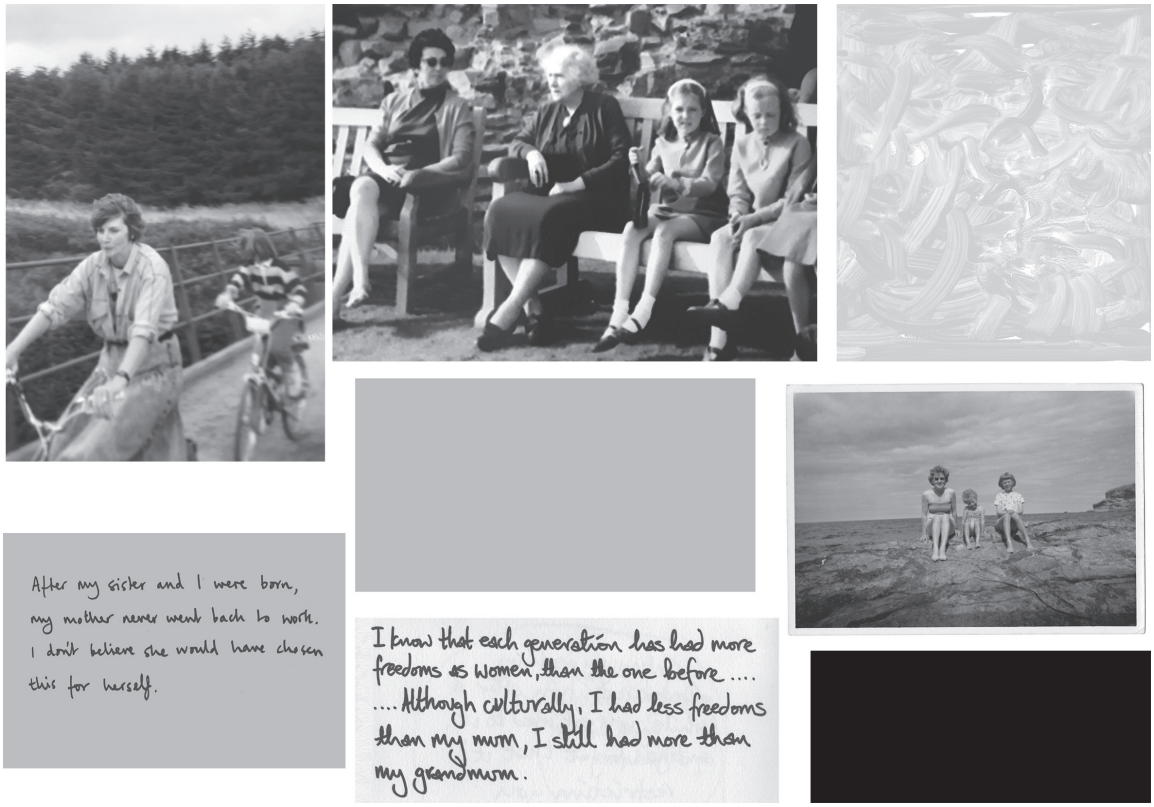


Figure 174: Consciously Rising, Print layout for *Print 21*, (2021).



Figure 175: Consciously Rising, Work in progress for *Print 21*, (2021).

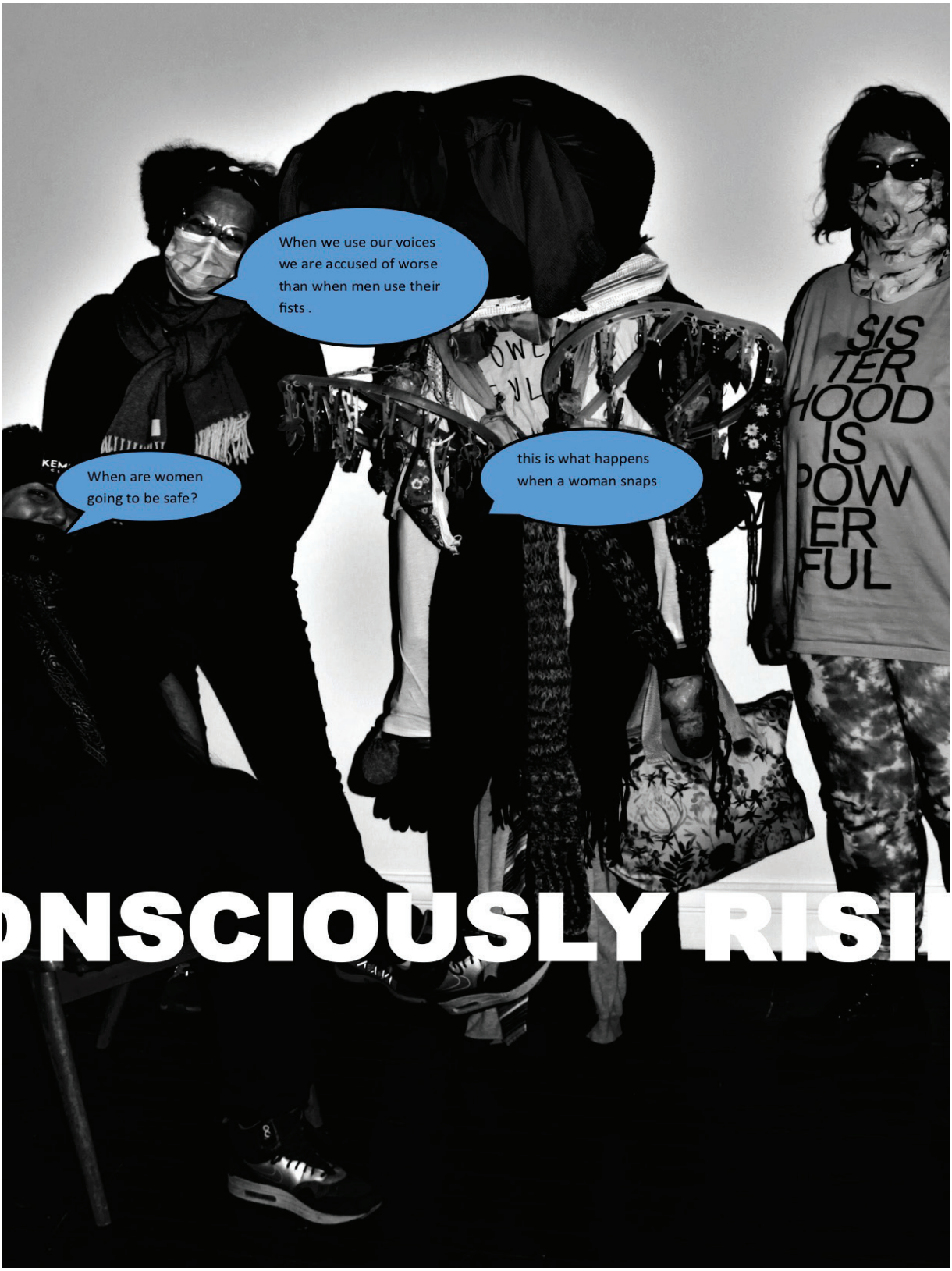


Figure 176: Consciously Rising, Work in progress for *Prints 22*, (2021).

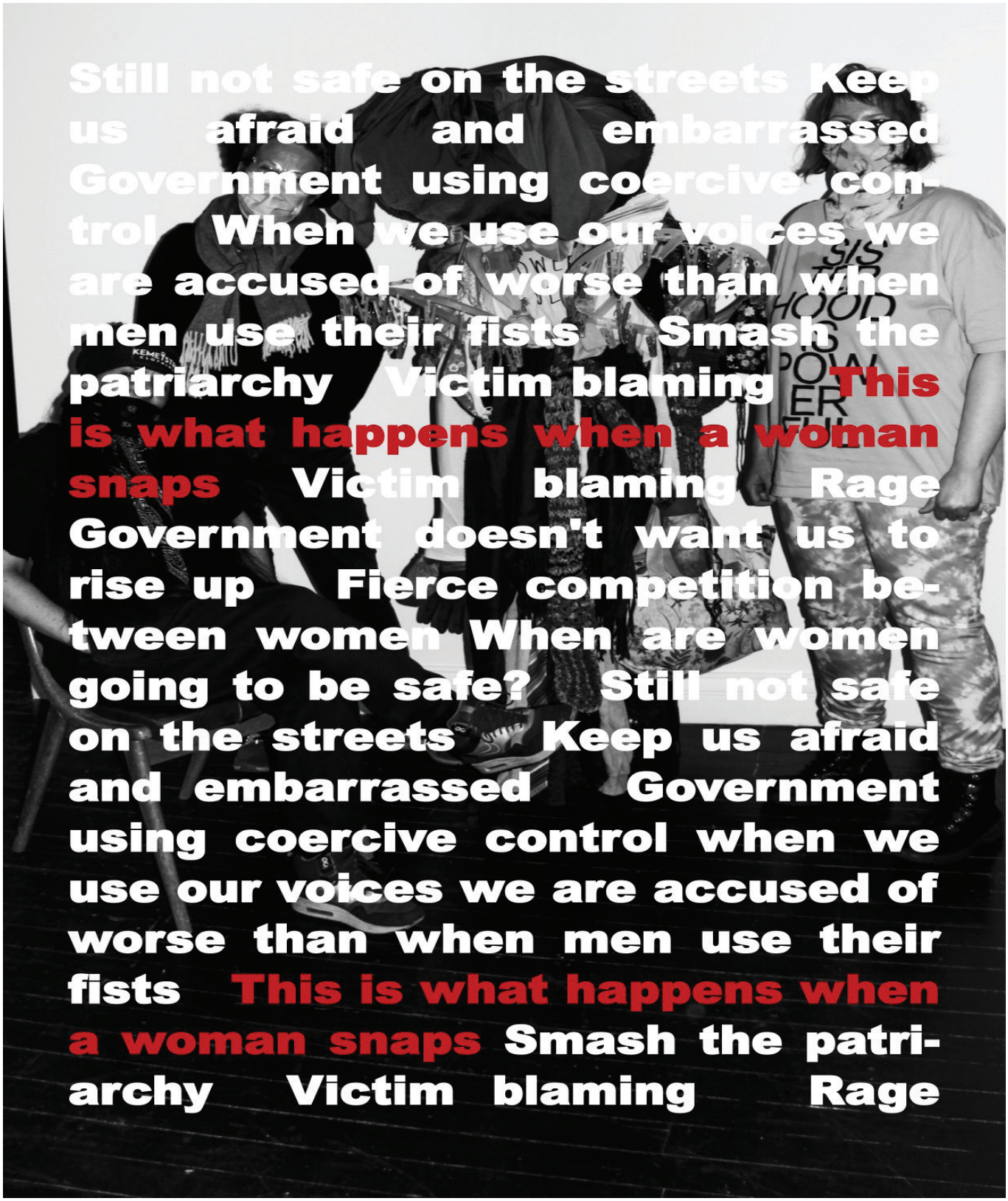


Figure 177: Consciously Rising, Work in progress for *Prints 22*, (2021).



Figure 178: Consciously Rising, Work in progress for *Prints 22*, (2021).

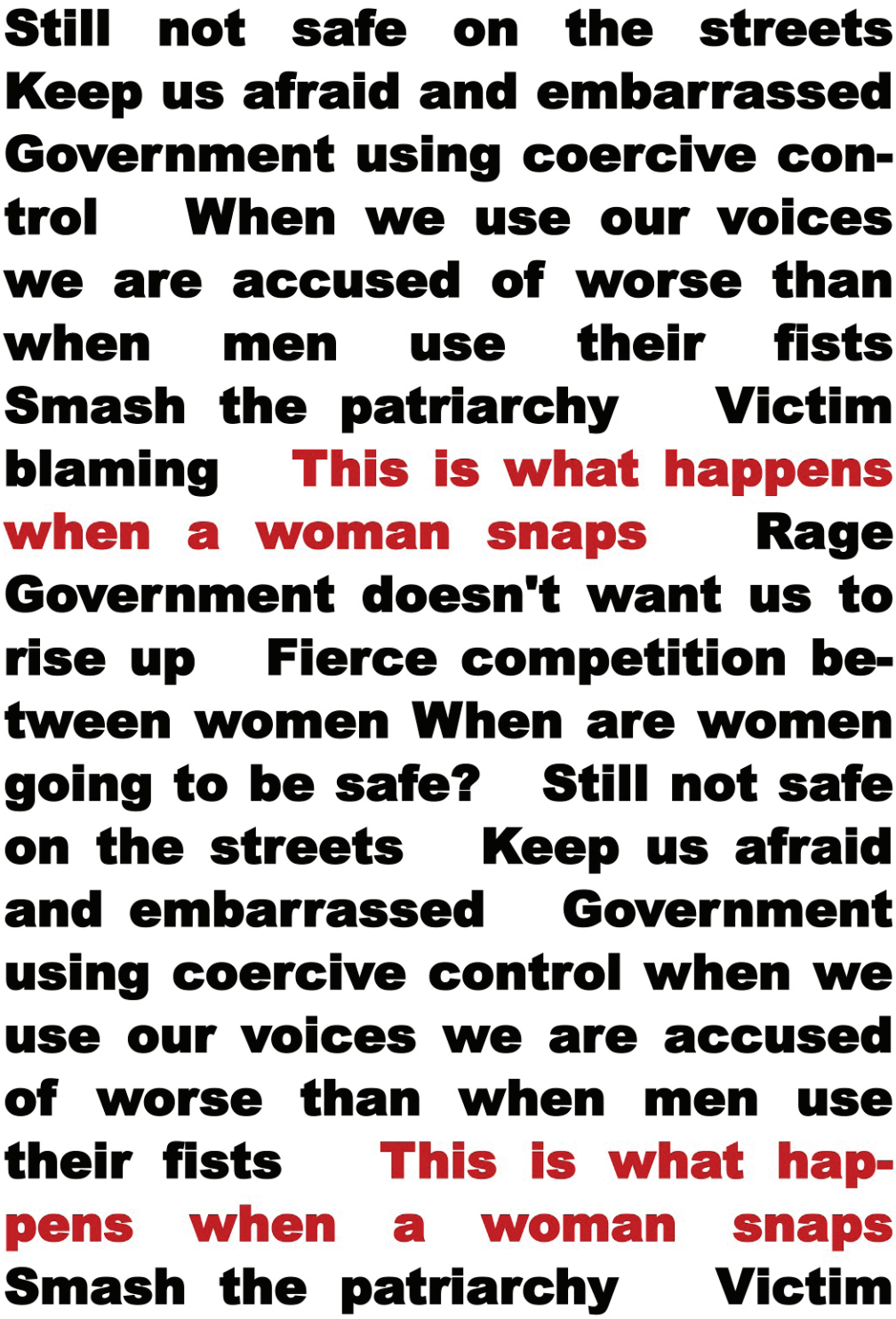


Figure 179: Consciously Rising, Work in progress for *Prints 22*, (2021).



Figure 180: Consciously Rising, Work in progress for *Prints 22*, (2021).



Figure 181: Consciously Rising, Work in progress for *Prints 22*, (2021).



Figure 182: Consciously Rising, Work in progress for *Prints 22*, (2021).

