



## 70 Year Old You

How do we help a young person think about a lifelong relationship with a museum? National Museums Scotland sincerely wish to encourage this reflection and would love young people to make a museum a friend for life.

One way we've explored this idea in focus groups with primary and secondary school pupils is by inviting them to imagine themselves at 70, and then to look back at a life where a museum has played a significant role. We started the discussion by encouraging pupils to roleplay being 70. How will you walk, talk, look? This seemed to really help them embody the idea of being "old". We then asked them to write about three instances of significance across those 70 years, starting with their first encounter in a museum (if they've had one), and inventing two others.

### Teachers Note

Help the pupils to embody their 70-year-old self, help them to empathise with their older selves.

Ask the pupils to write down the date of their 70th birthday and then make a list of their characteristics at 70 or draw themselves.

Encourage pupils to imagine how their voice will sound and how talking and listening will be.

Invite children to consider how they will look and move at 70. Act out moving around the classroom.

Finally, invite the children to imagine and write about the following:

**You are 70 years old, and you have had a lifelong relationship with a museum. Describe three moments in those 70 years that were important to you.**

*We'd love to see some of your stories! Share them with us by tagging our Twitter page @NMSEngage using #NMSSchools.*