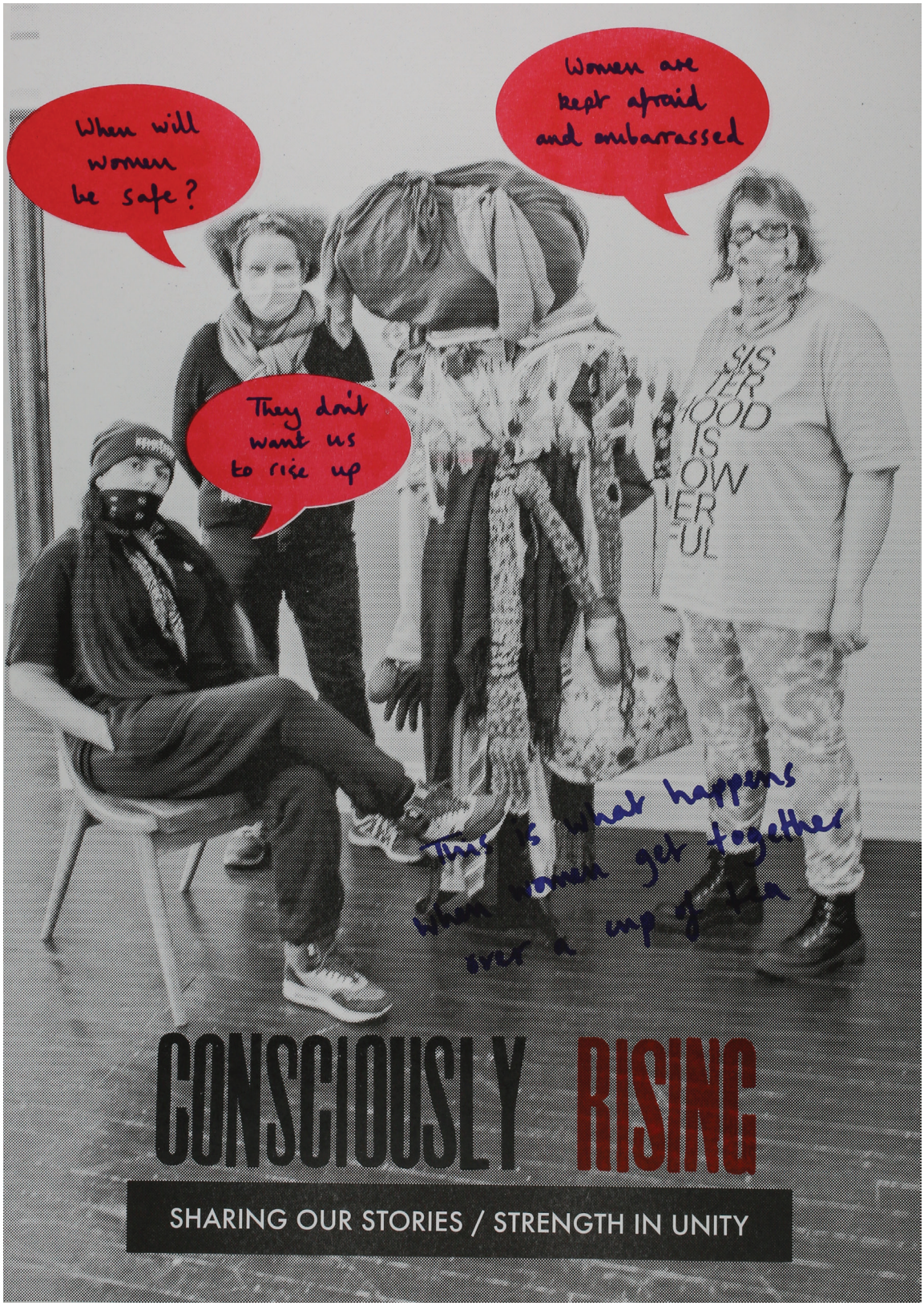


Figure 183: Consciously Rising, Work in progress for *Prints 22*, (2021).

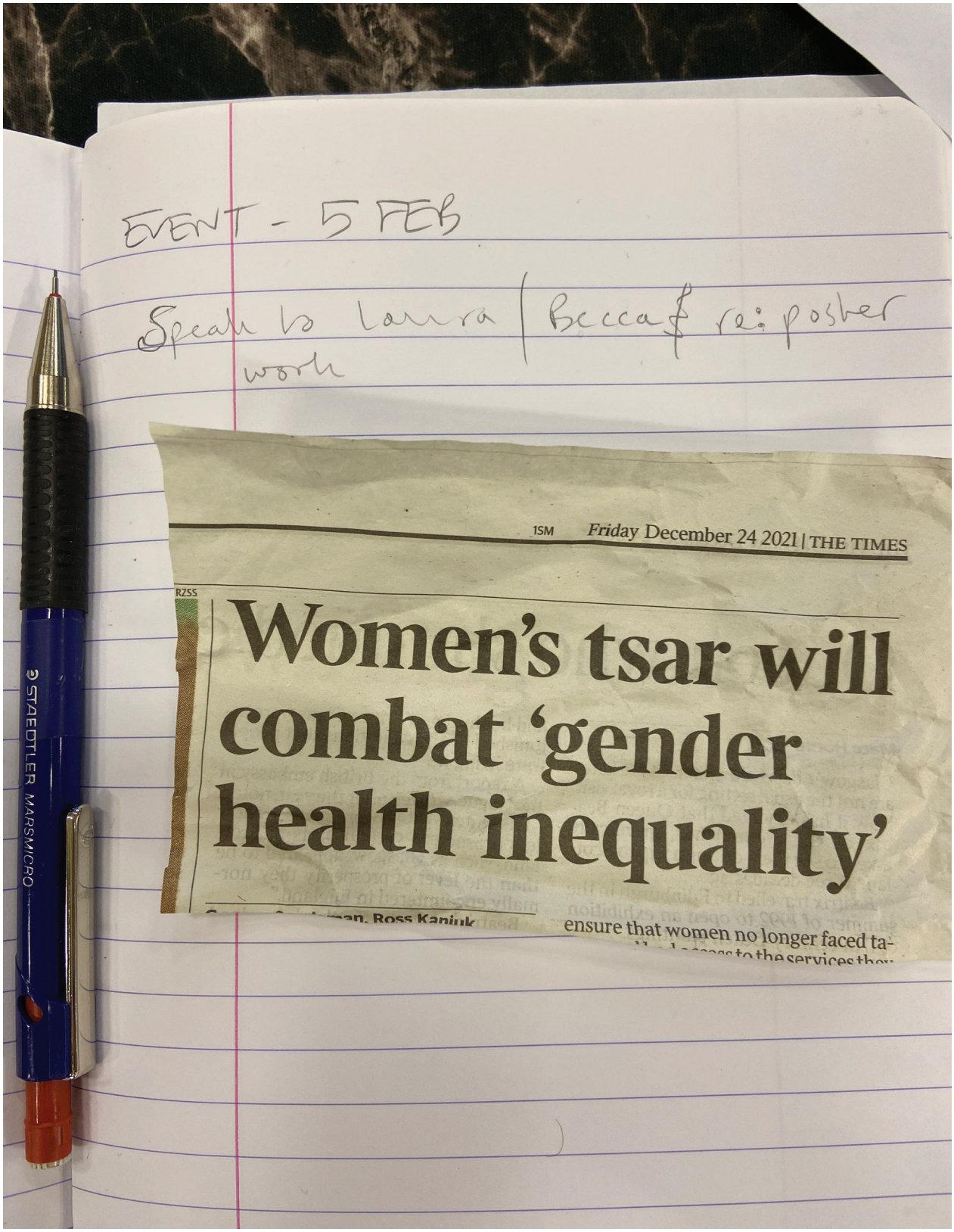


Figure 184: Consciously Rising, Work in progress for *Zine 4*, (2021).

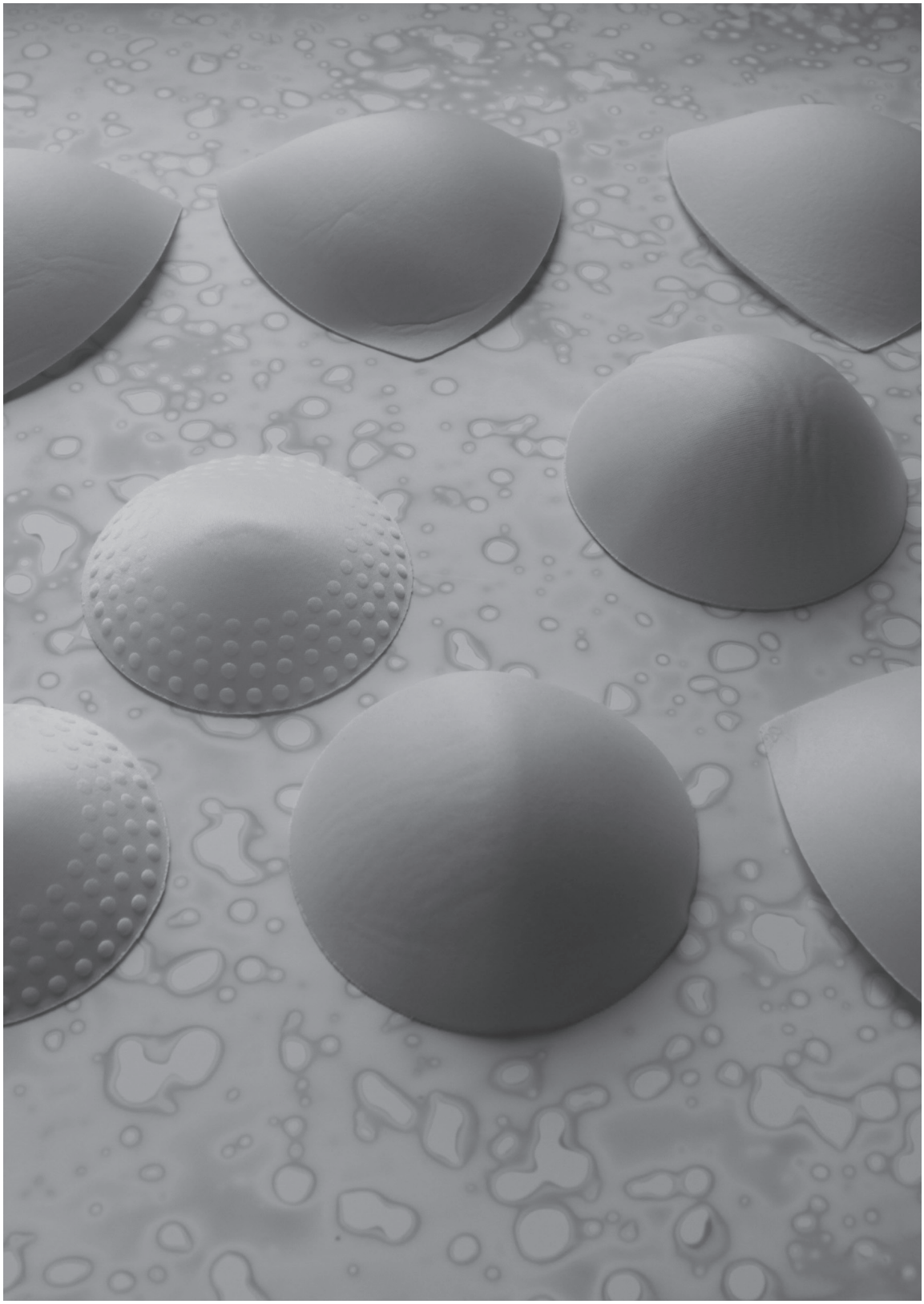


Figure 185: Consciously Rising, Work in progress for *Zine 4*, (2021).



Figure 186: Consciously Rising, Digital proof for *Zine 4*, (2021).

I've had to

really spend a lot of time

researching & trying to learn exactly

what it is

that my body needs.

Figure 187: Consciously Rising, Work in progress for *Zine 4*, (2021).

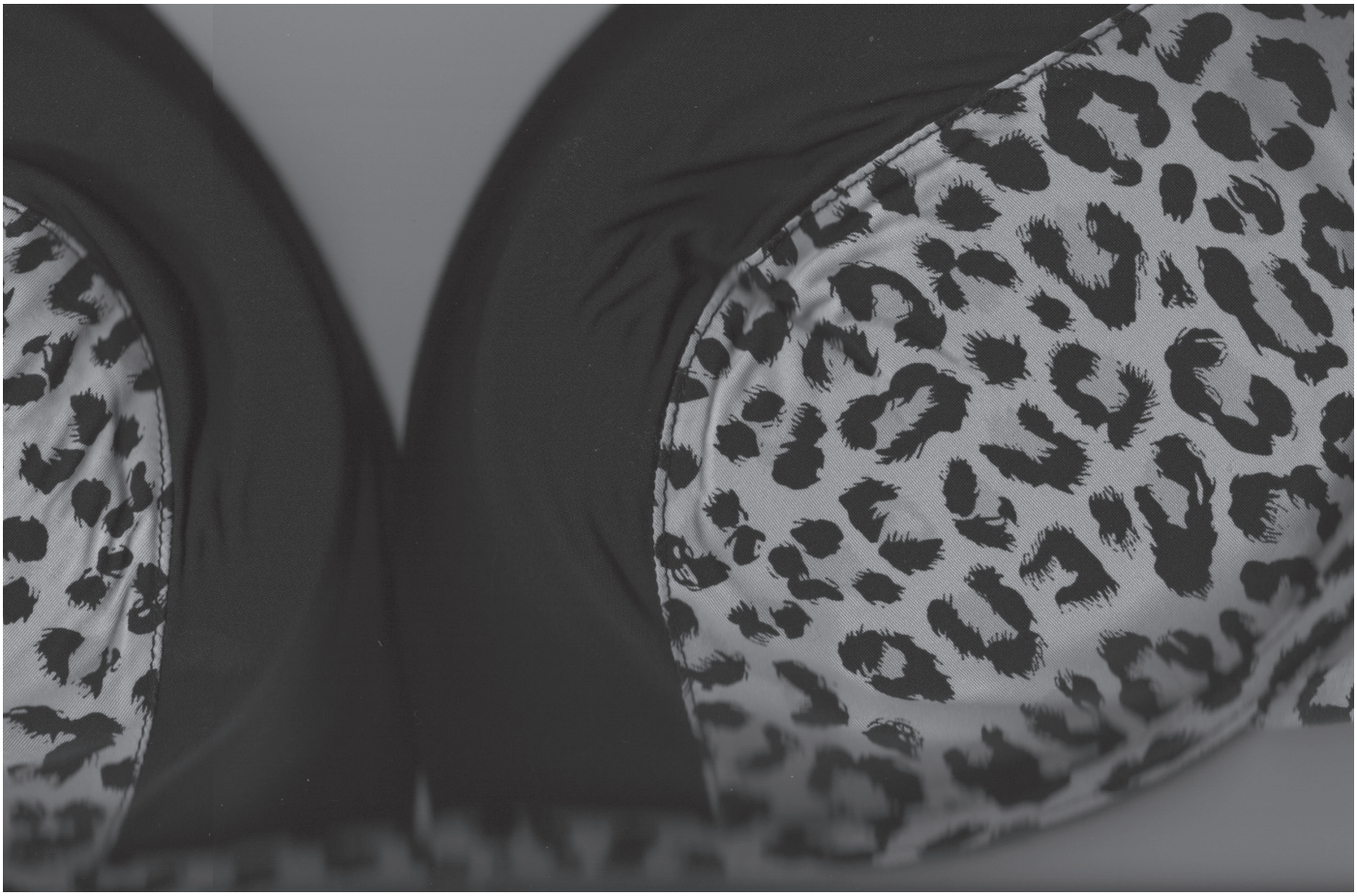


Figure 188: Consciously Rising, Work in progress for *Zine 4*, (2021).

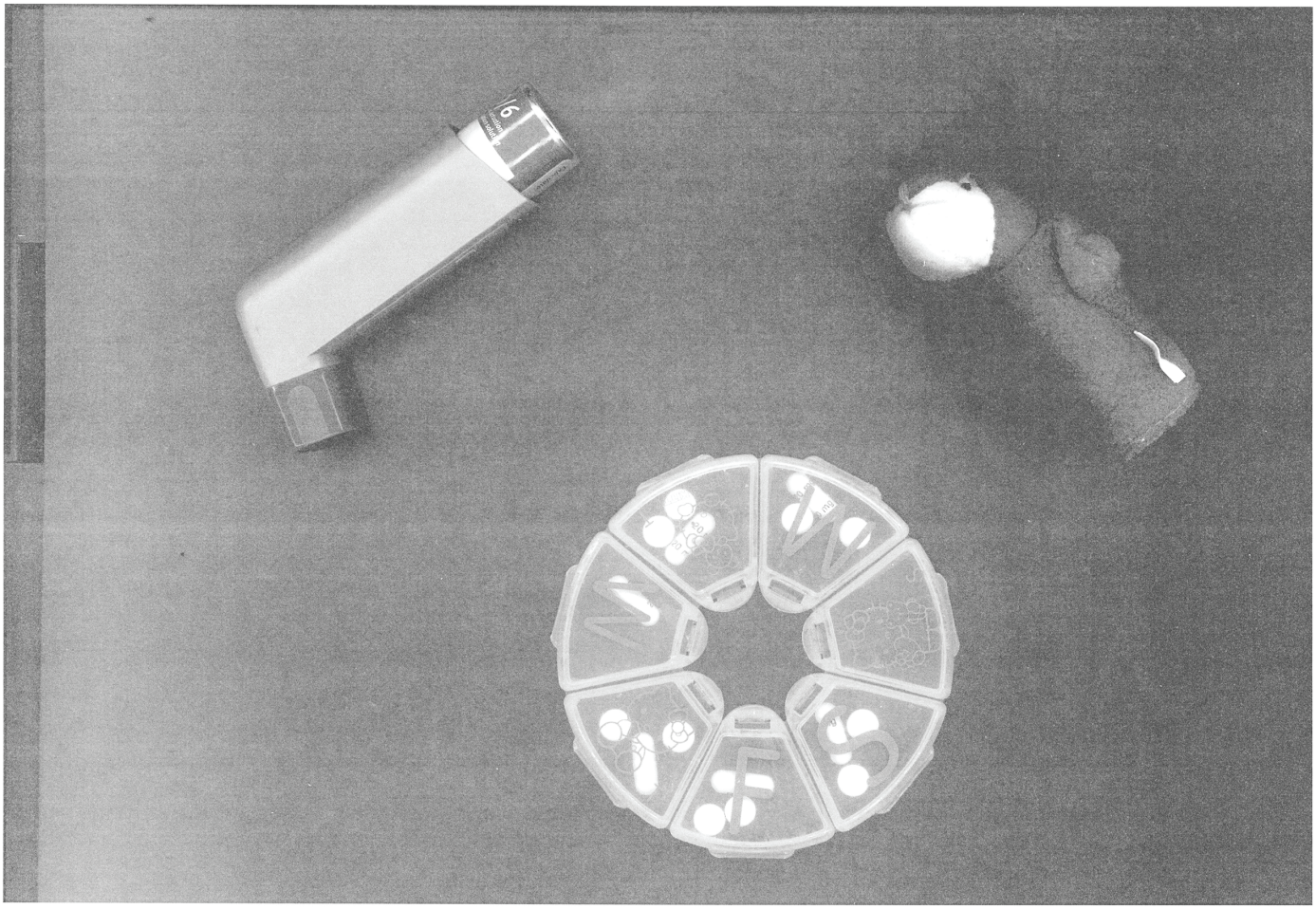
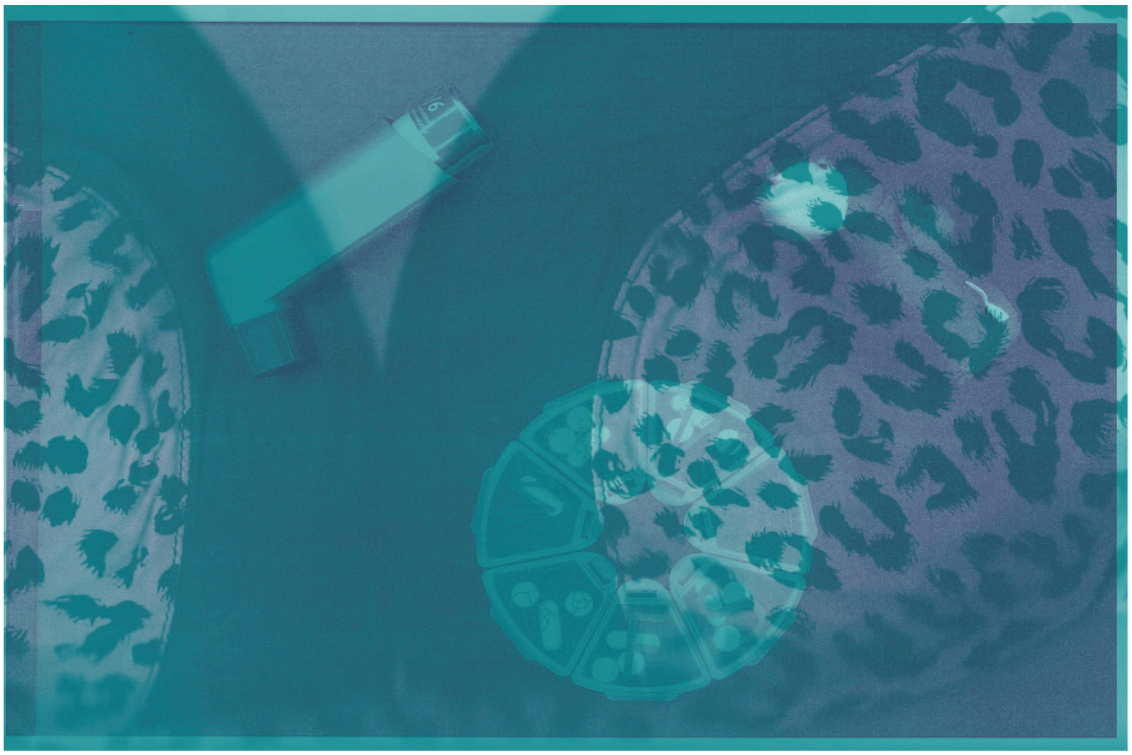


Figure 189: Consciously Rising, Work in progress for *Zine 4*, (2021).



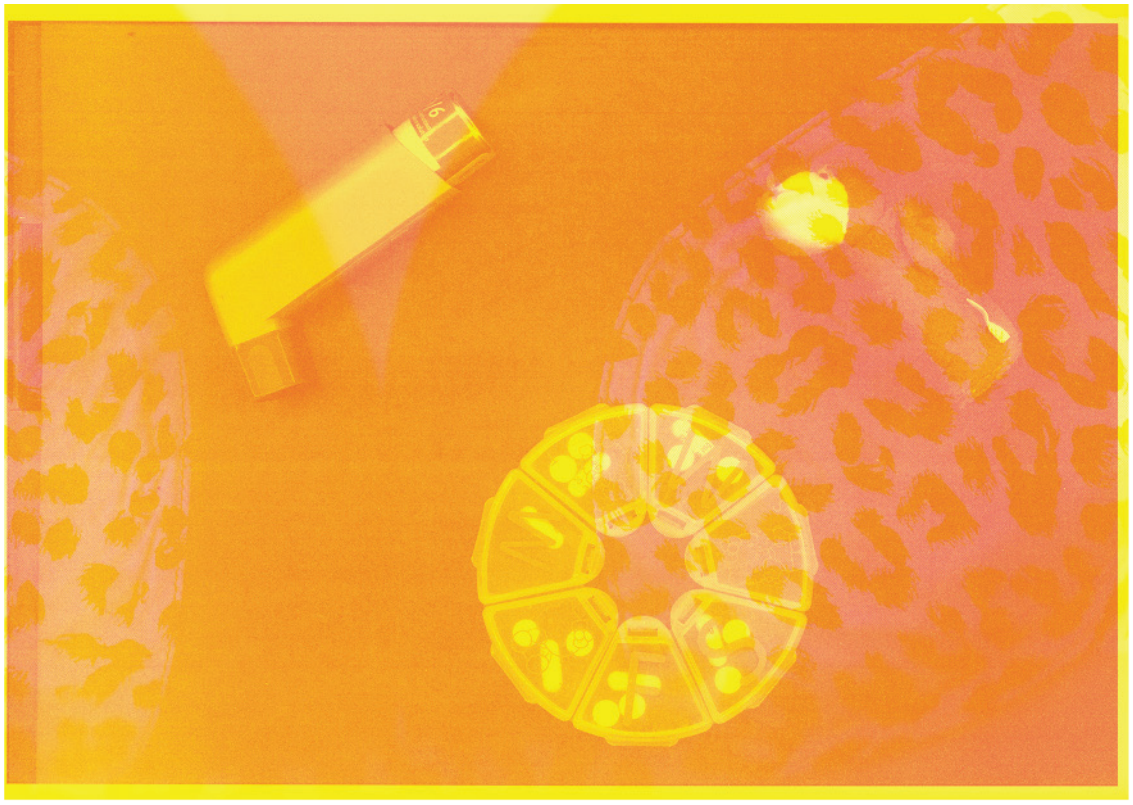


Figure 190: Consciously Rising, Digital proof for *Zine 4*, (2021).

Figure 191: Consciously Rising, Digital proof for *Zine 4*, (2021).



Figure 192: Consciously Rising, Print layout for *Zine 4*, (2021).

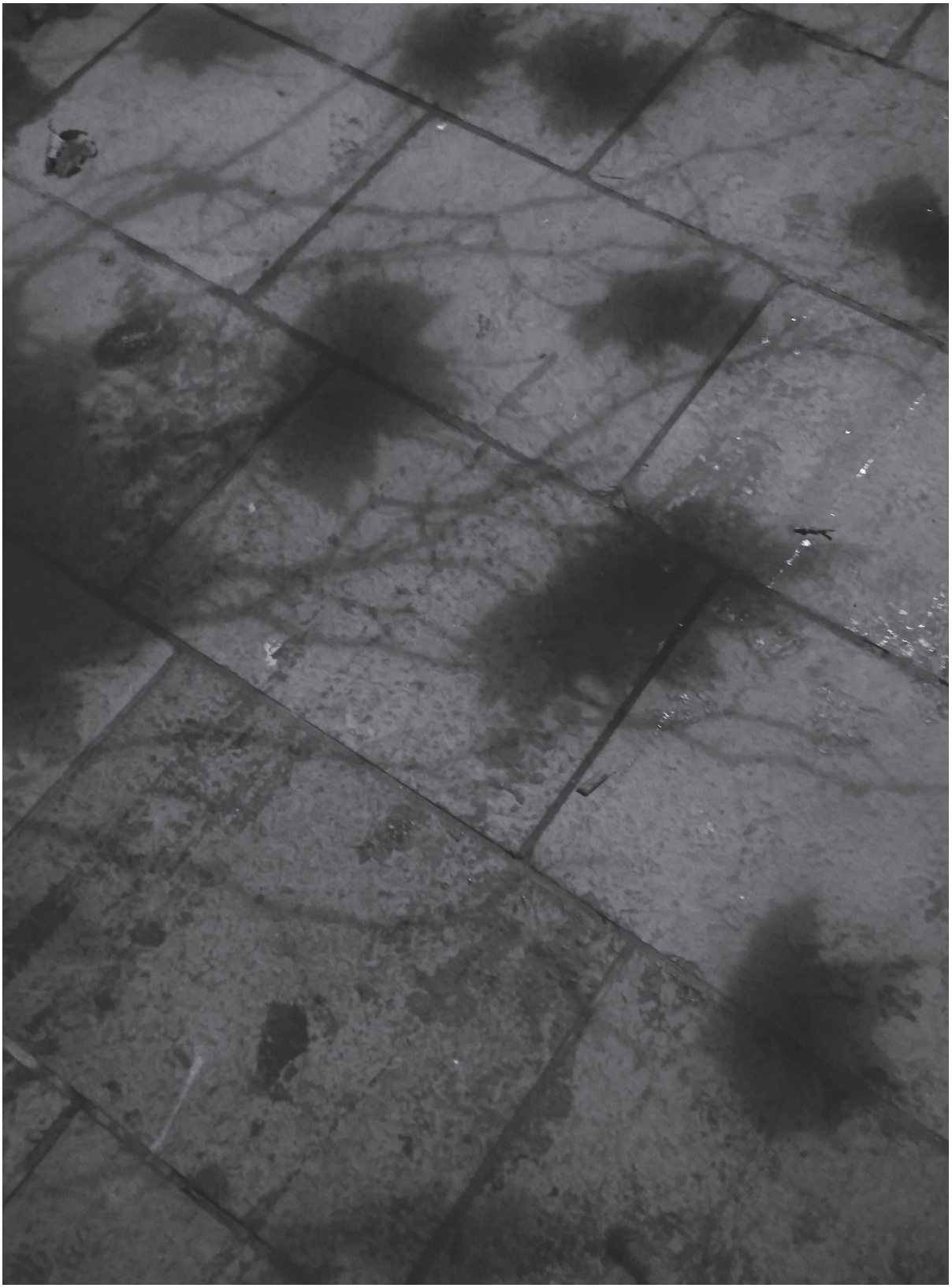


Figure 193: Consciously Rising, Print layout for *Zine 4*, (2021).



Figure 194: Consciously Rising, Print layout for *Zine 4*, (2021).

PUBLIC EVENTS

GLASGOW WOMEN'S LIBRARY
EXHIBITION INSTALL



Figure 195: Consciously Rising, Exhibition install at Glasgow Women's Library, (2021).





Figure 196: Consciously Rising, Exhibition install at Glasgow Women's Library, (2021).

Figure 197: Consciously Rising, Exhibition install at Glasgow Women's Library, (2021).

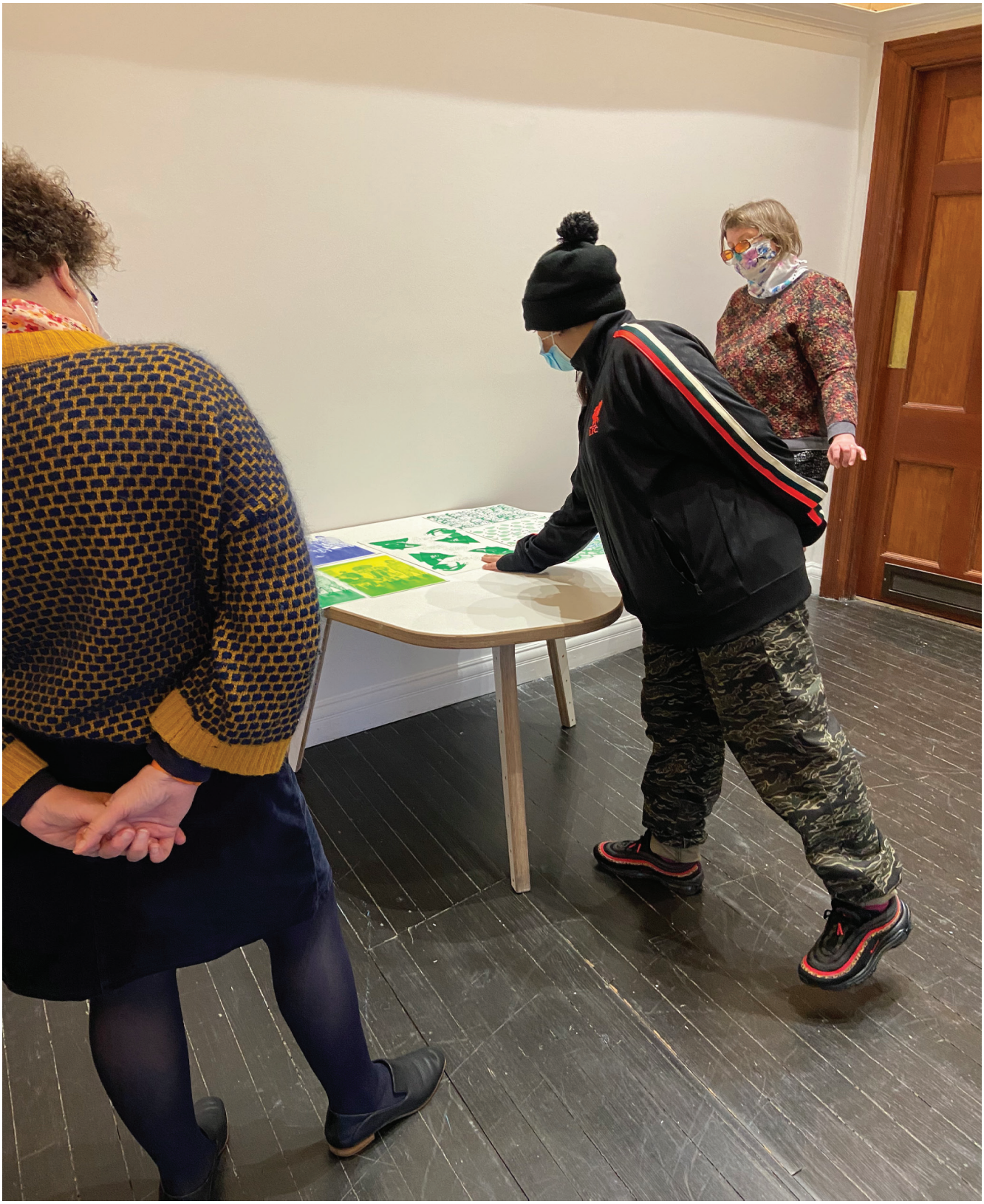


Figure 198: Consciously Rising, Exhibition install at Glasgow Women's Library, (2021).



Figure 199: Consciously Rising, Exhibition install at Glasgow Women's Library, (2021).



Figure 200: Consciously Rising, Exhibition install at Glasgow Women's Library, (2021).

GLASGOW WOMEN'S LIBRARY EXHIBITION DOCUMENTATION



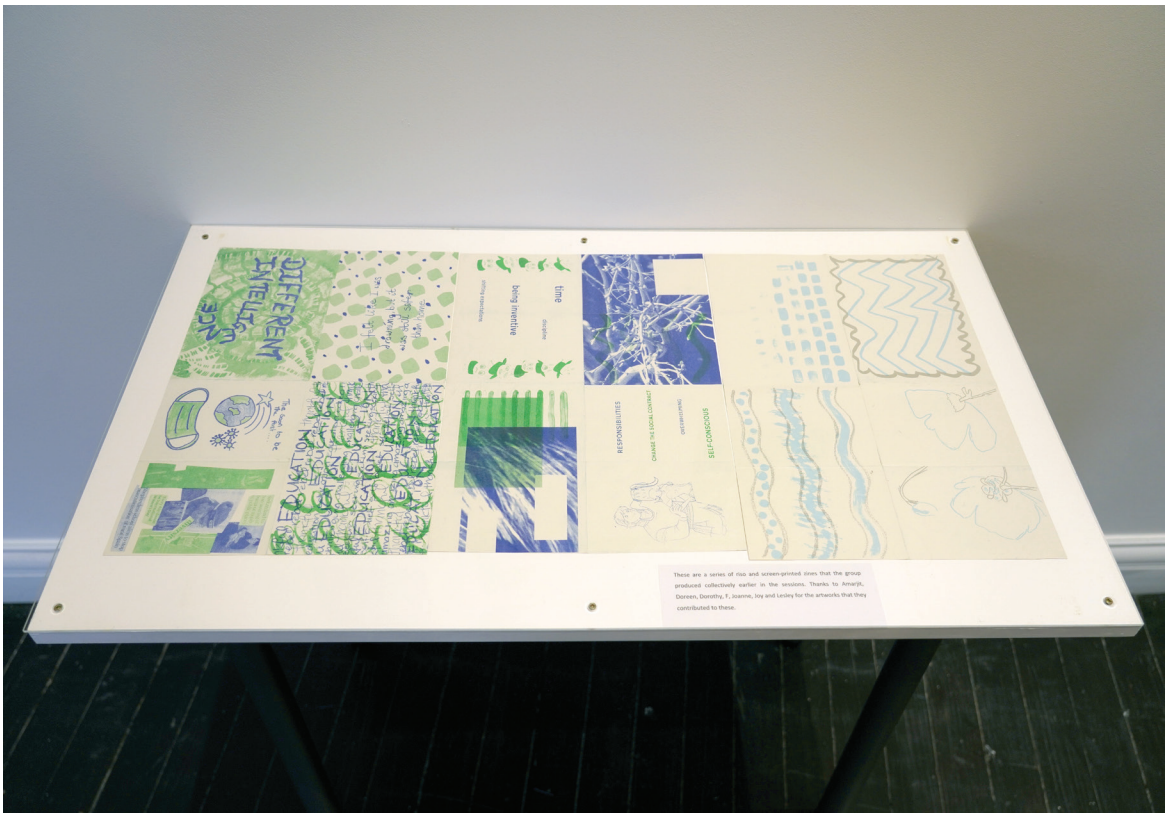


Figure 201: Consciously Rising, Exhibition at Glasgow Women's Library, (2021).

Figure 202: Consciously Rising, Exhibition at Glasgow Women's Library, (2021).



Figure 203: Consciously Rising, Exhibition at Glasgow Women's Library, (2021).



Figure 204: Consciously Rising, Exhibition at Glasgow Women's Library, (2021).



Figure 205: Consciously Rising, Exhibition at Glasgow Women's Library, (2021).

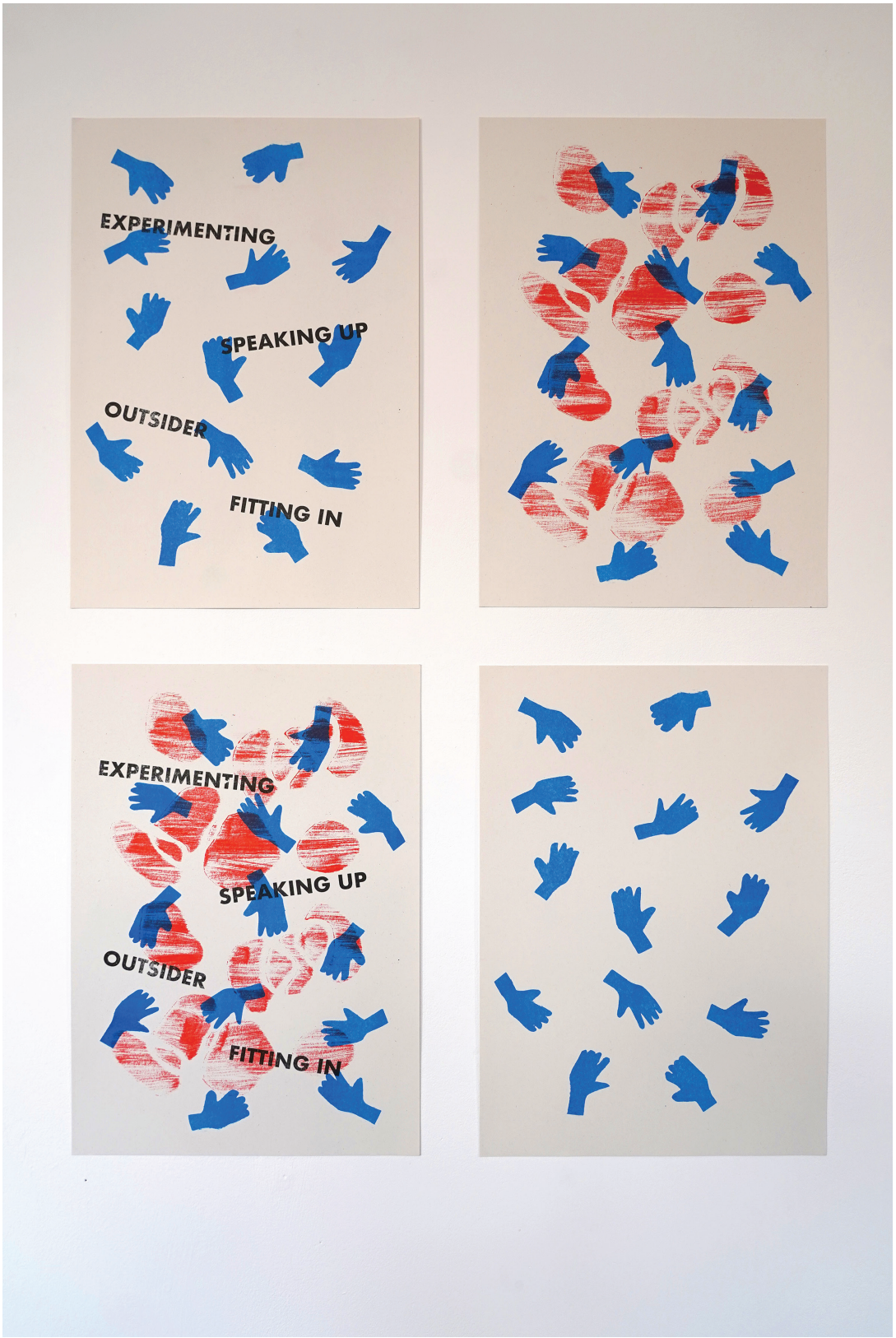


Figure 206: Consciously Rising, Exhibition at Glasgow Women's Library, (2021).

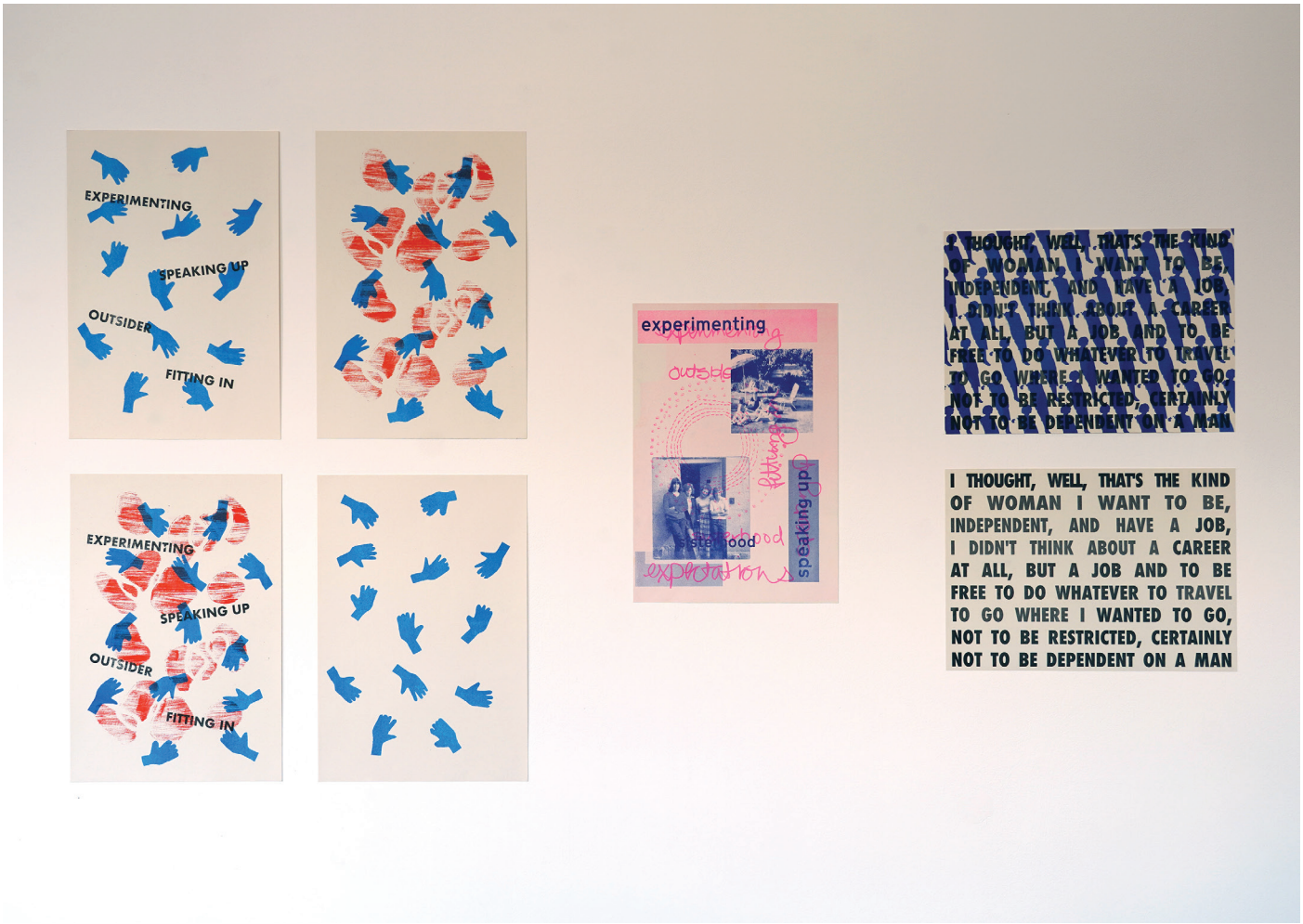


Figure 207: Consciously Rising, Exhibition at Glasgow Women's Library, (2021).

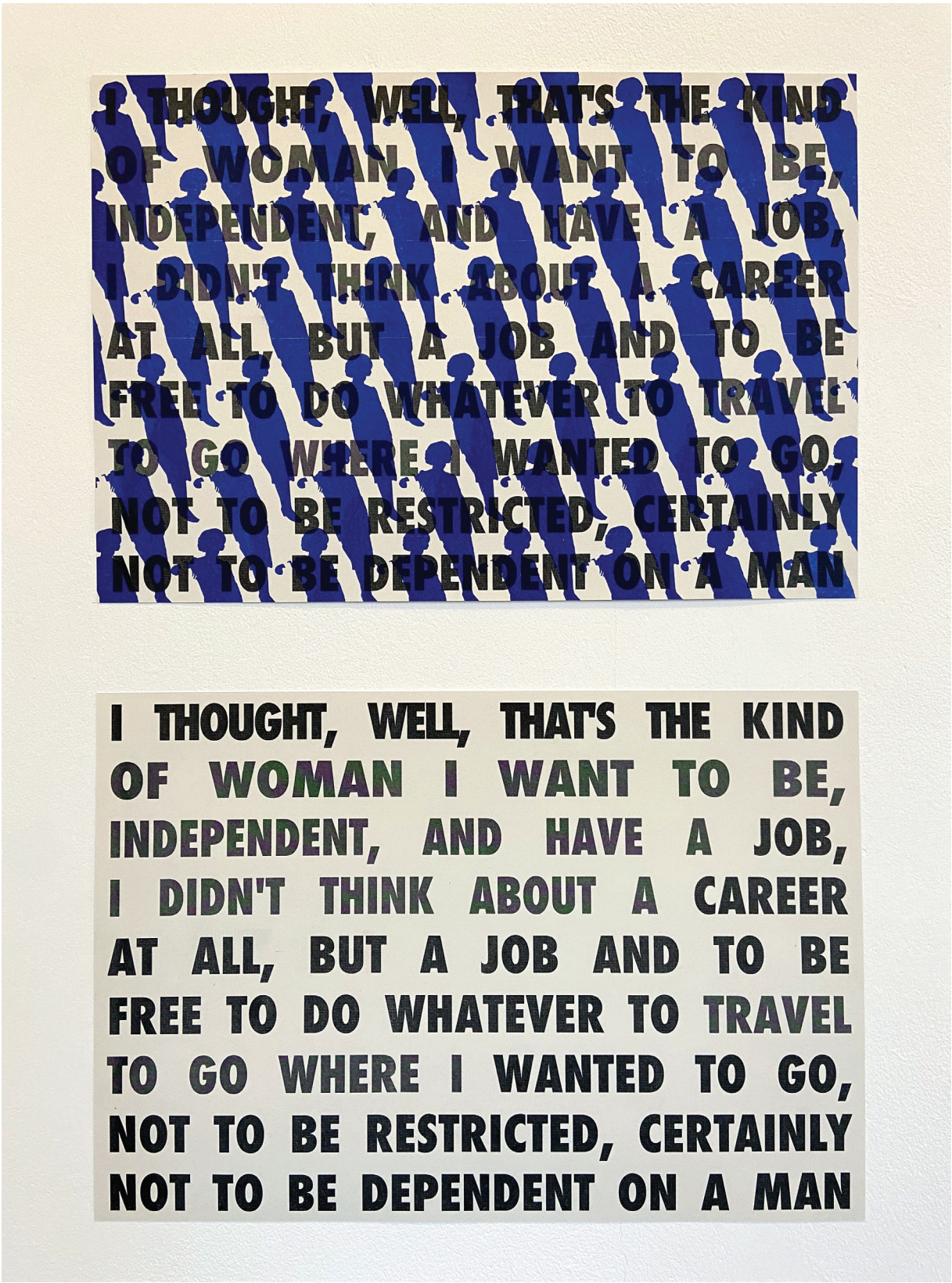


Figure 208: Consciously Rising, Exhibition at Glasgow Women's Library, (2021).



Figure 209: Consciously Rising, Exhibition at Glasgow Women's Library, (2021).



Figure 210: Consciously Rising, Exhibition at Glasgow Women's Library, (2021).



Figure 211: Consciously Rising, Exhibition at Glasgow Women's Library, (2021).



Figure 212: Consciously Rising, Exhibition at Glasgow Women's Library, (2021).





Figure 213: Consciously Rising, Exhibition at Glasgow Women's Library, (2021).

Figure 214: Consciously Rising, Exhibition at Glasgow Women's Library, (2021).



Figure 215: Consciously Rising, Exhibition at Glasgow Women's Library, (2021).



Figure 216: Consciously Rising, Exhibition at Glasgow Women's Library, (2021).



Figure 217: Consciously Rising, Exhibition at Glasgow Women's Library, (2021).





Figure 218: Consciously Rising, Exhibition at Glasgow Women's Library, (2021).

Figure 219: Consciously Rising, Exhibition at Glasgow Women's Library, (2021).



Figure 220: Consciously Rising, Exhibition at Glasgow Women's Library, (2021).



Figure 221: Consciously Rising, Exhibition at Glasgow Women's Library, (2021).

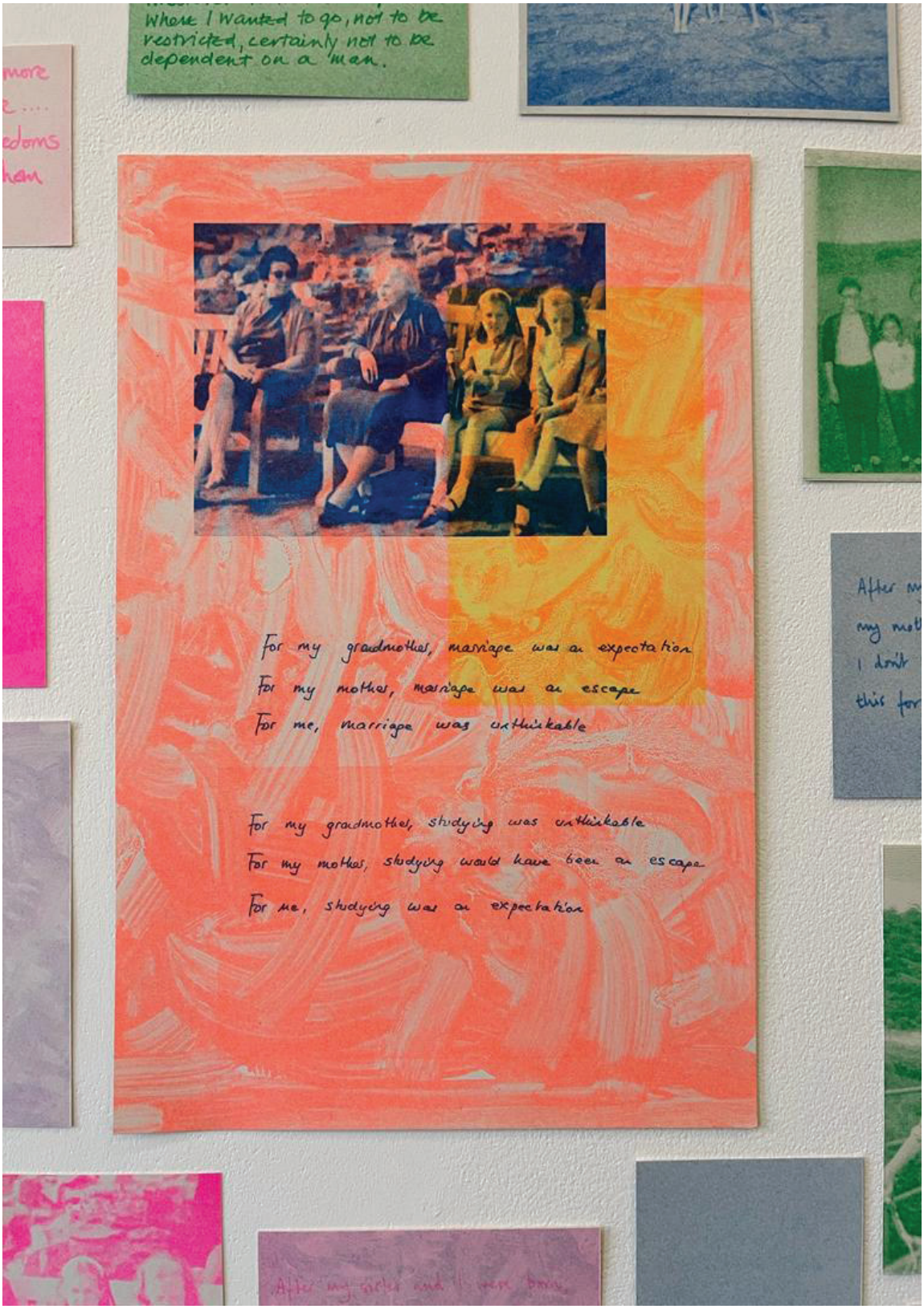


Figure 222: Consciously Rising, Exhibition at Glasgow Women's Library, (2021).



Figure 223: Consciously Rising, Exhibition at Glasgow Women's Library, (2021).



Figure 224: Consciously Rising, Exhibition at Glasgow Women's Library, (2021).

GLASGOW WOMEN'S LIBRARY
ARTIST'S TALK



Figure 225: Consciously Rising, Artist's talk at Glasgow Women's Library, (2022).



Figure 226: Consciously Rising, Artist's talk at Glasgow Women's Library, (2022).



Figure 227: Consciously Rising, Artist's talk at Glasgow Women's Library, (2022).



Figure 228: Consciously Rising, Artist's talk at Glasgow Women's Library, (2022).



Figure 229: Consciously Rising, Artist's talk at Glasgow Women's Library, (2022).



Figure 230: Consciously Rising, Artist's talk at Glasgow Women's Library, (2022).



Figure 231: Consciously Rising, Artist's talk at Glasgow Women's Library, (2022).

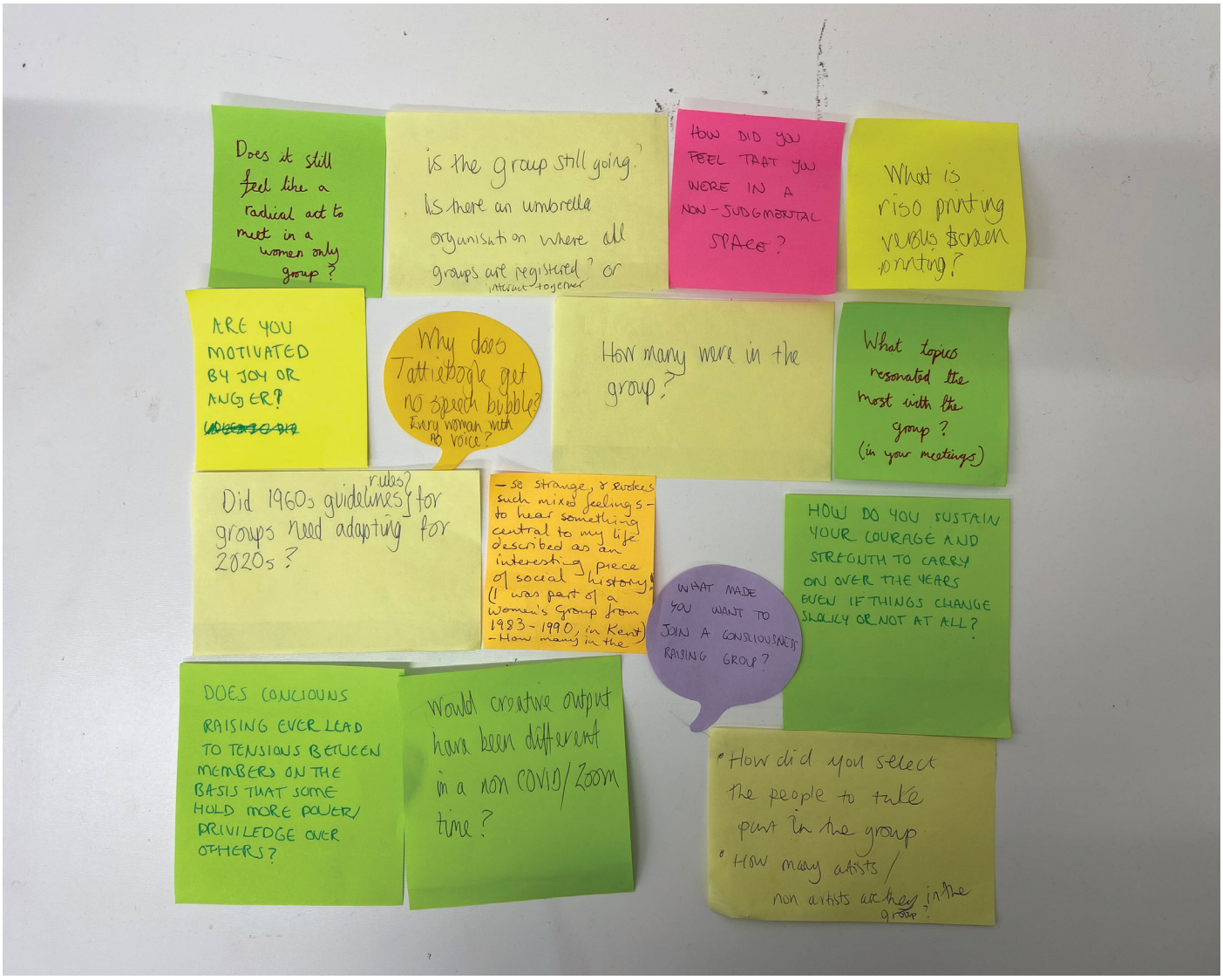


Figure 232: Consciously Rising, Artist's talk at Glasgow Women's Library, (2022).

DUNFERMLINE CARNEGIE LIBRARY & GALLERIES
COMMUNITY GALLERY
EXHIBITION INSTALL





Figure 233: Consciously Rising, Exhibition preparation, (2022).

Figure 234: Consciously Rising, Exhibition preparation, (2022).



Figure 235: Consciously Rising, Exhibition preparation, (2022).



Figure 236: Consciously Rising, Exhibition preparation, (2022).



Figure 237: Consciously Rising, Exhibition install at Dunfermline Carnegie Library & Museums, Community Gallery, (2022).

DUNFERMLINE CARNEGIE LIBRARY & GALLERIES
COMMUNITY GALLERY
EXHIBITION DOCUMENTATION



Figure 238: Consciously Rising, Exhibition at Dunfermline Carnegie Library & Museums, Community Gallery, (2022).



Figure 239: Consciously Rising, Exhibition at Dunfermline Carnegie Library & Museums, Community Gallery, (2022).



Figure 240: Consciously Rising, Exhibition at Dunfermline Carnegie Library & Museums, Community Gallery, (2022).



Figure 241: Consciously Rising, Exhibition at Dunfermline Carnegie Library & Museums, Community Gallery, (2022).



Figure 242: Consciously Rising, Exhibition at Dunfermline Carnegie Library & Museums, Community Gallery, (2022).



Figure 243: Consciously Rising, Exhibition at Dunfermline Carnegie Library & Museums, Community Gallery, (2022).



Figure 244: Consciously Rising, Exhibition at Dunfermline Carnegie Library & Museums, Community Gallery, (2022).



Figure 245: Consciously Rising, Exhibition at Dunfermline Carnegie Library & Museums, Community Gallery, (2022).



Figure 246: Consciously Rising, Exhibition at Dunfermline Carnegie Library & Museums, Community Gallery, (2022).



Figure 247: Consciously Rising, Exhibition at Dunfermline Carnegie Library & Museums, Community Gallery, (2022).



Figure 248: Consciously Rising, Exhibition at Dunfermline Carnegie Library & Museums, Community Gallery, (2022).



Figure 249: Consciously Rising, Exhibition at Dunfermline Carnegie Library & Museums, Community Gallery, (2022).



Figure 250: Consciously Rising, Exhibition at Dunfermline Carnegie Library & Museums, Community Gallery, (2022).



Figure 251: Consciously Rising, Exhibition at Dunfermline Carnegie Library & Museums, Community Gallery, (2022).



Figure 252: Consciously Rising, Exhibition at Dunfermline Carnegie Library & Museums, Community Gallery, (2022).

DUNFERMLINE CARNEGIE LIBRARY & GALLERIES
COMMUNITY GALLERY
ARTIST'S TALK



Figure 253: Consciously Rising, Poster for artist's talk at Dunfermline Carnegie Library & Museums, Community Gallery, (2022).



Figure 254: Consciously Rising, Artist's talk at Dunfermline Carnegie Library & Museums, Community Gallery, (2022).

ARCHIVING THE PROJECT
GLASGOW WOMEN'S LIBRARY



Figure 255: Consciously Rising, Archiving the project, Glasgow Women's Library, (2022).



Figure 256: Consciously Rising, Archiving the project, Glasgow Women's Library, (2023).



Figure 257: Consciously Rising, Archiving the project, Glasgow Women's Library, (2022).



Figure 258: Consciously Rising, Archiving the project, Glasgow Women's Library, (2022).

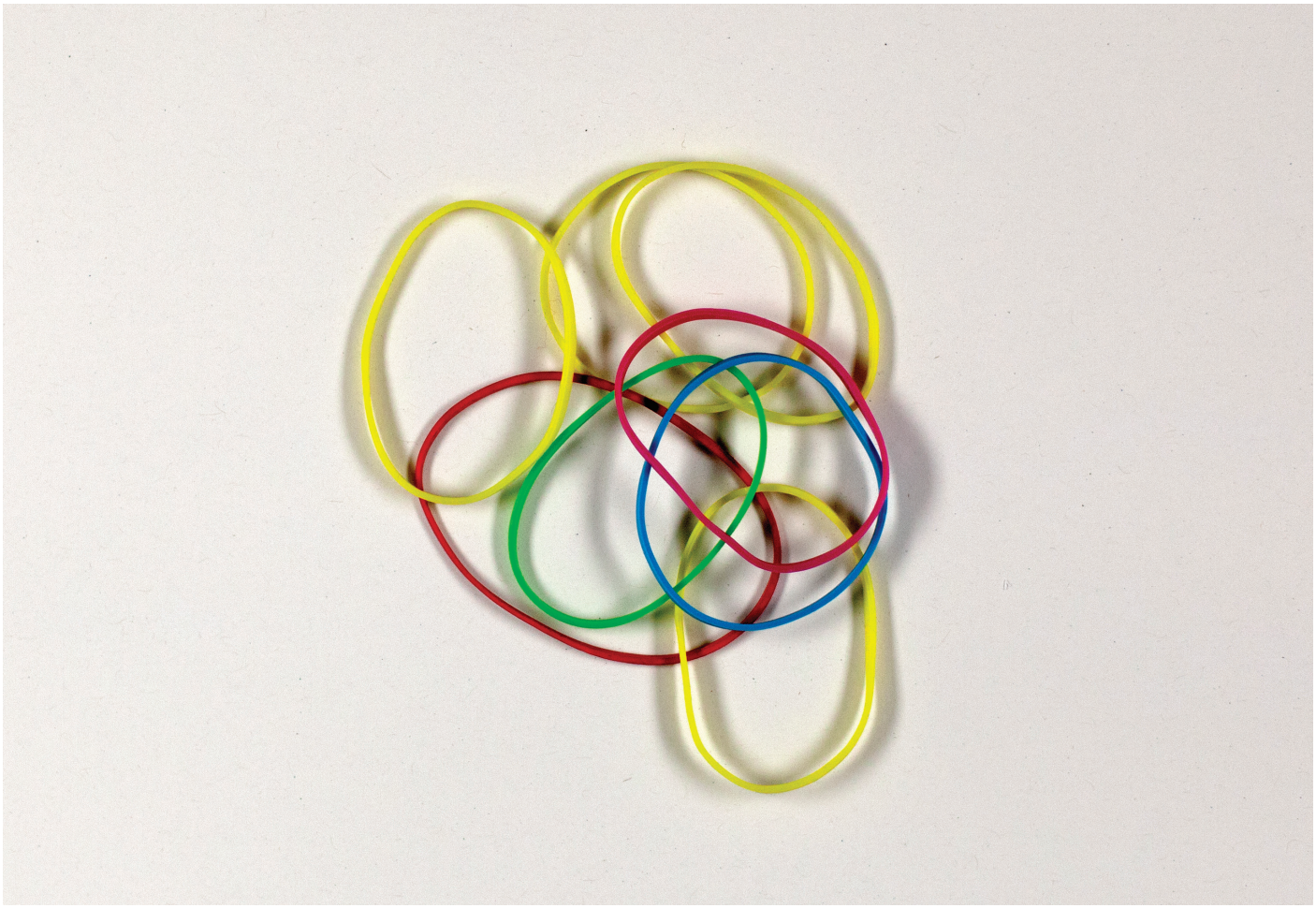


Figure 259: Consciously Rising, Archiving the project, Glasgow Women's Library, (2022).



Figure 260: Consciously Rising, Archiving the project, Glasgow Women's Library, (2022).



Figure 261: Consciously Rising, Archiving the project, Glasgow Women's Library, (2022).



Figure 262: Consciously Rising, Archiving the project, Glasgow Women's Library, (2022).



Figure 263: Consciously Rising, Archiving the project, Glasgow Women's Library, (2022).

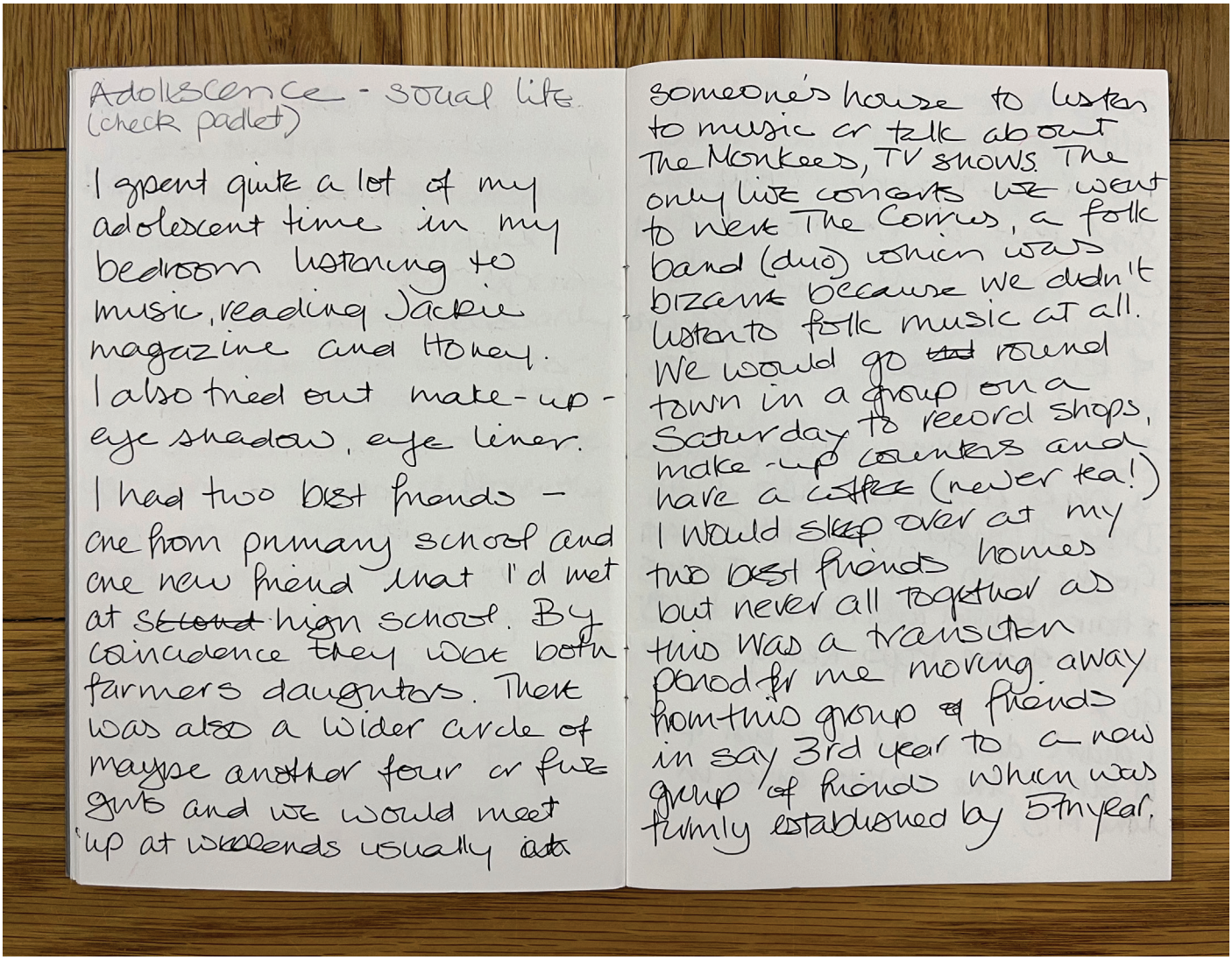


Figure 264: Consciously Rising, Archiving the project, Glasgow Women's Library, (2022).

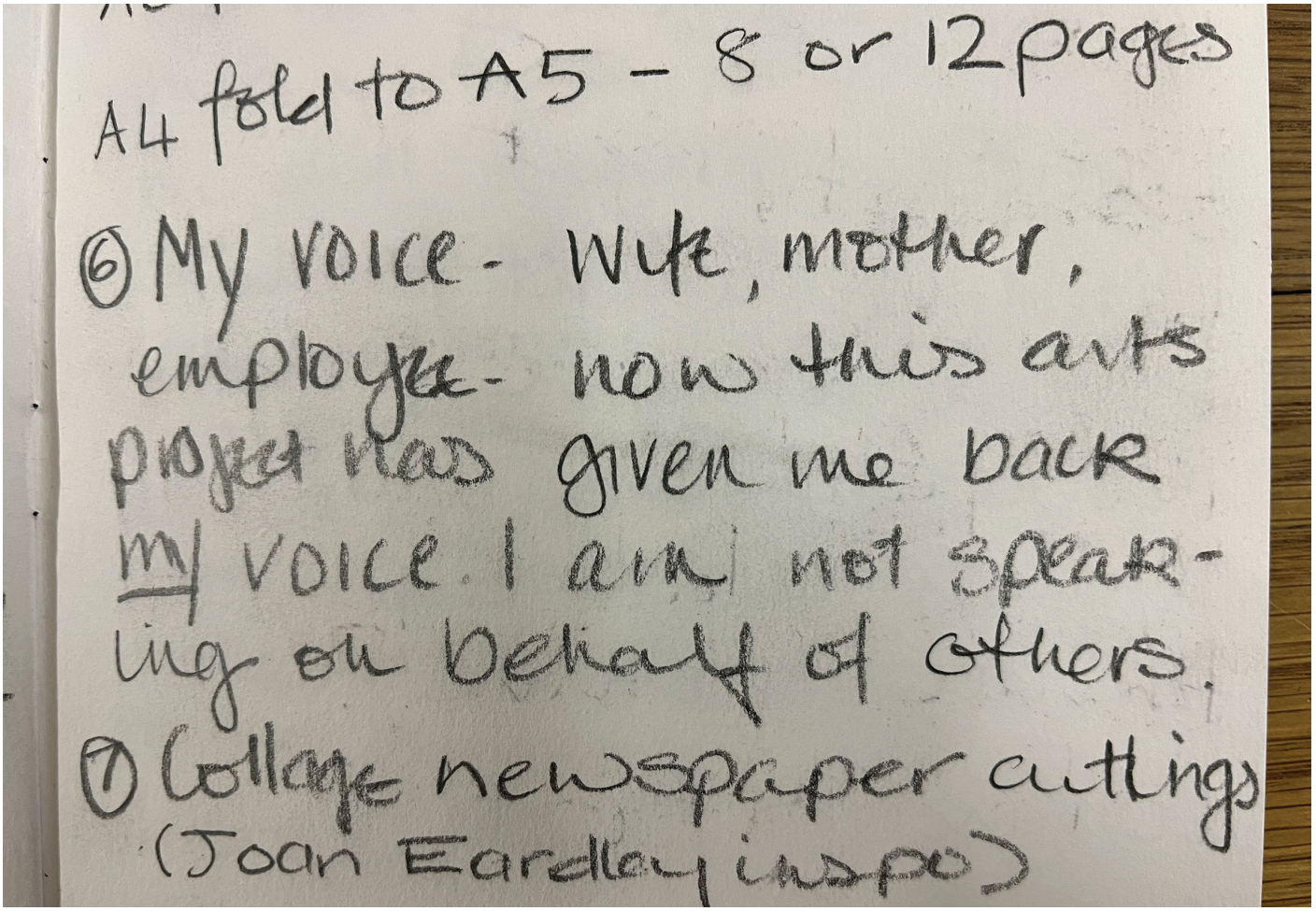
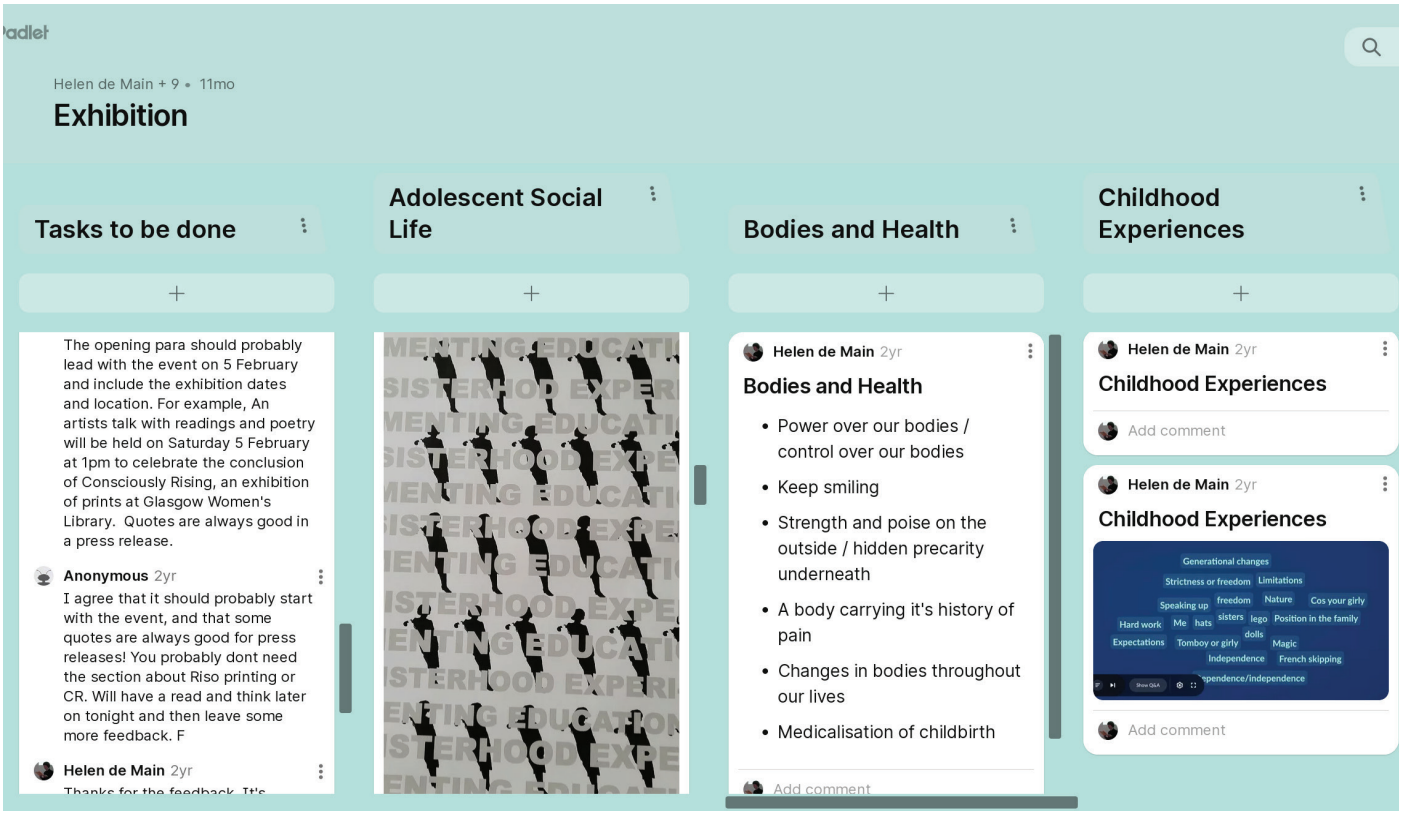


Figure 265: Consciously Rising, Archiving the project, Glasgow Women's Library, (2022).

PADLET



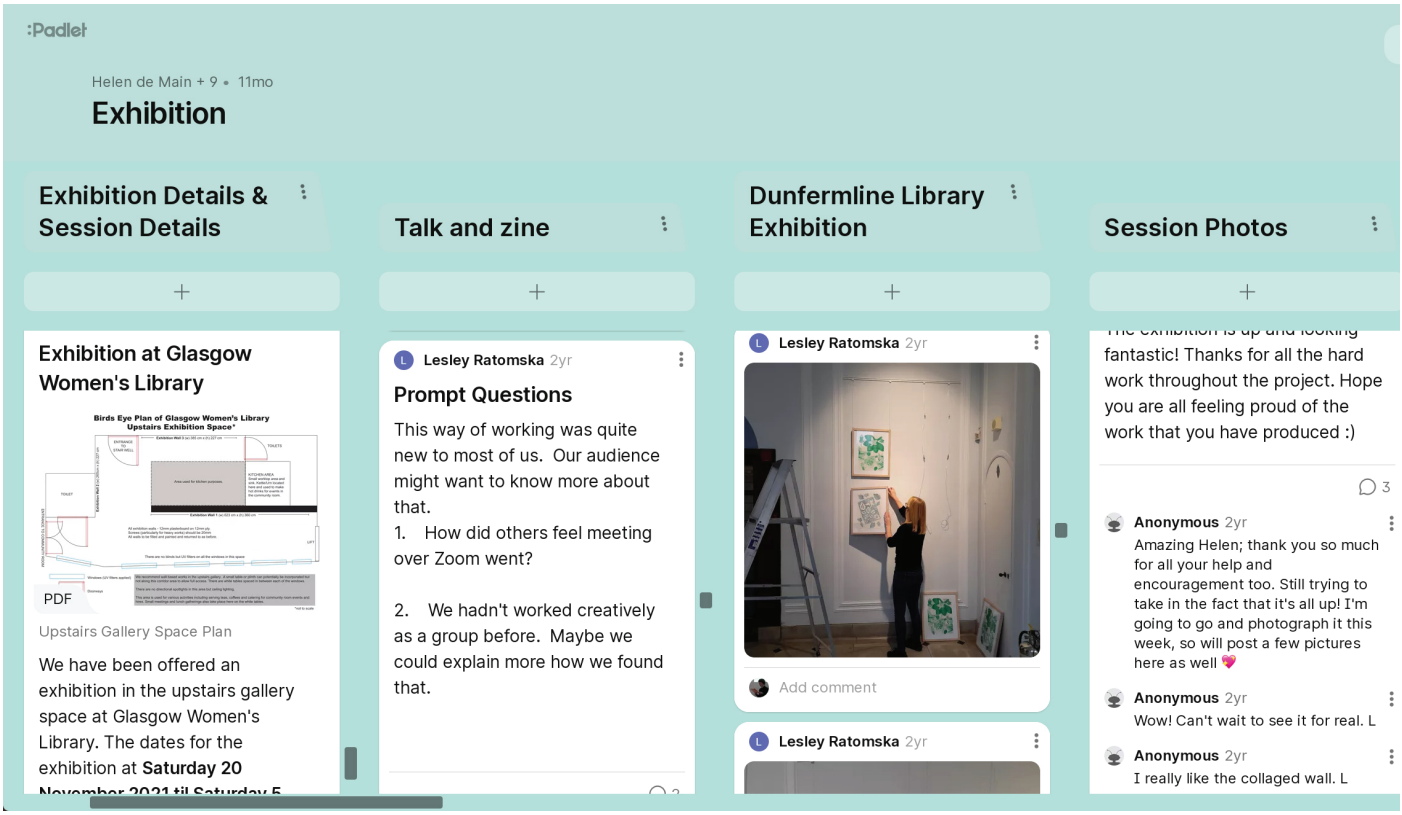
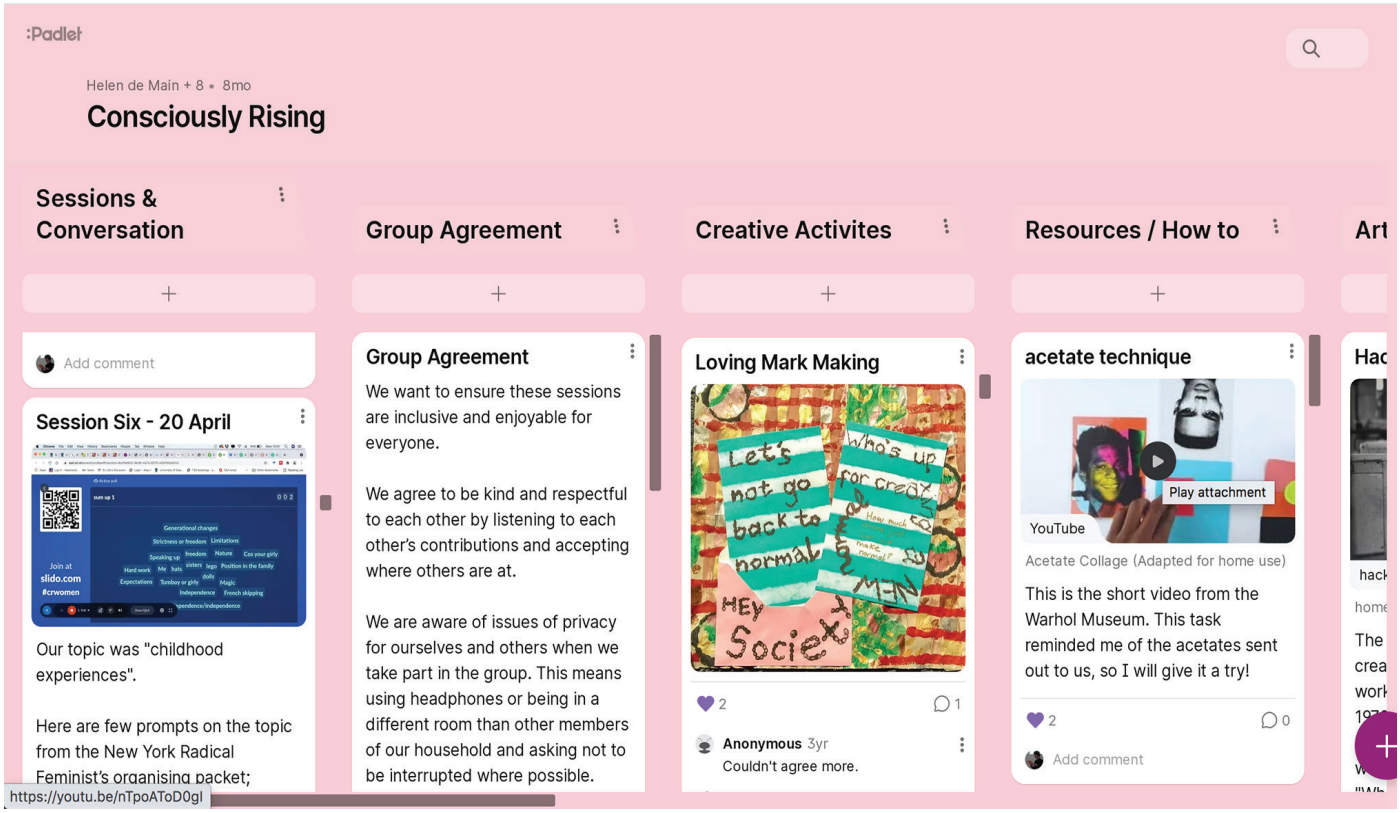


Figure 266: Consciously Rising, Padlet page, (2021).

Figure 267: Consciously Rising, Padlet page, (2021).



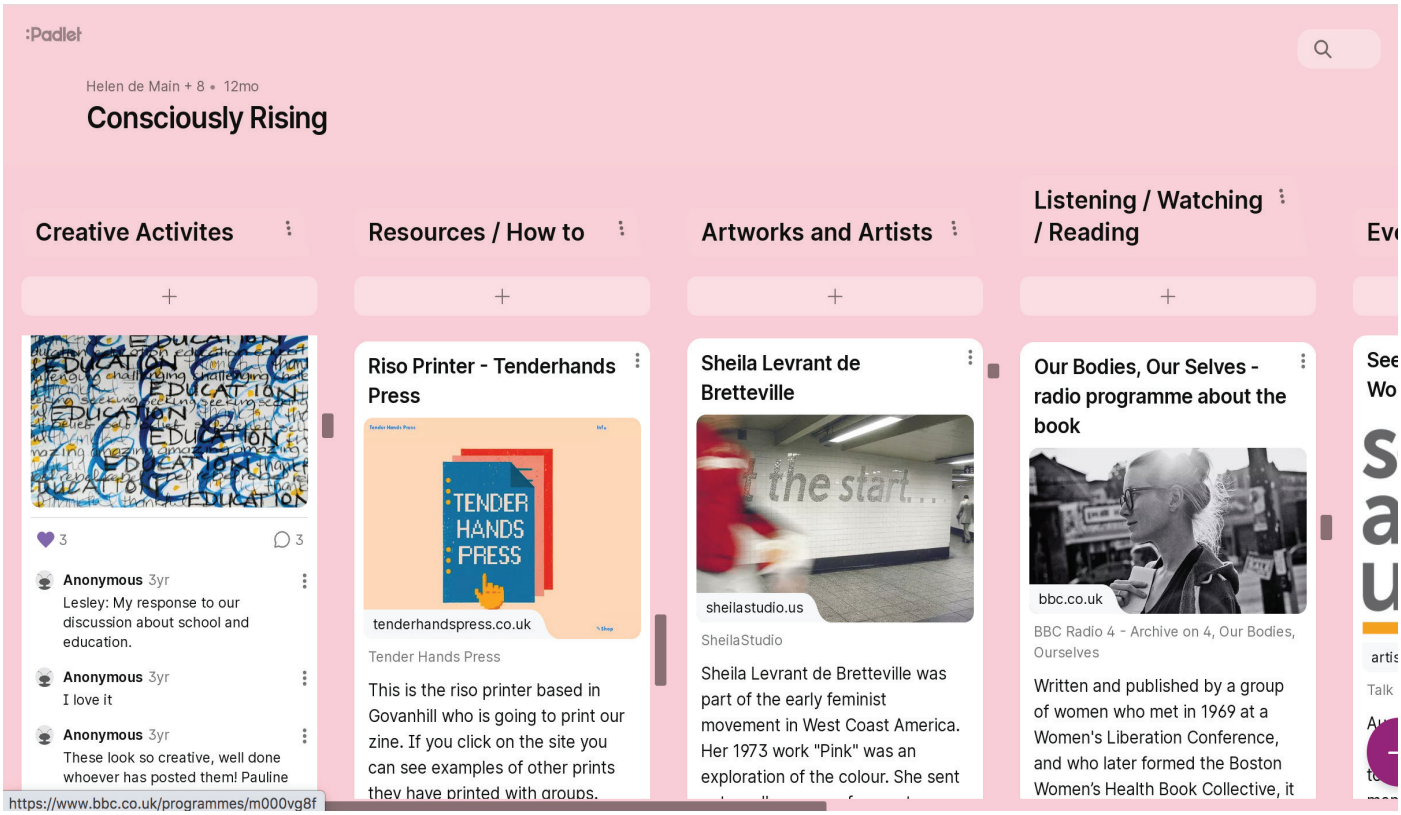
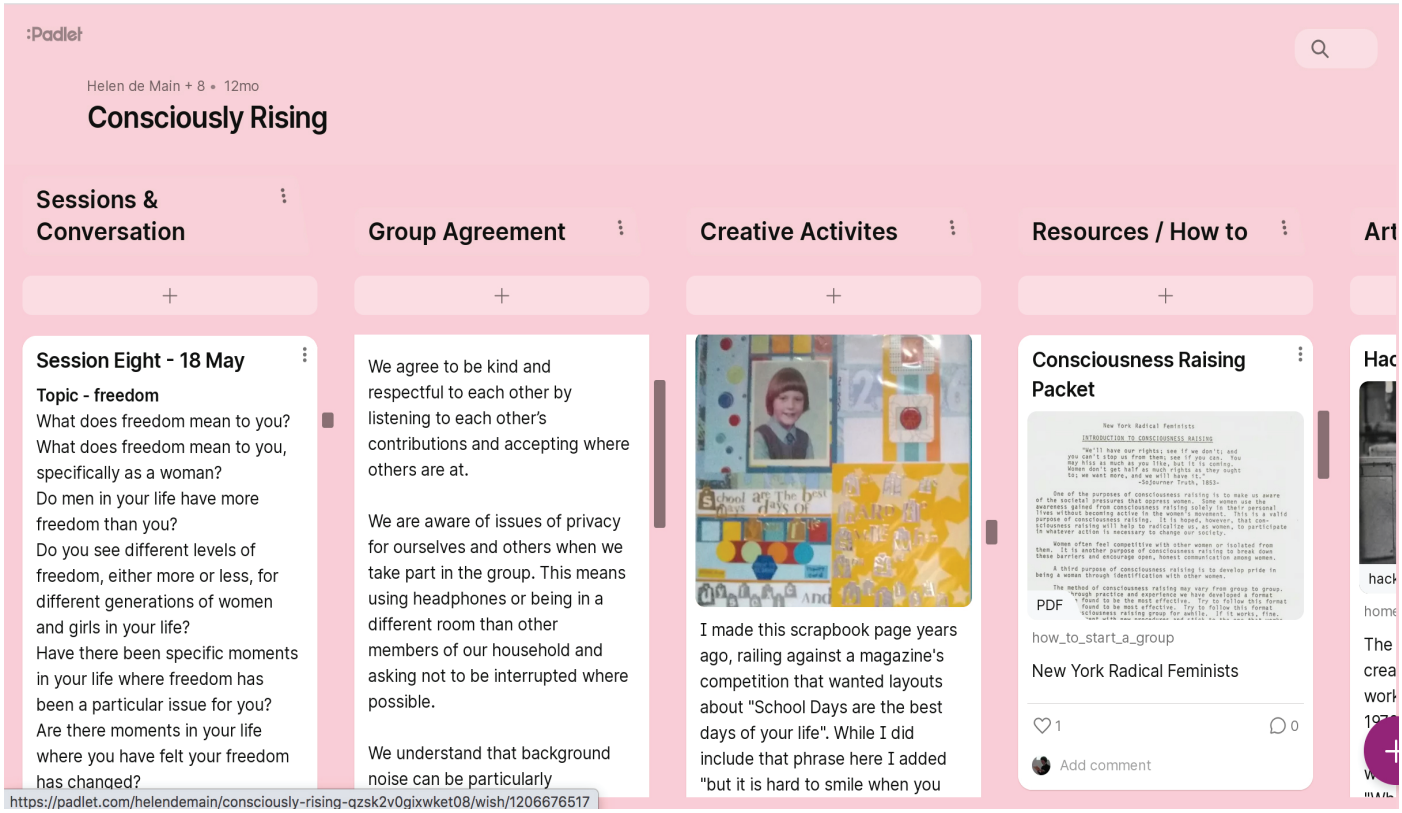


Figure 268: Consciously Rising, Padlet page, (2021).

Figure 269: Consciously Rising, Padlet page, (2021).



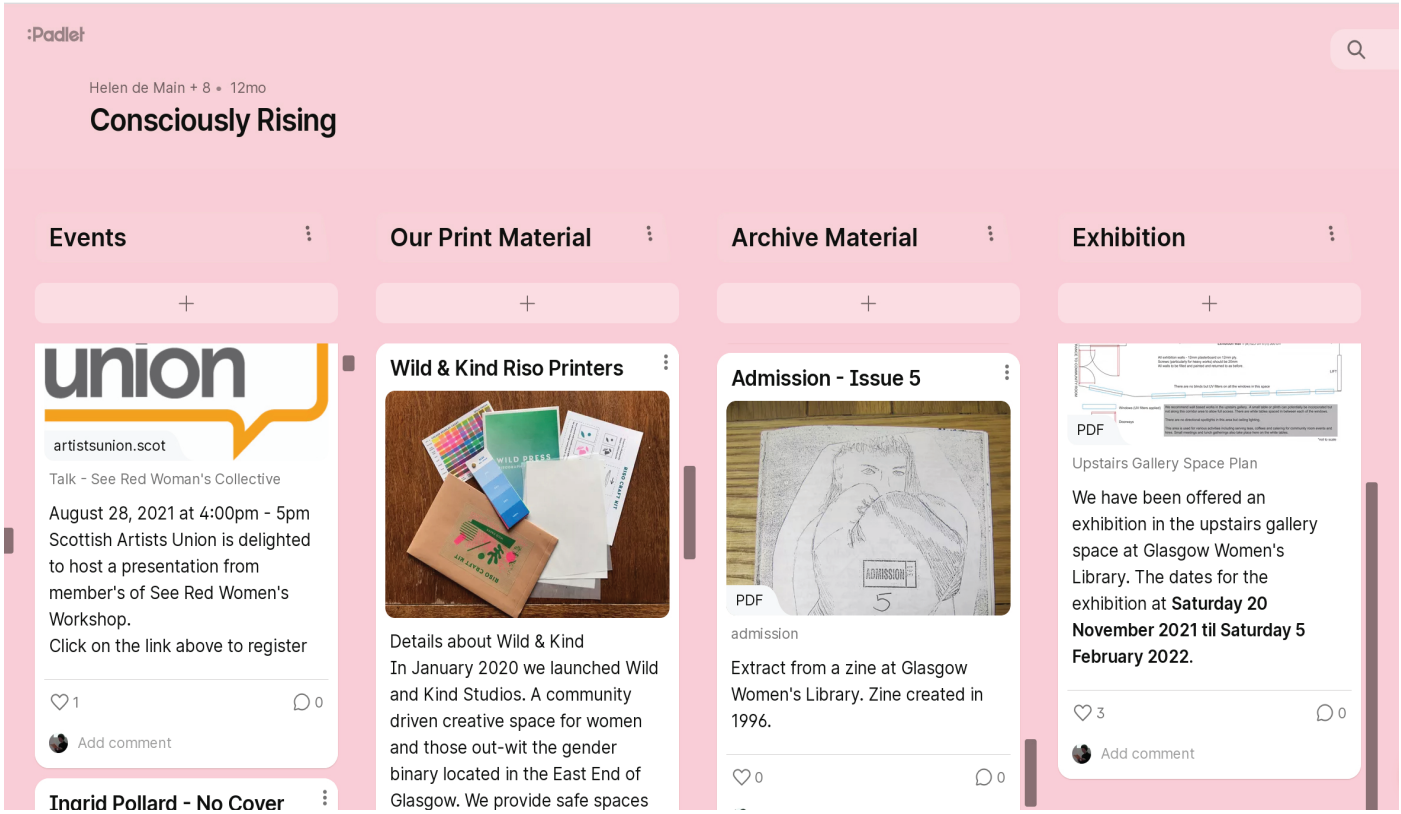
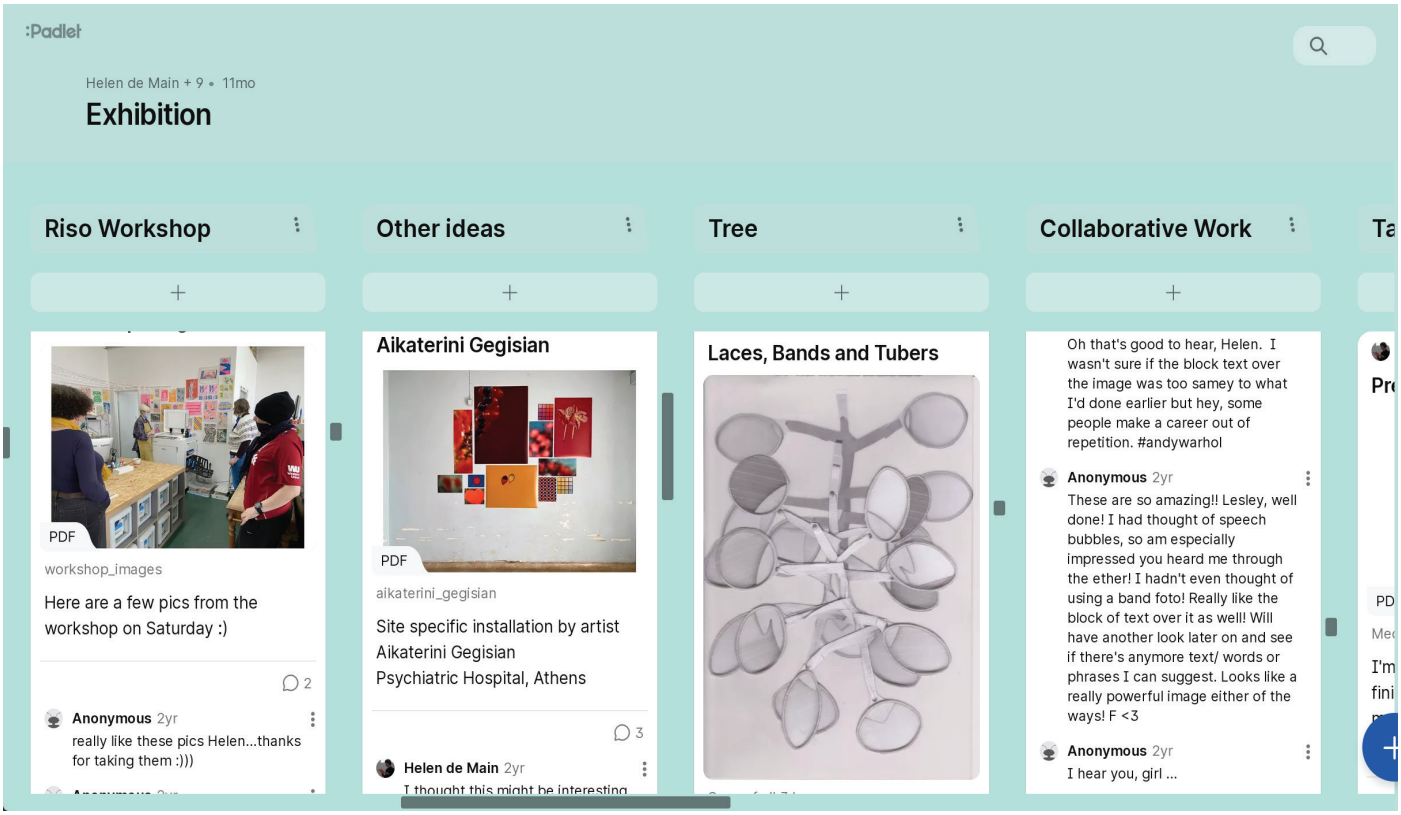


Figure 270: Consciously Rising, Padlet page, (2021).

Figure 271: Consciously Rising, Padlet page, (2021).



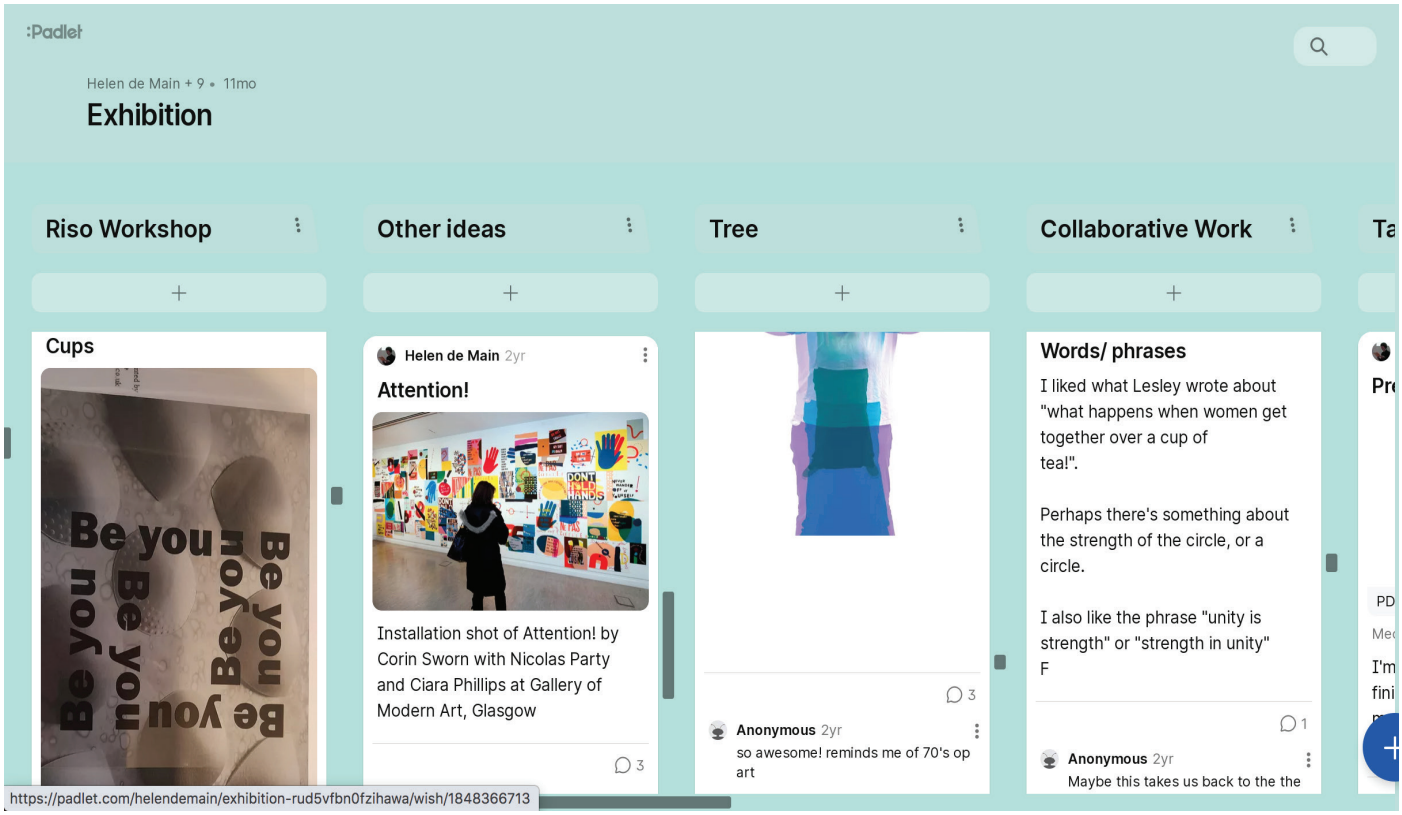
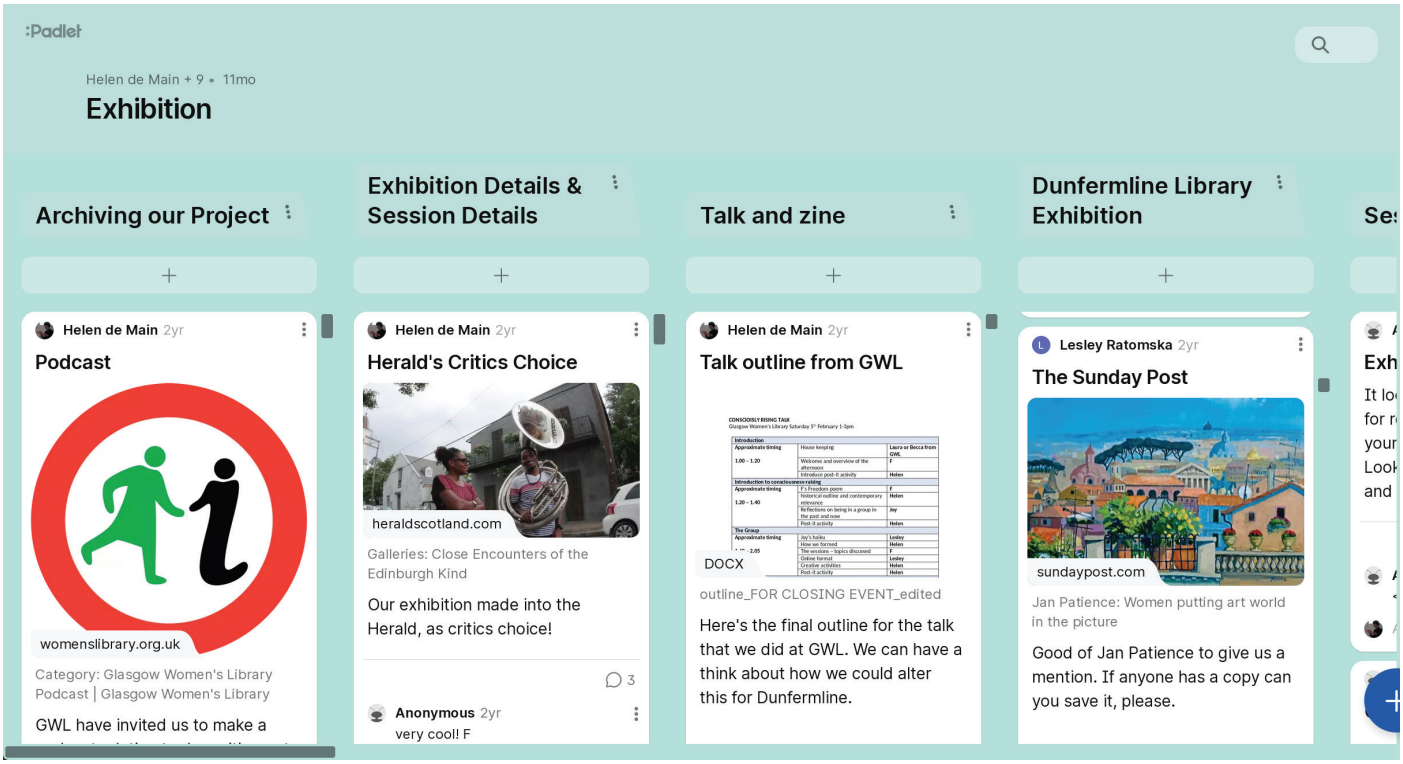


Figure 272: Consciously Rising, Padlet page, (2021).

Figure 273: Consciously Rising, Padlet page, (2021).



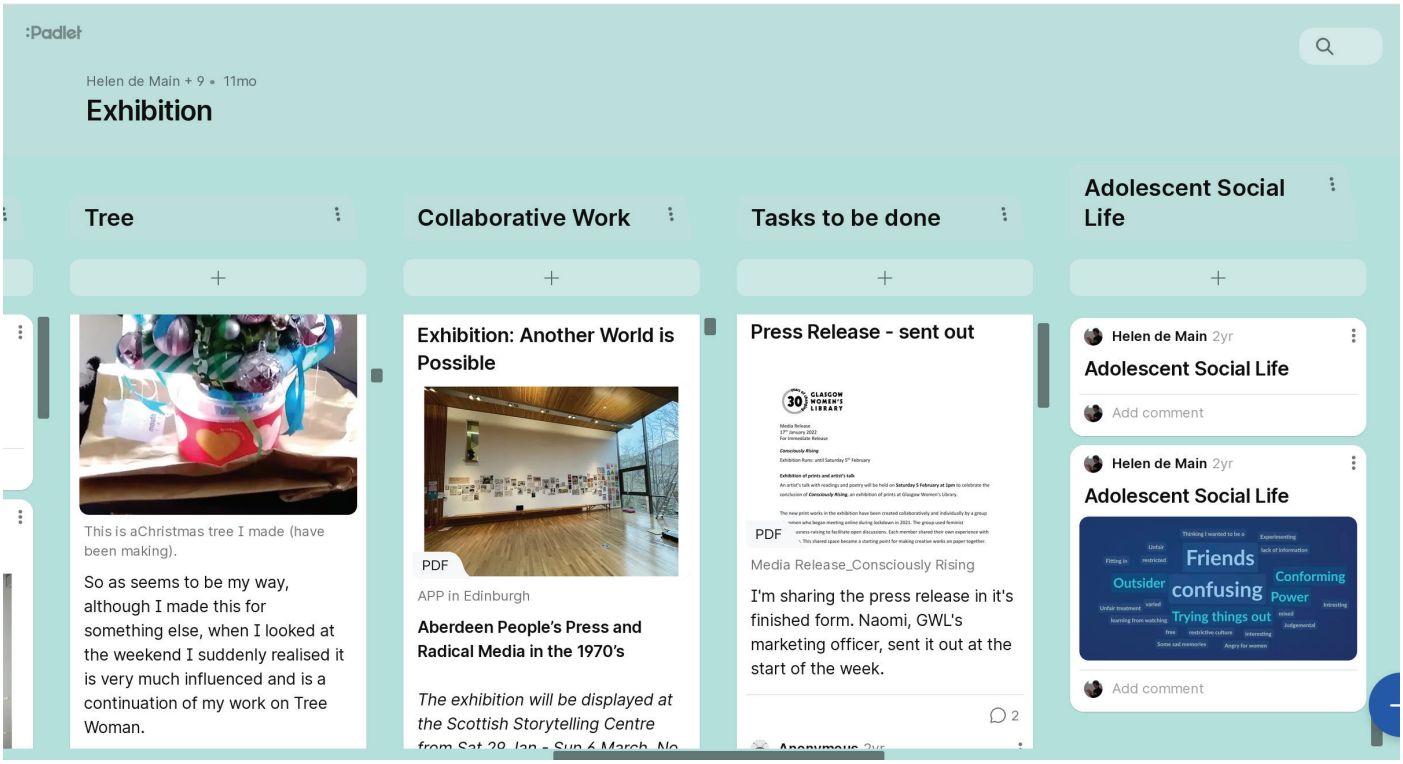


Figure 274: Consciously Rising, Padlet page, (2021).

Figure 275: Consciously Rising, Padlet page, (2021).